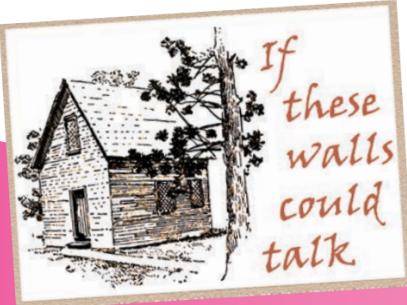



Lifestyle



### A HALF-BUBBLE OFF PLUMB

By Randal B. Thatcher



#### Last swim of the season

It is a day in late October. Not a particularly hot day—60 degrees at most; and I have made the deliberate and determined decision to pedal my bicycle to a local pond for a ceremonial polar-bear-plunge into what I know will be bracing autumn water—the kind of cold plunge that will immediately take your breath away. “But, why?” becomes an entirely reasonable question.

First, to do something rather silly and memorable to mark the changing season; and, second, because I know it will be my very last swim of the year, and thus will take on a poignant and melancholy meaning for me.

There is just something about that final swim that puts a fitting cap on all those many dozens of earlier summer swims, knowing it will be the very last one for many a chilly month to come.

Everything about a swim in late October feels different from one in mid-July, including even the bike ride to the pond: the sky is no longer azure, but now a deep cobalt blue, and yellow leaves from nearby aspen trees fluttering everywhere, like confetti, on the autumn breeze. And if these clues aren’t enough to let you know that this will be no playful mid-July pond-frolic, then a glance up toward the already snow-capped Horseshoe Mountain will confirm the fact.

In mid-July, you are reluctant to get out of the water; in late October, you are reluctant to get in!

In mid-July, you make an eager beeline directly into that welcome relief of cool, refreshing water; in late October, you stand at the water’s edge, counting slowly down from 10, hoping you’ll have mustered enough courage to jump by the time you get all the way down to one.

On this particular day, I do muster the courage, though it requires me repeating the countdown three separate times before I finally manage to hurl myself headlong into this less-than-inviting basin (since it doesn’t count if you don’t submerge yourself completely).

I swim underwater, frogman style, for maybe 30 yards, before popping up like a sea-otter, gasping for air.

I vow to force myself to remain in this frigid water for at least 10 minutes, like a robust and hardy Dane, intent on releasing stress hormones and invigorating my senses. This bold vow crumbles almost immediately, as I commence thrashing madly toward the shore. (While I definitely have some Danish blood flowing in my veins, it is, apparently, not quite enough.)

Thoughts of impending hypothermia incite a sudden panic, until I realize that I’m in only three feet of water, so finally just stand up and shamble my way to shore.

To avoid biking home in wet clothes, I’ve undertaken this polar plunge in my birthday-suit, which means my very first order of business, after emerging from the water, is to quickly throw on some clothes (since this particular pond lies well within view of a couple of nearby homes). I then stretch myself out on top of a picnic-table to gaze up into that deep blue autumn sky, feeling exultant and alive. I roll off the table and count-off 20 brisk jumping-jacks, before mounting up and pedaling triumphantly away.

The ride home is swift and exhilarating, as I fairly fly my bicycle down the asphalt pavement.

I can tell myself that the cold water has significantly boosted my blood-cell count, and opened up my capillaries; that it has energized me by activating massive endorphins in my system. And, who knows? All of these things might very well be true. (The Danes certainly think so.)

But, alas... I also know that my homeward route is almost all downhill.

[Comments welcome: ahalfbubbleoffplumb@gmail.com]

## Turn-of-the-century authenticity

Candland House an embodiment of architectural, community history

By Suzanne Dean  
Publisher

MT. PLEASANT—Monte Bona, director of the Mormon Pioneer National Heritage Area (MPNHA) practices what he preaches.

For nearly 30 years, he has advocated for preservation of historic buildings in Central Utah. During that time, he and his wife, Jackie, have lived in and preserved the William David “W.D.” and Annie Peel Candland home at 123 N. 100 West, located about a block due west of the Mt. Pleasant City Hall where the MPNHA has its office.

Built in 1904 and listed on the national historic register, the Candland home is undoubtedly one of the most authentic turn-of-the-century properties in Mt. Pleasant if not Sanpete County.

There have been no structural changes to the house since 1904. Even the exterior paint color is the same as when the Candlands lived there. And remarkably, four of five original outbuildings on the 1.6-acre property are still intact, including a two-seat outhouse.

The house stands out because of its architecture and decorative details, but also because of owner W.D. Candland’s role in local, state and national history. He held local and state offices, organized a flour mill, started a bank, helped start an electric utility and brought Ram-

(See “Walls” on A8)



PHOTO COURTESY MONTE BONA

The historic William David “W.D.” and Annie Peel Candland House at 123 N. 100 West in Mt. Pleasant, owned by Monte and Jackie Bona. One distinctive feature is the round gazebo in the porch at the southeast corner of the house.



PHOTO COURTESY MONTE BONA

**W.D. and Annie Candland.** The date of the photograph is unknown but it appears to have been taken early in their marriage. W.D. became a local, state and national leader in politics and business.



Current owners Monte and Jackie Bona sitting under one of two giant Norway spruce trees in the front yard. The trees probably date back to when the house was built and may have been planted as a symbol of W.D. and Annie’s marriage vows.

## 'Happy to help': Fairview woman devoted to helping the town and her neighbors, receives 'Shining Star'

By Terry Madsen  
Guest writer

FAIRVIEW—A Fairview woman known for quietly looking for ways to help her neighbors or for any town projects she can dive into was recently designated as one of the town’s “Shining Stars.”

The Shining Star Award has been dormant for a few years, but Mayor Cliff Wheeler and the city council decided it

needed to be reestablished to recognize Kristy Jensen. The award was presented to her at a city council meeting in October.

“I am very humbled and appreciative,” she told the council.

Jensen has lived in Fairview for 69 years. She was the first woman elected to both the North Sanpete School Board and the Fairview City Council.

She helped found the Central Utah Food Sharing for the Six County Area and worked at the Sanpete County Food Bank (now the Sanpete Pantry) for 20 years.

Another first for Jensen was becoming the first ambulance driver serving Fairview, as well as being an EMT.

She was a den mother for 15 Cub Scouts, served as Sunday School secretary and later served as a service missionary in Manti.

Add to this growing list her service as a school bus driver, a Sub for Santa volunteer and a secretary-treasurer for Fairview Senior Citizens.

She has also volunteered at the Fairview Museum and Mt. Pleasant Library. And she has volunteered with the Sanpete County Bookmobile for 15 years and is still going strong.

Though not as glamorous, she was also secretary of the

Brady Ditch Irrigation Company.

At the close of the Shining Star ceremony, Jensen said, “It has been my pleasure to be able to serve in all the capacities that I have. I have been very

blessed in my life to be able to help where I could in any capacity. My service has been rewarding to me, and I’m happy that I have been able to be of service to others.”



Mayor Cliff Wheeler (left) hugs Kristi Jensen after presenting her with the Fairview Shining Star Award.

## Need help with Medicare.....



There are **NEW** plans available for Sevier and Sanpete residents for 2022.

Call Lisa Robins, Salina, 435-979-7088 to schedule an appointment

There are many plans available and benefits **may** include lower cost Rx, dental, eyewear, meals and telehealth

# Walls

(Continued from A6)  
bouillet sheep to Sanpete County.

Perhaps his most significant role in politics was testifying before a U.S. Senate committee that was trying to decide whether Reed Smoot, an apostle in the Church of Jesus Christ of Latter-day Saints, should be seated as a senator.

The Candland home is designed in what is called the Victorian Eclectic style of architecture. Most people have heard of Victorian houses. The Victorian period ran roughly from 1850 to 1900 and was characterized by homes with decorated gables, rooftop finials and extravagant interior furnishings.

Victorian Eclectic architecture came a little later, mostly from the 1870s to early 1900s, and mixed Victorian architecture with other styles, including Queen Anne and Gothic.

Like many Victorian and Victorian Eclectic homes, the Candland home has a central building with wings

or bays projecting out from it. And like many upscale homes of its era, one of the distinguishing features of the Candland house is its porches.

A large porch starts on the south end, wraps around the house and continues for about half the width of the front side of the house. At the point where the porch turns, there is a round “gazebo.” There are smaller porches on the other two sides of the house.

There are two doors next to each other on the front porch. Both doors “have decoratively carved designs... with windows of finely etched glass,” according to the application for historic registry listing.

The door on the left leads to the parlor and was the main entrance for visitors. The one on the right “would have been used less often, since part of its...purpose was, in case of a family funeral, to allow mourners to enter...into the dining room for viewing the deceased and



The parlor on the south side of the first floor is where visitors were received.

exit out of another door on the north side of the dining room.”

*The house stands out because of its architecture and decorative details, but also because of owner W.D. Candland's role in local, state and national history.*

There are four main rooms on the first floor: the kitchen, dining room, living room and parlor.

Step into the kitchen and you feel like you're stepping into another century. But Bona explains that the stove is just a replica of an early 20th Century stove. It actually has all the cooking features of a modern stove.

In the parlor is an imported fireplace, trimmed in oak and ornamental tile, with a mirror above the mantle.

A central staircase rises from the dining room to the second floor where, along the west bay of the house, are four bedrooms and one and a half bathrooms. The full bathroom has an original clawfoot tub.

The main outbuilding, referred to as the wash house, has three parts: A central area, an attached coal shed, and a garage for a car.

The Candlands used the central area as an auxiliary kitchen during the summer to avoid overheating the house. The auxiliary kitchen is still intact with “the original coal-fired range and oven in working condition,”

according to the national-register application.

The application notes that “the outdoor privy... was most likely used only by hired sheep men since the house had indoor plumbing.”

W.D. Candland and Annie Peel, both children of Mormon pioneers, were married in 1884 when he was 26 and she 25.

By the time W.D. was in his early 30s, he was emerging as a leader. From 1891-95, he served on the Mt. Pleasant City Council. In 1896, he represented Sanpete County in the Utah House of Representatives in the first Utah Legislature.

In 1917, he was elected mayor of Mt. Pleasant. A year later he became state chairman of the Republican Party. In 1922, at age 64, he was elected to the Utah State Senate and served 16 years.

It was in 1905, just a year after completing his house, that Candland was called to Washington to testify in behalf of Reed Smoot. Some senators objected to Smoot being a senator because he was a member of The Church of Jesus Christ of Latter-day Saints and because of the church's involvement with polygamy.

By the time of the hearing, it had been 15 years since the church had discontinued polygamous marriages, Neither Smoot nor Candland were polygamists.

The Washington Post quoted Candland as testifying, “If President Smith (President Joseph F. Smith, president of the church from 1901-18) should seek to re-establish polygamy, he would find himself in a



PHOTO COURTESY MONTE BONA

Stepping into the kitchen is like stepping into another century, but the stove is actually a replica that has all the features of a modern stove.

hopeless minority, and there would be a big row.” Smoot was seated and ended up serving for 30 years.

Among all his accomplishments in business and agriculture, his most significant may have been being one of two men (the other was John H. Seely) to bring Rambouillet sheep from the Central United States to Sanpete County. The breed excelled in size, endurance and quality of wool.

W.D. and his sons developed a large farm and ranch. They bred and sold Rambouillet sheep across the nation and overseas. Their sheep won prizes from the National Woolgrower's Association.



PHOTO COURTESY MONTE BONA

Four out of five original outbuildings are still on the property, including this two-seater outhouse. It was probably used by W.D. Candland's hired sheep men, because from the beginning, the house had indoor plumbing.

ple's sons, Guy, along with his wife and four children, moved into the house with Guy's father. W.D. Candland died in 1940 at age 81.

Guy Candland sold the house in 1943, three years after his father's death. Between 1943 and 1994, just two owners occupied the property. Monte and Jackie Bona purchased the house in 1994 from Blaine and Neva Larsen and have lived there for the past 27 years.

“When we bought the house in 1994, we were just going to be here in the summer,” Monte Bona says. “In 1995, I got elected to the council (Mt. Pleasant City Council), and we switched and made this our permanent home and Salt Lake our second home.

“It's been an honor to learn about the life of W.D. Candland and the significance of his work in politics and business. I hope to live up to his example.”

# Obituaries

## Melanie Marie Poulsen

Melanie Marie Poulsen, 26, passed through the veil and returned to her Father in Heaven on Tuesday the 16th of November, 2021.

Melanie was born on January 16, 1995 to Todd and Anne Marie Poulsen in Mt. Pleasant, Utah. She was the youngest of four children and the only daughter. She was a beautiful young lady with a sweet spirit to match her big heart. Melanie graduated from Wasatch Academy, where she grew to have a love of horses and rodeo. She loved to dance and was active in her high school dance and cheer squads. She was also a member of the National Honor Society.

Melanie loved to hunt with her big brothers and enjoyed the outdoors camping and being in the mountains. She had a huge heart and would help anyone in need. She was loved unconditionally by her family and the many friends she had.

Melanie was blessed to have her lifelong dream of being a mother when she gave birth to her sweet daughter, Remington Jordan Poulsen, on Aug. 28, 2021. She called her “Remi” for short. Melanie will be greatly missed by us all, but her spirit will carry on through her sweet daughter, Remi.



Melanie Marie Poulson

Melanie is survived by her daughter, Remington Poulsen; her parents, Todd and Anne Marie Poulsen; her brothers, Greg (Angie) Poulsen, Randy (Cathy) Poulsen, and Shawn (Abby) Poulsen; grandparents, Dick and Donna Poulsen; and many uncles, aunts, and cousins. She is preceded in death by her niece, Jordan Amber Poulsen, and grandparents, Anni Mulder and Poul-Erik Kristensen.

Funeral services will be held Monday, Nov. 22, 2021 at 11 a.m. in the Mt. Pleasant 5th Ward Chapel. Visitations will be held Sunday Nov. 21, 2021 from 6-8 p.m. at Rasmussen Mortuary and Monday from 11:30 a.m.-12:30 p.m. at the church. Interment in the Mt. Pleasant City Cemetery.

Online condolences at rasmussenmortuary.com.

## Vernon Merl Bosh

Vernon Merl Bosh passed away in Las Vegas, Nevada, with his family by his side. He is survived by his wife, Rose Zella, of 69 years of marriage; Carolee (Jay) Oberst, Stacey Ann (Glen Newport), and Farrell Leon (Patty Till); 10 grandchildren and 15 great-grandchildren.

He was preceded in death by his son Roger; father Oral Leon; mother Hazel Brown; brothers Farrill, William and Jerry; and sister Mary.

Vernon was born in Levan, Utah. He lost his father at a very young age; therefore, he started working real young and continued working hard his entire life in the grocery business as a salesman and mechanic.

He enlisted in the National Guard and proudly served his country in the Korean Conflict with an honorable discharge.

Vernon was proud of his family and was always there to give loving assistance when needed.



Vernon Merl Bosh

He enjoyed being with people and was loved by many and will be missed tremendously by friends and family. He will be laid to rest in the Boulder City Veterans Memorial Cemetery.

Funeral services will be Dec. 17, 2021, with military honors at the Veterans Memorial Cemetery in Boulder City, Nevada at noon. Fond memories and expressions of sympathy may be shared at [www.palmcheyenne.com](http://www.palmcheyenne.com) for the Bosh family.

# We have a thing for hometown excellence.

STUDENT OF THE MONTH: CAMERON STERNER

**What motivates you to do your best?**

What motivates me to do my best is that my family believes in me in all of my endeavors. I'm motivated to work hard so I can continue to make them proud.

**In what ways are you involved in your community?**

I enjoy helping people in my community with yard work and other needs. I love supporting my school, peers, teammates, friends and family.

**Where do you see yourself in 10 years?**

After college I hope to own my own business, marry my best friend, raise a family and make memories participating in amazing adventures.

**What do you do for fun?**

For fun I hang out with friends, tease my cousin, listen to music, drive my Jeep and squad with my bros.

**CAMERON STERNER**  
MANTI HIGH SCHOOL

**Gunnison Valley**  
HOSPITAL

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