MORMON PIONEER NATIONAL HERITAGE AREA (MPNHA)

FOR IMMEDIATE RELEASE:

WHAT: Scandinavian Heritage Festival

WHEN: Friday, Saturday, May 26 & 27

WHERE: Ephraim, Utah

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Scandinavian Festival celebrates heritage of Ephraim and Sanpete County

EPHRAIM--The city of Ephraim in the Mormon Pioneer National Heritage Area's Little Denmark district will hold its annual Scandinavian Heritage Festival Friday, May 26 and Saturday, May 27 at and around Snow College.

The colorful event, now in its 42nd year, will kick off Friday at 10 a.m. with the Scandinavian Heritage Conference at the Karen Huntsman Library at Snow College.

Dr. Vance Larsen of the Horne School of Music at Snow College will talk about the early musical history of Ephraim, Snow College and the Sanpete Valley.

Larsen will be followed by Richard Stevens, retired Utah Division of Wildlife Resources research biologist



The Scandinavian Festival has become a yearly tradition for the Ned Larsen family of Riverton. Ned becomes "Lars" a fierce Viking, and many for years families and friends join in with the dress up and became a Viking horde all by themselves.

and former director of the Great Basin Experiment Station, who will share his insights on the Blackhawk War and its significance to the Ephraim and Sanpete County.

Beginning at noon on Friday, booths along College Avenue (100 North) will offer foods such as Danish aebelskivers, Scandinavian bread, Sanpete BBQ turkey, and local artisan bratwurst made from elk, bison, pork and rabbit.

From noon to 6 p.m. on Friday, and again from 10 a.m. to 4 p.m. on Saturday, craft booths will vend Scandinavian items, traditional American items and some modern favorites. The craft booths will also be along College Avenue.

On Friday evening, a Scandinavian dinner will be served at the Greenwood Student Center. The menu will feature Swedish limpu bread, along with roasted pork loin with cranberry apple stuffing, Swedish meatballs and a variety of side dishes and

desserts. The cost is \$13 for adults and \$7 for children 12 and younger.

This year, for the first time, the festival will include fireworks after dusk on Friday, viewable on the playing field east of the Greenwood Student Center.

An enlarged Olde Crafter's Village will get into action Saturday morning at a new location behind the Ephraim Bishop's Storehouse on Main Street.

The village will feature 13 crafters demonstrating, displaying and selling needlework, wood carving, blacksmithing, butter making and more. Several crafters will offer hands-on children's activities for a nominal fee.

Additionally, the Ephraim Co-op, a nonprofit crafter's gift shop at 96 N Main St., will host a quilt show both days.

Saturday festivities will begin with the Ephraim Lions Club aebelskiver (round Danish pancakes) breakfast at the Snow College Stake Center pavilion, 75 East 100 North. The breakfast will run from 8-10 a.m. and will cost \$7 per person and \$25 per family.

A parade with close to 50 entries, including many with a Scandinavian theme, will travel down Main Street at 10 a.m.

At noon, four Vike-on-a-Bike races, which include family, beginning, novice and sport categories, will take off from Snow College. The course takes riders around the outskirts of Ephraim, including along trails in mountain foothills east of town.



An integral part of the Scandinavian Festival is a celebration of pioneer crafts. This year an Old Crafters' Village will return with artisans demonstrating and selling some of what are almost-forgotten handicrafts.

Bus tours at 11:30 a.m. and 1:30 p.m. will take visitors to historic sites in Ephraim, including 19th Century buildings and homes built by Scandinavian and other Mormon pioneer settlers.

Both days, the Pioneer Heritage Company from Provo will stage an encampment in front of the Snow Social Sciences Building on 100 East in which company members will reenact various aspects of pioneer life.

Throughout the festival, a variety of musicians will entertain the crowds at the main stage in front of the Noyes Building on 100 North on the Snow College campus, while storytellers will regale visitors, especially children, with tales both tall and true on the northwest lawn of the Social Sciences Building.

Other events include a guilt show, car show, tours of historic log cabins and foot races.

More detailed information and maps are available at Scandinavianfestival.org. Additionally, a free magazine with the festival schedule and stories on all events will be distributed at the information booth on 100 East and at the Ephraim Co-op on Main Street.

SCHEDULE OF EVENTS ON FOLLOWING PAGE

Festival Schedule

Friday, May 26

9 a.m.-6 p.m. Pioneer Heritage Company reenactments and demonstrations, Snow College, 100 N. 100 East.

10 a.m. Heritage conference speaker Dr. Vance Larsen on "The early musical history of Ephraim, Snow College

& the Sanpete Valley," Karen Huntsman Library, Snow College.

10 a.m.-6 p.m. Quilt show, Ephraim Co-op, 96 N. Main St.

11 a.m. Heritage conference speaker Richard Stevens on "The Blackhawk War and its connection and

significance to the Ephraim & Sanpete area," Karen Huntsman Library.

Noon-7 p.m. Craft and vendor booths open. Most along 100 North from 100 to 300 East.

12:30-4 p.m. Entertainment on stage near the Noyes Building, Snow College, 150 E. 100 North

6-8 p.m. Little Scandinavian Dinner at the Greenwood Student Center, Snow College, approximately 200 E. 100 North

8:45 p.m. Fireworks show at dusk east of Greenwood Student Center

Saturday, May 27

6:30 a.m. Fun run, 5K, 10K, half marathon. Register online before or onsite starting at 6 a.m. at the

Snow College Student Stake Center, approximately 75 E. 100 North.

8-10 a.m. Lions Club aebelskiver breakfast at the pavilion behind the Ephraim Co-op, approximately 75 E. 100 North

9 a.m.-6 p.m. Craft and food booths open, mostly along 100 North between 100 and 300 East.

9 a.m.-6 p.m. Pioneer Heritage Company reenactments and demonstrations, 100 N. 100 East.

10 a.m. Parade along Main Street from 300 South to 100 North (Entries line up on 300 South on the

east side of Main Street starting at 9 a.m.)

10 a.m.-6 p.m. Quilt Show, Ephraim Co-op, 96 N. Main St.

11 a.m.-3 p.m. Entertainment on stage in front of Noyes building

11a.m.-4 p.m. Car show

11-4 p.m. Historic cabin tours, Pioneer Park, 50 N. 100 West

11 a.m. Ephraim Senior Center/Pioneer Heritage Park activities begin

11:30 a.m.-2 p.m. Storytelling, Snow College Plaza between Noyes Building and Huntsman Library

11:30 a.m. Historic bus tour of Ephraim (first tour), check with Information Booth for tickets and departure point.

Noon Vike on a Bike line up at 400 E. 100 North.

1-4 p.m. Tennis tournament, Snow College tennis courts, Ephraim Family Park, approximately 250 E. 300 North.

1:30 p.m. Historic bus tour (second tour), check with Information Booth for tickets and departure point.

4 p.m. Pickleball tournament.

The Mormon Pioneer Heritage Area is a federally designated area of central and southern Utah running along the beautiful and historic U.S. Highway 89 — including the All-American Road Utah State Route 12, and Capitol Reef Scenic Byway Utah State Route 24, which both intersect with U.S. 89 and together form the MPNHA's Boulder Loop. The area includes the counties of Sanpete, Sevier, Piute, Wayne, Garfield and Kane.