

=====

female OVERALL PRO- TOP

=====

1	P	7	Lisa Mensink			32	F	1	20:25	1:17	1	0:59	3	1:07:16
22.1	1	0:23	1	36:37	5:55				2:05:37					
2	P	12	Bree Wee			30	F	2	21:35	1:21	2	1:11	2	1:03:54
23.3	2	0:32	2	39:39	6:24				2:06:48					
3	P	4	Heather Gollnick			39	F	4	21:45	1:22	4	1:23	4	1:08:00
21.9	5	0:45	3	41:20	6:40				2:13:11					
4	P	8	Katya Meyers			29	F	5	27:47	1:45	3	1:11	5	1:08:03
21.9	3	0:32	4	41:36	6:43				2:19:07					
5	P	11	Magali Tisseyre			28	F	3	21:36	1:21	5	1:28	1	1:02:51
23.7	4	0:38												

=====

male OVERALL PRO- TOP

=====

1	P	6	Chris McCormack			34	M	2	18:53	1:11	1	0:57	1	55:41
26.7	3	0:28	1	33:49	5:28				1:49:45					
2	P	1	James Cotter			27	M	4	19:07	1:12	2	0:58	2	57:28
25.9	2	0:27	2	34:04	5:30				1:52:01					
3	P	5	Timothy Marr			30	M	3	18:58	1:12	3	1:02	3	57:32
25.9	1	0:27	4	35:25	5:43				1:53:22					
4	P	3	John Flanagan			34	M	1	17:51	1:07	5	1:25	4	58:36
25.4	4	0:32	5	36:50	5:57				1:55:12					
5	P	10	Brent Poulsen			27	M	5	20:25	1:17	4	1:06	5	1:02:21
23.9	5	0:46	3	35:14	5:41				1:59:49					

=====

FEMALE OVERALL AGE GROUP - TOP 3

=====

1	P	7	Lisa Mensink			32	F	1	20:25	1:17	1	0:59	8	1:07:16
22.1	1	0:23	1	36:37	5:55				2:05:37					
2	P	12	Bree Wee			30	F	4	21:35	1:21	3	1:11	3	1:03:54
23.3	4	0:32	2	39:39	6:24				2:06:48					
3	P	4	Heather Gollnick			39	F	6	21:45	1:22	9	1:23	10	1:08:00
21.9	10	0:45	3	41:20	6:40				2:13:11					

=====

MALE OVERALL AGE GROUP - TOP 3

=====

1	P	6	Chris McCormack			34	M	2	18:53	1:11	1	0:57	4	55:41
26.7	4	0:28	1	33:49	5:28				1:49:45					
2	P	1	James Cotter			27	M	4	19:07	1:12	2	0:58	5	57:28
25.9	3	0:27	2	34:04	5:30				1:52:01					
3	P	5	Timothy Marr			30	M	3	18:58	1:12	3	1:02	6	57:32
25.9	1	0:27	5	35:25	5:43				1:53:22					

=====

female AGE GROUP 1 - 19 (100)

=====

=====

MALE AGE GROUP 1 - 19 (100)

=====

1	I	30	Adam Miller			18	M	2	21:25	1:21	2	1:59	1	1:04:41
23.0	2	0:38	1	40:32	6:33				2:09:12					
2	I	821	Geoff Whitener			16	M	3	22:49	1:26	5	2:34	3	1:13:05
20.4	6	1:20	2	41:41	6:44				2:21:26					
3	I	29	Myles Walters			18	M	5	31:23	1:58	4	2:03	4	1:18:02
19.1	5	1:13	5	58:41	9:28				2:51:20					
4	I	31	Taylor Seavey			18	M	4	23:23	1:28	1	1:02	2	1:08:54
21.6	1	0:34	6	1:17:50	12:34				2:51:41					
5	I	27	Ryan Ross			16	M	1	21:11	1:20	3	2:03	6	1:30:41
16.4	3	0:46	4	57:06	9:13				2:51:45					
6	I	26	Derek Schwanebeck			15	M	6	33:18	2:05	6	2:57	5	1:27:35
17.0	4	0:48	3	51:36	8:20				2:56:13					

=====

female AGE GROUP 20 - 24 (100)

=====

1	I	56 Ashley Yeager	24	F	1	23:21	1:28	8	2:35	3	1:22:16
18.1	8	1:32 1 49:33 8:00				2:39:16					
2	I	32 Ali Herd	20	F	2	24:46	1:33	2	1:59	6	1:27:49
16.9	2	0:52 2 49:59 8:04				2:45:23					
3	I	55 Christie O'Hara	24	F	6	31:49	2:00	1	1:32	1	1:18:37
18.9	3	0:59 4 55:02 8:53				2:47:57					
4	I	34 Teal Westbrook	22	F	3	28:38	1:48	13	4:01	2	1:21:55
18.2	1	0:31 5 55:48 9:00				2:50:50					
5	I	44 Allison Cogbill	24	F	10	34:31	2:10	3	2:10	5	1:27:01
17.1	5	1:12 3 50:21 8:08				2:55:12					
6	I	45 Pamela Chia	24	F	4	30:13	1:54	6	2:24	7	1:27:55
16.9	4	1:03 7 59:53 9:40				3:01:26					
7	I	46 Sara Behmerwohld	24	F	12	37:08	2:20	4	2:13	4	1:26:06
17.3	6	1:19 6 56:35 9:08				3:03:19					
8	I	51 Holly Petermann	24	F	9	34:28	2:10	7	2:30	9	1:39:05
15.0	7	1:20 9 1:05:58 10:39				3:23:20					
9	I	41 Shannon Robinson	23	F	14	38:13	2:24	5	2:22	8	1:37:52
15.2	9	1:36 8 1:04:49 10:28				3:24:51					
10	I	35 Stacie Morris	22	F	8	33:47	2:07	10	3:46	10	1:41:49
14.6	15	3:46 13 1:13:58 11:56				3:37:04					
11	I	38 Megan Jensen	23	F	13	38:04	2:23	12	3:57	12	1:46:10
14.0	10	1:46 10 1:07:26 10:53				3:37:22					
12	I	49 Amanda Keating	24	F	11	35:25	2:13	11	3:51	11	1:42:38
14.5	12	2:05 15 1:19:44 12:52				3:43:42					
13	I	54 Nevelle Rodriguez	24	F	5	31:28	1:58	15	4:38	15	1:58:51
12.5	14	2:49 14 1:14:12 11:58				3:51:56					
14	I	50 Melissa Louie	24	F	16	45:05	2:50	9	3:38	14	1:51:21
13.4	13	2:07 12 1:13:30 11:52				3:55:39					
15	I	39 Alyson Jensen	23	F	15	41:05	2:35	14	4:29	16	2:05:29
11.9	11	1:53 11 1:13:18 11:50				4:06:12					
16	I	42 Erin Johnson	23	F	7	31:51	2:00	16	20:42	13	1:49:45
13.6		16 3:33:03 34:22				4:07:59					

MALE AGE GROUP 208 - 24 (100)

1	I	48 Jonathan Guinee	24	M	2	30:44	1:56	1	2:02	1	1:14:40
19.9	4	1:06 3 53:46 8:41				2:42:16					
2	I	898 Henry Westbrook	23	M	4	31:14	1:58	8	5:09	2	1:20:28
18.5	6	1:14 2 52:10 8:25				2:50:12					
3	I	33 Brian Yannutz	21	M	8	42:22	2:39	2	2:05	3	1:22:25
18.1	8	1:23 1 47:19 7:38				2:55:32					
4	I	47 Edward Brudney	24	M	1	30:32	1:55	4	2:52	4	1:24:25
17.6	7	1:21 5 56:24 9:06				2:55:33					
5	I	53 Jacob Szmulowicz	24	M	7	38:43	2:26	3	2:23	5	1:30:12
16.5	2	0:35 4 55:22 8:56				3:07:14					
6	I	43 Ben Campbell	23	M	3	31:12	1:57	5	3:46	6	1:32:30
16.1	1	0:27 6 1:03:40 10:17				3:11:33					
7	I	52 Richard Block	24	M	5	32:25	2:02	6	4:08	7	1:35:23
15.6	3	0:50 7 1:05:26 10:34				3:18:10					
8	I	40 Mark Hernandez	23	M	6	35:23	2:13	7	4:39	8	1:36:49
15.4	5	1:10 8 1:15:48 12:14				3:33:47					

female AGE GROUP 25 - 29 (100)

1	I	144 Christina Jackson	28	F	1	21:34	1:21	2	1:30	2	1:07:10
22.2	2	0:43 3 44:05 7:07				2:15:01					
2	I	147 Bre Millard	28	F	3	24:07	1:31	1	1:05	4	1:13:37
20.2	1	0:31 1 41:30 6:42				2:20:48					
3	I	78 Patricia Havey	26	F	2	23:40	1:29	3	1:37	3	1:12:34
20.5	8	1:05 2 42:37 6:53				2:21:31					
4	I	148 Kimberly Pierce	29	F	4	25:59	1:38	19	3:05	9	1:23:17
17.9	16	1:18 4 46:46 7:33				2:40:22					
5	I	124 Nichole Meier	27	F	16	31:16	1:58	12	2:38	6	1:20:47
18.4	14	1:16 6 50:06 8:05				2:46:01					
6	I	77 Jessica Robinson	26	F	19	31:48	2:00	5	2:12	5	1:17:13
19.3	17	1:22 16 57:18 9:15				2:49:49					
7	I	155 Sandra Cunha	29	F	17	31:29	1:58	4	1:51	7	1:22:18
18.1	3	0:50 13 55:01 8:53				2:51:26					
8	I	176 Amanda Whitworth	29	F	21	32:15	2:01	15	2:57	10	1:25:36
17.4	15	1:18 5 50:04 8:05				2:52:07					
9	I	152 Michael Crook	29	F	25	33:20	2:05	6	2:13	8	1:22:24
18.1	22	1:37 10 53:39 8:40				2:53:11					
10	I	57 Erin Jones	25	F	18	31:30	1:59	25	3:21	11	1:26:22
17.2	37	1:57 8 53:06 8:34				2:56:14					
11	I	59 Kelsie Graboyes	25	F	7	28:29	1:47	17	2:59	16	1:31:21
16.3	11	1:11 9 53:12 8:35				2:57:10					

12	I	112	Robin Francis	27	F	28	33:47	2:07	7	2:14	12	1:27:02
17.1	7	1:05	11 53:57	8:42								
13	I	96	Natalie Turnbull	26	F	5	26:51	1:41	10	2:28	17	1:32:02
16.2	5	0:57	15 56:13	9:04								
14	I	69	Lauren Libruk	25	F	11	30:56	1:56	21	3:07	13	1:29:31
16.6	33	1:51	20 59:23	9:35								
15	I	87	Kat Gunsur	26	F	36	35:49	2:15	38	3:56	22	1:33:52
15.9	55	2:49	7 51:00	8:14								
16	I	159	Danielle Kotter	29	F	20	31:51	2:00	33	3:40	27	1:35:08
15.6	28	1:46	14 55:21	8:56								
17	I	89	Cara Vonhofen	26	F	14	31:10	1:57	48	4:33	19	1:32:45
16.0	69	5:11	17 57:59	9:22								
18	I	95	Megan Myers	26	F	12	31:01	1:57	18	3:03	31	1:37:33
15.3	25	1:39	18 58:27	9:26								
19	I	143	Karen Poetzel	28	F	35	35:45	2:15	23	3:14	18	1:32:19
16.1	31	1:50	19 59:01	9:31								
20	I	119	Lisa Hotran	27	F	13	31:04	1:57	22	3:10	28	1:35:57
15.5	10	1:09	24 1:01:24	9:55								
21	I	83	Megan O'Connor	26	F	27	33:44	2:07	24	3:18	24	1:34:44
15.7	20	1:26	21 59:53	9:40								
22	I	126	Katie Hards	27	F	8	29:33	1:51	16	2:58	38	1:40:02
14.9	29	1:48	22 59:56	9:40								
23	I	142	Lisa Narkiewicz	28	F	24	33:20	2:05	14	2:55	14	1:29:51
16.6	21	1:28	32 1:07:37	10:55								
24	I	129	Laura Palijanskaite	28	F	57	42:57	2:42	11	2:32	21	1:33:44
15.9	19	1:25	12 54:51	8:51								
25	I	149	Jihane Rossy	29	F	10	30:55	1:56	8	2:24	33	1:38:33
15.1	48	2:36	26 1:03:01	10:10								
26	I	138	Annie Kennedy	28	F	37	35:52	2:15	43	4:17	20	1:33:03
16.0	41	2:12	29 1:06:18	10:42								
27	I	61	Gina Bolton	25	F	47	39:54	2:30	9	2:28	25	1:34:54
15.7	27	1:46	27 1:04:09	10:21								
28	I	165	Breanne Dreisbach	29	F	46	39:39	2:29	31	3:38	37	1:39:56
14.9	50	2:42	25 1:02:57	10:10								
29	I	85	Nikki Makar	26	F	9	30:45	1:56	36	3:45	23	1:34:39
15.7	9	1:07	52 1:18:39	12:42								
30	I	171	Natalie Calderon	29	F	30	33:59	2:08	34	3:44	15	1:31:04
16.3	32	1:50	53 1:18:55	12:44								
31	I	177	Andrea Bricco	29	F	38	37:40	2:22	28	3:29	30	1:37:27
15.3	52	2:46	36 1:08:24	11:02								
32	I	66	Dayna Reilly	25	F	29	33:48	2:07	13	2:46	29	1:36:41
15.4	6	1:04	48 1:16:29	12:21								
33	I	65	Julia Hicks	25	F	15	31:15	1:58	35	3:45	34	1:38:43
15.1	56	2:59	45 1:15:32	12:11								
34	I	91	Deborah Chang	26	F	43	39:20	2:28	50	4:46	35	1:39:02
15.0	40	2:11	31 1:07:25	10:53								
35	I	167	Laura Maret	29	F	23	33:15	2:05	42	4:15	41	1:43:31
14.4	45	2:32	38 1:10:53	11:26								
36	I	130	Cynthia Brown	28	F	39	37:52	2:22	61	5:55	36	1:39:45
14.9	64	3:59	33 1:07:38	10:55								
37	I	174	Candace Scairpon	29	F	55	42:36	2:40	20	3:07	39	1:41:08
14.7	34	1:52	30 1:06:33	10:44								
38	I	157	Maya Ellman	29	F	41	38:55	2:26	41	4:11	44	1:47:46
13.8	18	1:24	35 1:08:20	11:02								
39	I	139	Megan McReynolds	28	F	65	48:36	3:03	40	4:05	32	1:38:13
15.2	23	1:39	37 1:10:31	11:23								
40	I	146	Elizabeth Leinbach	28	F	44	39:23	2:28	67	8:29	26	1:35:03
15.7	66	4:08	50 1:17:30	12:30								
41	I	67	Lindsay Underhill	27	F	64	47:00	2:57	62	6:08	42	1:44:27
14.2	61	3:20	28 1:04:45	10:27								
42	I	172	Cynthia Cano	29	F	48	40:16	2:31	37	3:53	43	1:46:49
13.9	51	2:46	41 1:12:36	11:43								
43	I	145	Alicia Cushman	28	F	22	33:00	2:04	30	3:34	47	1:51:40
13.3	53	2:47	46 1:15:56	12:15								
44	I	97	Rachel Vaskevitch	26	F	49	40:25	2:32	26	3:22	58	2:02:08
12.2	12	1:11	23 1:00:23	9:45								
45	I	114	Kimberly Hong	27	F	50	41:01	2:34	32	3:39	45	1:49:35
13.6	42	2:15	40 1:12:18	11:40								
46	I	123	Julie Wilner	27	F	26	33:26	2:06	57	5:25	54	2:00:18
12.4	26	1:44	34 1:08:01	10:59								
47	I	173	Rachel Poulos	29	F	31	34:14	2:09	56	5:20	53	1:57:15
12.7	47	2:33	39 1:12:06	11:38								
48	I	101	Jennifer Wallace	27	F	34	35:28	2:13	49	4:43	51	1:53:53
13.1	43	2:20	44 1:15:09	12:08								
49	I	111	Amy Lynn Burns	27	F	32	34:19	2:09	29	3:33	40	1:43:27
14.4	59	3:11	61 1:30:39	14:38								
50	I	120	Emilka Kielanska-Furmanecz	27	F	59	44:40	2:48	27	3:28	46	1:50:10
13.5	24	1:39	47 1:16:27	12:20								
51	I	73	Maria Murcia	25	F	61	44:59	2:49	39	4:01	48	1:52:35
13.2	60	3:18	43 1:14:27	12:01								
52	I	161	Erin Ramos	29	F	56	42:41	2:41	60	5:36	49	1:52:50



18.0	19	1:06	20	52:46	8:31			2:48:04											
	20	I 164	Darren Brownell			29	M	8	27:03	1:42	25	3:09	20	1:21:32					
18.3	25	1:20	31	57:35	9:18			2:50:37											
	21	I 99	Sjaak De Vlaming			26	M	19	31:19	1:58	23	3:07	34	1:29:07					
16.7	15	1:02	5	46:37	7:32			2:51:10											
	22	I 175	Mark Warble			29	M	28	32:26	2:02	27	3:20	29	1:24:57					
17.5	37	1:45	13	49:45	8:02			2:52:11											
	23	I 170	Jacob Boettcher			29	M	24	31:56	2:00	40	4:14	18	1:20:20					
18.5	45	3:04	28	56:07	9:03			2:55:38											
	24	I 127	Juan Sevilla			28	M	40	38:00	2:23	24	3:07	28	1:24:53					
17.5	33	1:38	10	48:34	7:50			2:56:09											
	25	I 64	Kemer Stevenson			25	M	31	33:36	2:06	6	1:51	25	1:24:32					
17.6	10	0:49	29	56:39	9:09			2:57:25											
	26	I 166	Barney Hartman-Glaser			29	M	23	31:45	2:00	28	3:21	31	1:27:35					
17.0	38	1:48	27	56:04	9:03			3:00:30											
	27	I 150	Edward Stephenson			29	M	22	31:39	1:59	42	4:24	17	1:20:05					
18.6	22	1:12	35	1:03:27	10:14			3:00:45											
	28	I 116	Jonathan Shottan			27	M	30	33:22	2:06	21	2:52	35	1:30:41					
16.4	24	1:18	23	53:46	8:41			3:01:56											
	29	I 70	Ryan Thorne			25	M	26	32:09	2:01	36	3:41	30	1:26:04					
17.3	31	1:36	33	59:14	9:34			3:02:42											
	30	I 106	Brian Sheskey			27	M	21	31:38	1:59	34	3:39	33	1:29:05					
16.7	3	0:36	32	58:41	9:28			3:03:37											
	31	I 118	Blake Hess			27	M	45	42:58	2:42	35	3:40	24	1:23:40					
17.8	36	1:42	30	57:29	9:17			3:09:26											
	32	I 104	Marcus Gorman			27	M	16	29:10	1:50	39	4:10	36	1:31:01					
16.3	8	0:45	38	1:04:34	10:25			3:09:38											
	33	I 93	Austin Longino			26	M	42	39:04	2:27	12	2:22	21	1:21:56					
18.2	21	1:10	40	1:05:26	10:34			3:09:57											
	34	I 94	Alfonso Lopez			26	M	38	37:16	2:20	18	2:41	27	1:24:47					
17.6	27	1:27	41	1:05:53	10:38			3:12:01											
	35	I 103	Brian Domingo			27	M	35	35:18	2:13	29	3:22	37	1:32:21					
16.1	43	2:37	34	1:01:13	9:53			3:14:49											
	36	I 135	Cesar Mendoza			28	M	36	36:25	2:17	26	3:16	32	1:28:29					
16.8	42	2:20	39	1:04:51	10:28			3:15:19											
	37	I 90	Sean Wilkoff			26	M	44	42:18	2:39	31	3:33	44	1:39:07					
15.0	29	1:34	22	53:42	8:40			3:20:12											
	38	I 156	Frank Du			29	M	46	46:34	2:55	32	3:36	38	1:32:52					
16.0	39	2:02	26	55:43	9:00			3:20:45											
	39	I 122	Nick Peine			27	M						42	1:37:50					
15.2	46	3:06	42	1:06:20	10:42			3:23:03											
	40	I 71	Dan Ross			25	M	33	34:25	2:10	45	5:42	39	1:33:33					
15.9	28	1:30	43	1:08:24	11:02			3:23:30											
	41	I 109	Shawn Monaghan			27	M	43	41:56	2:38	41	4:23	46	1:41:26					
14.7	40	2:15	25	55:16	8:55			3:25:14											
	42	I 62	Joseph Erie			25	M	39	37:21	2:21	43	4:25	43	1:38:19					
15.1	35	1:42	37	1:04:07	10:21			3:25:51											
	43	I 154	Sean Cerelli			29	M	29	32:56	2:04	19	2:51	40	1:36:49					
15.4	41	2:19	44	1:11:06	11:29			3:25:59											
	44	I 131	Rigo Garcia			28	M	41	38:53	2:26	38	3:54	41	1:37:13					
15.3	44	2:41	45	1:11:20	11:31			3:33:59											
	45	I 132	Jason Sharp			28	M	32	34:13	2:09	44	4:43	47	1:43:05					
14.4	7	0:43	46	1:14:01	11:57			3:36:43											
	46	I 117	Vivekanand Ganapathy-Naga			27	M	47	53:40	3:22	22	2:55	48	1:45:40					
14.1	20	1:08	36	1:03:47	10:18			3:47:08											
	47	I 134	Joel King			28	M	37	37:15	2:20	46	6:22	45	1:40:00					
14.9	47	9:12	47	1:40:28	16:13			4:13:15											
	48	I 141	Perry Hung			28	M	34	35:00	2:12	47	13:21	1	3:12					
465.0	48	2:53:06	48	1:43:46	16:45			5:28:23											

=====

female AGE GROUP 30 - 34 (100)

=====

1	I 216	Amber Stull				31	F	9	27:46	1:45	2	1:20	1	1:05:36					
22.7	9	0:53	3	43:08	6:58			2:18:41											
	2	I 239	Jessica Tranchina			32	F	1	24:23	1:32	6	2:02	2	1:10:01					
21.3	4	0:49	2	41:56	6:46			2:19:09											
	3	I 218	Amy Bennett			31	F	8	27:26	1:43	3	1:23	3	1:11:23					
20.8	1	0:34	4	44:27	7:11			2:25:10											
	4	I 296	Rani Tanimoto			34	F	11	27:59	1:45	9	2:10	5	1:15:02					
19.8	24	1:24	1	41:54	6:46			2:28:27											
	5	I 181	Kim Robinson			30	F	31	33:57	2:08	1	1:18	4	1:11:35					
20.8	8	0:50	7	48:30	7:50			2:36:09											
	6	I 287	Anita Leao			33	F	4	26:22	1:39	21	2:47	20	1:26:26					
17.2	6	0:49	6	47:48	7:43			2:44:10											
	7	I 277	Jennifer Reinhard			33	F	6	26:55	1:41	14	2:25	11	1:23:42					
17.8	28	1:30	11	52:14	8:26			2:46:45											
	8	I 237	Rachel Gillis			32	F	17	31:00	1:57	20	2:46	15	1:24:33					
17.6	22	1:22	5	47:30	7:40			2:47:09											
	9	I 307	Racquel Kolsrud			34	F	10	27:58	1:45	5	1:59	13	1:24:00					



50	I	220	Mildred Limcay	31	F	34	34:07	2:08	30	3:00	49	1:41:35
14.6	57		2:55 52 1:13:24 11:51				3:34:58					
51	I	313	Allison Perkins	34	F	46	36:26	2:17	42	3:48	43	1:37:59
15.2	48		2:23 56 1:15:41 12:13				3:36:16					
52	I	209	Kristine Alimbo	30	F	68	44:37	2:48	33	3:08	55	1:46:07
14.0	42		2:05 41 1:04:16 10:22				3:40:11					
53	I	279	Elisabeth Erickson	33	F	54	38:27	2:25	16	2:32	44	1:38:31
15.1	31		1:36 60 1:19:44 12:52				3:40:48					
54	I	284	Marieke Trevor	33	F	23	31:49	2:00	37	3:16	48	1:41:26
14.7	49		2:38 65 1:21:57 13:13				3:41:05					
55	I	263	Janet Johnson	33	F	66	43:41	2:44	63	5:21	47	1:41:23
14.7	53		2:46 53 1:14:44 12:04				3:47:54					
56	I	298	Erica Gisvold	34	F	65	42:30	2:40	46	3:57	56	1:47:19
13.9	59		3:03 50 1:11:57 11:37				3:48:45					
57	I	257	Carrie Garlett	33	F	59	40:58	2:34	65	5:47	58	1:48:56
13.7	44		2:06 53 1:13:36 11:53				3:51:22					
58	I	254	Amy Wolke	32	F	39	34:55	2:11	48	4:05	57	1:48:22
13.7	46		2:14 67 1:23:42 13:30				3:53:16					
59	I	191	Kara Syversen	30	F	69	45:24	2:51	52	4:41	59	1:50:02
13.5	66		3:31 49 1:17:15 11:30				3:54:51					
60	I	285	Beatrice Ricart	33	F	60	41:22	2:36	76	8:00	51	1:42:37
14.5	80		7:58 59 1:19:15 12:47				3:59:11					
61	I	194	Lacie Marshall	30	F	63	41:58	2:38	59	5:06	60	1:51:44
13.3	75		4:44 57 1:17:14 12:28				4:00:45					
62	I	306	Heather Everett	34	F	50	37:00	2:19	50	4:28	66	1:56:53
12.7	67		3:34 63 1:21:39 13:11				4:03:32					
63	I	193	Martine Hughes	30	F	36	34:33	2:10	19	2:40	65	1:56:16
12.8	38		1:57 74 1:31:14 14:43				4:06:37					
64	I	186	Jennifer Coffin	30	F	45	35:47	2:15	72	6:39	64	1:53:45
13.1	73		4:17 71 1:29:13 14:24				4:09:38					
65	I	208	Carly Starr	30	F	70	45:36	2:51	61	5:10	63	1:53:16
13.1	54		2:47 66 1:23:08 13:25				4:09:54					
66	I	223	Donella Bernardo	31	F	67	44:02	2:46	70	6:19	62	1:53:11
13.1	64		3:19 68 1:24:00 13:33				4:10:50					
67	I	197	Elizabeth Prestel	30	F	53	38:11	2:24	79	11:21	68	2:05:12
11.9	74		4:26 55 1:15:25 12:10				4:14:32					
68	I	305	Debbie Rudman	34	F	58	40:10	2:31	45	3:54	71	2:11:36
11.3	25		1:24 69 1:25:03 13:43				4:22:04					
69	I	283	Ramah Ryan	33	F	72	49:08	3:05	53	4:41	67	2:01:37
12.2	60		3:05 76 1:37:48 15:47				4:36:17					
70	I	192	Jennifer Howatd	30	F	73	49:29	3:06	68	6:13	73	2:12:45
11.2	69		3:41 70 1:25:27 13:47				4:37:32					
71	I	282	Cara Pugh	33	F	24	31:50	2:00	77	8:26	77	2:21:01
10.6	76		4:50 77 1:39:49 16:06				4:45:54					
72	I	189	Sarvin Ghaemian	30	F	77	1:10:05	4:23	51	4:37	70	2:10:04
11.4	52		2:43 64 1:21:50 13:12				4:49:17					
73	I	272	Sarah Coburn	33	F						75	2:16:27
10.9	35		1:46 72 1:30:48 14:39				4:53:47					
74	I	304	Tanita Harris-Ligons	34	F	76	1:06:03	4:08	75	6:58	78	2:22:29
10.4	37		1:54 58 1:17:21 12:29				4:54:43					
75	I	281	Jenny McNeill	33	F	75	59:20	3:43	74	6:47	72	2:12:43
11.2	77		6:42 73 1:30:59 14:41				4:56:29					
76	I	273	Debra Gruen	33	F	71	48:01	3:01	67	6:04	74	2:13:16
11.2	70		3:49 79 1:48:48 17:33				4:59:56					
77	I	207	Sandee Leong	30	F	79	1:22:16	5:09	73	6:42	69	2:06:59
11.7	65		3:27 62 1:21:28 13:09				5:00:51					
78	I	314	Jade Pham	34	F	2	25:04	1:34	57	4:59	80	3:12:12
7.7	29		1:31 75 1:32:50 14:59				5:16:32					
79	I	269	Orlie Menese	33	F	78	1:21:49	5:07	54	4:41	76	2:19:54
10.6	58		2:58 78 1:46:07 17:07				5:35:27					
80	I	280	Marisa Espinosa	33	F	74	49:32	3:06	78	9:16	79	2:39:53
9.3	79		7:41 80 1:51:07 17:56				5:37:27					

=====

MALE AGE GROUP 30 - 34 (100)

=====

1	I	195	Tai Blechta	30	M	2	23:19	1:28	1	1:09	2	59:53
24.8	1		0:34 1 37:23 6:02				2:02:16					
2	I	232	Eric Kollai	31	M	3	23:29	1:29	5	1:29	4	1:03:03
23.6	4		0:43 2 38:29 6:13				2:07:10					
3	I	214	Jason Lamoreaux	31	M	12	26:34	1:40	4	1:28	3	1:00:44
24.5	5		0:46 3 39:13 6:20				2:08:43					
4	I	317	Sean Ryan	34	M	11	25:44	1:37	6	1:34	8	1:08:08
21.8	2		0:37 4 41:22 6:41				2:17:23					
5	I	258	Jason Kersten	33	M	23	28:42	1:48	3	1:22	6	1:06:14
22.5	6		0:50 5 42:57 6:56				2:20:02					
6	I	294	Chris Bird	34	M	22	28:39	1:48	7	1:39	5	1:04:42
23.0	10		0:58 8 44:35 7:12				2:20:31					
7	I	217	Dale Fediuik	31	M	7	25:01	1:34	8	1:41	7	1:07:28
22.1	12		1:02 14 49:22 7:58				2:24:33					

8	I	256	Scott Beck	33	M	4	23:30	1:29	37	3:16	12	1:13:06
20.4	35	1:38	10 46:30	7:30			2:27:57					
9	I	202	Dave Douglas	30	M	8	25:04	1:34	12	2:05	11	1:12:57
20.4	15	1:10	13 49:12	7:57			2:30:26					
10	I	251	Mark Pfeiffer	32	M	6	24:59	1:34	2	1:21	10	1:12:14
20.6	9	0:53	18 51:15	8:16			2:30:40					
11	I	315	Will Scruggs	34	M	38	34:12	2:09	20	2:23	9	1:09:53
21.3	20	1:13	9 45:34	7:21			2:33:14					
12	I	247	Andrew Gorton	32	M	10	25:33	1:36	13	2:05	15	1:15:28
19.7	3	0:40	16 50:38	8:10			2:34:24					
13	I	311	David Tuffy	34	M	21	28:33	1:48	34	3:12	22	1:18:42
18.9	24	1:15	6 44:06	7:07			2:35:47					
14	I	316	David Fediuk	34	M	20	28:16	1:46	14	2:08	21	1:18:36
18.9	8	0:51	11 46:54	7:34			2:36:44					
15	I	817	Carlo Pani	33	M	24	29:03	1:49	27	2:39	18	1:16:31
19.4	22	1:14	17 51:13	8:16			2:40:38					
16	I	215	David Summerville	31	M	1	22:44	1:26	19	2:18	14	1:14:01
20.1	23	1:15	36 1:01:11	9:52			2:41:26					
17	I	185	Nicolos Hernandez	30	M	31	31:46	2:00	18	2:16	13	1:13:25
20.3	40	1:54	24 53:39	8:40			2:42:58					
18	I	289	Liam Cooney	33	M	18	27:41	1:44	24	2:24	23	1:18:55
18.9	29	1:28	22 52:32	8:29			2:42:59					
19	I	288	Matt Loper	33	M	19	28:08	1:46	30	2:55	17	1:16:04
19.6	13	1:04	26 55:08	8:54			2:43:17					
20	I	265	James Hallick	33	M	14	26:46	1:41	22	2:24	16	1:15:43
19.7	39	1:54	32 58:17	9:24			2:45:02					
21	I	274	Michael Kelley, Jr.	33	M	9	25:13	1:35	10	2:01	19	1:17:37
19.2	28	1:22	33 59:11	9:33			2:45:22					
22	I	260	Sky Sager	33	M	36	33:20	2:05	48	4:36	29	1:21:18
18.3	41	2:00	7 44:21	7:10			2:45:33					
23	I	229	Chris Bauman	31	M	28	30:42	1:56	9	2:01	27	1:20:27
18.5	7	0:50	23 52:34	8:29			2:46:33					
24	I	271	Kevin Biagi	33	M	32	31:46	2:00	36	3:14	20	1:17:51
19.1	48	2:25	20 51:46	8:21			2:47:00					
25	I	199	Peter Sidoriak	30	M	13	26:35	1:40	17	2:15	31	1:22:36
18.0	14	1:08	30 57:08	9:13			2:49:40					
26	I	268	Gabriel Erle	33	M	45	37:43	2:22	11	2:04	24	1:19:25
18.7	26	1:21	19 51:21	8:17			2:51:52					
27	I	249	Antonio Dimaano Jr.	32	M	29	31:18	1:58	38	3:21	33	1:22:59
17.9	31	1:32	25 54:21	8:46			2:53:29					
28	I	225	Matt Shumway	31	M	25	29:31	1:51	35	3:13	25	1:20:10
18.6	17	1:10	35 1:00:59	9:51			2:55:02					
29	I	308	Donald Munshower	34	M	44	35:42	2:14	31	3:05	32	1:22:45
18.0	38	1:49	21 52:23	8:27			2:55:42					
30	I	183	Emmanuel Sevilla	30	M	40	34:18	2:09	45	4:16	44	1:29:52
16.6	11	0:58	12 47:24	7:39			2:56:46					
31	I	253	Dean Spalding	32	M	5	24:58	1:34	16	2:14	41	1:27:58
16.9	16	1:10	37 1:01:26	9:55			2:57:43					
32	I	187	James Famolare	30	M	39	34:14	2:09	47	4:31	30	1:21:53
18.2	44	2:06	28 56:29	9:07			2:59:12					
33	I	213	Chad Russell	31	M	35	33:06	2:05	15	2:13	34	1:23:39
17.8	47	2:20	31 58:15	9:24			2:59:31					
34	I	278	Dylan Rivas	33	M	43	35:40	2:14	46	4:30	42	1:27:59
16.9	19	1:12	15 50:17	8:07			2:59:36					
35	I	295	Eric Perkins	34	M	26	30:08	1:53	28	2:48	26	1:20:24
18.5	21	1:14	41 1:05:31	10:35			3:00:04					
36	I	814	Adam Montano	34	M	17	27:13	1:43	21	2:24	35	1:24:30
17.6	32	1:35	42 1:06:02	10:39			3:01:41					
37	I	259	Simon McKnight	33	M	42	35:22	2:13	33	3:10	39	1:27:37
17.0	18	1:10	34 1:00:46	9:48			3:08:03					
38	I	190	Chris Gongaware	30	M	33	32:05	2:01	44	4:10	50	1:36:59
15.3	30	1:30	29 57:04	9:13			3:11:46					
39	I	184	Jeremiah Madden	30	M	46	37:45	2:22	42	3:54	45	1:32:23
16.1	37	1:46	27 56:04	9:03			3:11:51					
40	I	301	Todd Wilkinson	34	M	16	26:57	1:41	25	2:36	37	1:26:24
17.2	42	2:02	45 1:14:26	12:01			3:12:23					
41	I	188	Dave Frame	30	M	48	38:19	2:24	41	3:42	40	1:27:43
17.0	43	2:03	38 1:01:28	9:55			3:13:12					
42	I	182	Andrew Lyngar	30	M	50	41:42	2:37	50	5:27	43	1:29:17
16.7	27	1:21	40 1:04:30	10:25			3:22:15					
43	I	310	Todd Morgan	34	M	27	30:16	1:54	29	2:48	38	1:26:37
17.2	25	1:20	49 1:21:23	13:08			3:22:23					
44	I	302	Jason Ayre	34	M	47	38:17	2:24	26	2:39	36	1:24:33
17.6	33	1:37	46 1:15:30	12:11			3:22:33					
45	I	201	Nick Aragon	30	M	15	26:55	1:41	39	3:35	46	1:34:42
15.7	36	1:42	47 1:17:56	12:35			3:24:47					
46	I	303	Daniel Gottlieb	34	M	41	34:42	2:11	53	6:05	49	1:36:30
15.4	53	4:15	43 1:06:12	10:41			3:27:42					
47	I	198	Jason Schimpf	30	M	30	31:39	1:59	49	5:00	47	1:35:53
15.5	34	1:37	48 1:19:01	12:45			3:33:07					
48	I	226	Akash Garg	31	M	53	45:49	2:52	51	5:38	51	1:40:36



14.8	49	3:03	39	1:03:26	10:14			3:38:28											
49	I	205	Michael	Brown		30	M	34	32:13	2:01	23	2:24	28	1:20:34					
18.5	46	2:07	55	1:48:23	17:29			3:45:40											
50	I	291	Declan	Durcan		33	M	52	42:53	2:41	43	3:58	48	1:36:04					
15.5	45	2:07	50	1:21:32	13:09			3:46:33											
51	I	219	Daniel	Gonzalez		31	M	55	59:36	3:44	40	3:41	52	1:42:28					
14.5	50	3:03	44	1:06:49	10:47			3:55:35											
52	I	246	Gerrard	Southam		32	M	49	40:33	2:33	32	3:07	1	0:38					
2349.5	55	1:55:22	51	1:24:10	13:35			4:03:49											
53	I	286	Noah	Salzman		33	M	51	42:17	2:39	55	9:16	53	1:46:46					
13.9	52	4:11	52	1:25:25	13:47			4:07:54											
54	I	819	John	Grandefeld		31	M	37	33:23	2:06	54	7:14	54	1:55:42					
12.9	54	6:24	53	1:27:58	14:12			4:10:38											
55	I	224	Sanjit	Patel		31	M	54	47:42	2:59	52	5:58	55	2:18:29					
10.7	51	3:51	54	1:37:47	15:47			4:53:44											

=====

female AGE GROUP 35 - 39 (100)

=====

1	I	364	Maggs	Morris		37	F	2	24:07	1:31	5	2:01	1	1:06:07					
22.5	1	0:36	1	44:25	7:10			2:17:14											
2	I	430	Amy	Cocanour		39	F	4	25:40	1:37	4	1:53	3	1:11:47					
20.7	7	1:04	7	49:29	7:59			2:29:51											
3	I	363	Rebecca	McKee		37	F	11	30:46	1:56	2	1:40	4	1:12:29					
20.5	5	0:56	3	46:18	7:29			2:32:07											
4	I	339	Lianna	Doherty		35	F	1	21:34	1:21	1	1:37	12	1:23:36					
17.8	6	0:59	2	45:17	7:19			2:33:01											
5	I	405	Kristin	Goodwin		38	F	19	32:30	2:02	9	2:19	5	1:13:29					
20.2	4	0:54	6	49:27	7:59			2:38:38											
6	I	337	Sabrina	Jardine		35	F	3	25:19	1:35	11	2:30	7	1:17:20					
19.2	16	1:32	13	53:13	8:35			2:39:52											
7	I	345	Kymerly	Kiser		36	F	5	28:11	1:46	28	3:38	6	1:16:37					
19.4	21	1:54	16	56:12	9:04			2:46:29											
8	I	401	Anne Marie	Sebastiani		38	F	20	32:48	2:03	6	2:01	9	1:20:26					
18.5	10	1:13	9	51:20	8:17			2:47:46											
9	I	318	Jenny	Beeler		35	F	18	32:25	2:02	17	2:44	11	1:22:56					
17.9	11	1:17	5	49:26	7:59			2:48:46											
10	I	351	Dana	Booth		36	F	10	30:41	1:56	30	3:39	8	1:19:32					
18.7	27	2:25	11	52:43	8:31			2:48:58											
11	I	358	Jamisen	Hirota		36	F	15	31:14	1:58	3	1:48	10	1:20:26					
18.5	12	1:21	14	54:54	8:52			2:49:41											
12	I	406	Leah	Lauderback		38	F	28	34:53	2:11	13	2:33	13	1:24:08					
17.7	9	1:12	10	52:25	8:28			2:55:10											
13	I	324	Ashley	Mozart		35	F	23	33:00	2:04	32	3:43	20	1:28:52					
16.7	18	1:38	12	52:58	8:33			3:00:08											
14	I	338	Mieko	Iwamoto		35	F	25	33:48	2:07	18	2:45	14	1:24:22					
17.6	13	1:22	17	58:57	9:31			3:01:13											
15	I	412	Betina	Schonberger		38	F	21	32:49	2:04	34	4:05	26	1:33:57					
15.8	31	2:39	8	50:11	8:06			3:03:38											
16	I	425	Laura	Anderson		39	F	13	31:05	1:57	21	3:03	19	1:28:43					
16.8	19	1:41	19	59:35	9:37			3:04:05											
17	I	332	Charity	Vezie		35	F	8	30:28	1:55	31	3:40	18	1:28:03					
16.9	15	1:26	22	1:01:16	9:53			3:04:51											
18	I	410	Shasta	Gaughen		38	F	16	31:37	1:59	19	2:50	21	1:29:43					
16.6	14	1:25	23	1:01:31	9:56			3:07:04											
19	I	353	Betsy	Huntingdon		36	F	32	36:06	2:16	14	2:36	15	1:24:45					
17.6	3	0:52	26	1:03:16	10:13			3:07:32											
20	I	326	Dawn	Arredondo		35	F	24	33:08	2:05	8	2:15	25	1:33:38					
15.9	25	2:16	18	59:26	9:36			3:10:42											
21	I	438	Annikka	Berridge		39	F	36	37:02	2:19	12	2:33	17	1:27:05					
17.1	44	3:37	21	1:00:50	9:49			3:11:05											
22	I	431	Carrie	Nicholson		39	F	7	30:26	1:55	15	2:39	30	1:37:18					
15.3	20	1:47	20	1:00:30	9:46			3:12:38											
23	I	448	Francesca	Bistarelli-Gold		39	F	14	31:11	1:57	36	4:11	35	1:40:36					
14.8	45	3:51	15	56:09	9:04			3:15:55											
24	I	385	Julie	Lorenzen		37	F	27	33:59	2:08	16	2:42	16	1:24:56					
17.5	8	1:08	47	1:17:19	12:29			3:20:03											
25	I	417	Susan	Ridge		38	F	39	37:37	2:22	23	3:12	22	1:29:56					
16.5	24	2:14	34	1:08:09	11:00			3:21:05											
26	I	348	Lauren	Burgess		36	F	40	38:02	2:23	41	4:45	23	1:31:02					
16.3	35	2:54	33	1:08:08	11:00			3:24:49											
27	I	346	Eriko	Sakata		36	F	22	32:55	2:04	43	4:57	36	1:40:37					
14.8	33	2:50	27	1:03:41	10:17			3:24:58											
28	I	336	Jill	Radke		35	F	41	38:03	2:23	29	3:38	24	1:31:30					
16.3	28	2:27	37	1:09:30	11:13			3:25:06											
29	I	443	Nicole	Eden		39	F	6	29:43	1:52	45	5:00	41	1:46:20					
14.0	47	3:57	24	1:03:04	10:11			3:28:02											
30	I	440	Amy	Ryan		39	F	34	36:24	2:17	40	4:26	27	1:35:59					
15.5	51	4:37	36	1:08:54	11:07			3:30:18											
31	I	387	Sally	Sackett		37	F	30	35:33	2:14	24	3:19	28	1:37:07					



8	I	321	Matthew Hart	35	M	5	25:11	1:35	13	2:00	10	1:06:03
22.5	12		0:52 13 43:41 7:03				2:17:46					
9	I	396	Kevin Murar	37	M	13	27:06	1:42	9	1:51	7	1:04:21
23.1	10		0:47 15 44:58 7:16				2:19:01					
10	I	429	Gary Keith	39	M	9	26:20	1:39	8	1:50	12	1:07:51
21.9	8		0:45 10 43:03 6:57				2:19:48					
11	I	370	Michael Sebastiani	37	M	14	27:20	1:43	6	1:44	11	1:07:24
22.1	4		0:42 11 43:15 6:59				2:20:23					
12	I	323	Luke Kiskaddon	35	M	18	28:19	1:47	16	2:04	20	1:13:25
20.3	17		1:04 4 38:43 6:15				2:23:33					
13	I	434	Phil Burgess	39	M	22	28:52	1:49	14	2:01	16	1:10:38
21.1	11		0:51 7 41:56 6:46				2:24:16					
14	I	394	Russell Dawson	37	M	20	28:41	1:48	4	1:26	15	1:10:14
21.2	14		0:59 17 45:23 7:20				2:26:41					
15	I	447	David Burtzo	39	M	17	28:00	1:45	11	1:59	14	1:09:37
21.4	22		1:15 19 46:33 7:31				2:27:22					
16	I	333	Chris Waugh	35	M	33	31:41	1:59	20	2:21	13	1:08:02
21.9	36		1:51 16 45:00 7:16				2:28:54					
17	I	371	Sam Brown	37	M	10	26:42	1:41	15	2:02	36	1:20:28
18.5	5		0:43 12 43:22 7:00				2:33:15					
18	I	398	Charles Beeler	38	M	27	30:17	1:54	40	3:38	19	1:11:51
20.7	39		1:54 21 48:07 7:46				2:35:45					
19	I	330	Virgil Caselli	35	M	7	25:51	1:37	25	2:30	22	1:15:00
19.8	44		2:08 25 50:25 8:08				2:35:52					
20	I	376	Shae Nichols	37	M	32	31:38	1:59	27	2:44	24	1:15:25
19.7	25		1:23 18 45:32 7:21				2:36:41					
21	I	403	Jonathan Bero	38	M	19	28:20	1:47	19	2:16	17	1:10:43
21.0	16		1:03 43 59:08 9:33				2:41:28					
22	I	395	Wilfredo Duran	37	M	45	34:35	2:10	21	2:21	40	1:21:46
18.2	30		1:37 9 42:18 6:50				2:42:35					
23	I	402	Mathew Chaney	38	M	21	28:51	1:49	28	2:45	18	1:11:24
20.8	51		2:30 42 58:08 9:23				2:43:36					
24	I	418	Steve Shulman	38	M	24	30:03	1:53	26	2:35	32	1:19:04
18.8	23		1:20 27 51:09 8:15				2:44:09					
25	I	327	M. Gavin McMillan	35	M							
2:45:51												
26	I	391	Joe Angelo	37	M	31	31:37	1:59	10	1:54	23	1:15:12
19.8	40		1:56 38 56:14 9:05				2:46:50					
27	I	341	Chad Craig	36	M	23	29:06	1:50	37	3:22	30	1:18:34
18.9	27		1:31 35 54:35 8:49				2:47:06					
28	I	343	Ryan Lopossa	36	M	12	26:56	1:41	34	3:10	47	1:26:32
17.2	15		1:01 26 51:01 8:14				2:48:37					
29	I	383	Ande Edlund	37	M	47	34:47	2:11	45	3:51	27	1:17:07
19.3	32		1:41 28 51:22 8:17				2:48:46					
30	I	377	Cam Baty	37	M	51	36:39	2:18	18	2:09	31	1:19:02
18.8	20		1:14 23 49:49 8:02				2:48:50					
31	I	397	Derek Bardon	38	M	25	30:10	1:54	35	3:10	29	1:18:06
19.1	31		1:39 37 55:58 9:02				2:49:03					
32	I	386	Sean Miller	37	M	34	31:45	2:00	23	2:23	37	1:20:50
18.4	13		0:57 32 53:10 8:35				2:49:04					
33	I	400	Tim Larocca	38	M	44	34:23	2:09	31	2:59	33	1:19:17
18.8	28		1:31 29 52:32 8:29				2:50:40					
34	I	816	Svar Hartman	36	M	35	31:48	2:00	46	3:59	43	1:23:26
17.8	37		1:52 24 50:11 8:06				2:51:14					
35	I	380	Jonathan Birnie	37	M	15	27:34	1:44	53	4:44	41	1:22:25
18.1	54		2:45 34 54:12 8:45				2:51:39					
36	I	322	J. Scott Reaves	35	M	28	30:24	1:54	24	2:26	35	1:19:26
18.7	26		1:24 46 1:01:01 9:51				2:54:39					
37	I	382	Mike Booth	37	M	26	30:12	1:54	65	10:10	26	1:16:46
19.4	62		5:09 30 52:43 8:31				2:54:58					
38	I	350	Mark McFarland	36	M	36	31:50	2:00	33	3:07	28	1:17:26
19.2	41		1:57 45 1:01:00 9:51				2:55:18					
39	I	435	Jeffrey Strang	39	M	39	32:34	2:03	42	3:45	25	1:15:36
19.7	50		2:28 47 1:01:03 9:51				2:55:23					
40	I	407	Mark Ravaglia	38	M	41	33:06	2:05	36	3:11	44	1:23:31
17.8	19		1:12 39 56:20 9:06				2:57:17					
41	I	392	Michael Majewski	37	M	40	32:58	2:04	43	3:45	50	1:27:32
17.0	29		1:33 33 53:25 8:37				2:59:12					
42	I	812	David Casas	39	M	30	31:06	1:57	22	2:22	21	1:14:06
20.1	53		2:39 50 1:10:14 11:20				3:00:26					
43	I	427	Joel Berman	39	M	50	36:32	2:17	44	3:49	39	1:21:38
18.2			66 2:22:13 22:57				3:01:40					
44	I	445	Cameron Pickar	39	M	53	37:01	2:19	47	4:05	52	1:28:48
16.8	43		2:07 22 49:44 8:02				3:01:43					
45	I	393	Jaime Ubongen	37	M	37	31:50	2:00	29	2:46	38	1:21:28
18.3	33		1:45 48 1:05:22 10:33				3:03:10					
46	I	325	Bradley Parker	35	M	42	33:29	2:06	51	4:37	58	1:39:18
15.0	18		1:10 20 46:59 7:35				3:05:30					
47	I	414	Mark Zafra	38	M	60	42:18	2:39	49	4:27	45	1:23:34
17.8	35		1:49 40 56:28 9:07				3:08:34					
48	I	335	Martin Renaud	35	M	29	30:27	1:55	30	2:50	34	1:19:19

18.8	21	1:15	57	1:16:26	12:20			3:10:16											
49	I	449	Thaison Do			39	M	65	48:21	3:02	39	3:32	42	1:23:12					
17.9	46	2:14	31	53:08	8:35			3:10:25											
50	I	404	David Thorsrud			38	M	57	41:44	2:37	52	4:44	48	1:27:02					
17.1	55	3:13	36	55:20	8:56			3:12:01											
51	I	423	Colin Wain			38	M	52	36:58	2:19	64	8:19	51	1:28:31					
16.8	58	3:50	41	57:53	9:21			3:15:28											
52	I	368	Christopher Martin			37	M	48	35:53	2:15	60	6:07	55	1:35:16					
15.6	34	1:48	44	1:00:12	9:43			3:19:14											
53	I	441	Ken Scott			39	M	43	33:32	2:06	32	3:06	1	1:44					
858.5	65	1:26:33	58	1:18:32	12:40			3:23:25											
54	I	390	John Hluboky			37	M	54	37:04	2:19	50	4:29	46	1:26:24					
17.2	52	2:39	55	1:12:52	11:45			3:23:25											
55	I	361	Gaylord Gorgonio			37	M	58	42:09	2:39	48	4:21	49	1:27:21					
17.0	57	3:44	51	1:10:35	11:24			3:28:09											
56	I	422	David Horsman			38	M	11	26:47	1:41	38	3:29	56	1:36:37					
15.4	42	2:00	59	1:19:46	12:52			3:28:38											
57	I	362	Geoffrey Martin			37	M	55	37:04	2:19	57	5:12	54	1:35:00					
15.7	38	1:53	52	1:12:06	11:38			3:31:13											
58	I	374	Brian Hightower			37	M	56	41:44	2:37	54	5:03	53	1:30:52					
16.4	59	4:01	54	1:12:33	11:43			3:34:11											
59	I	329	Charles Wachter			35	M	38	32:34	2:03	41	3:40	57	1:38:19					
15.1	45	2:11	60	1:19:56	12:54			3:36:38											
60	I	411	Kevin Rigney			38	M	46	34:43	2:11	61	6:58	64	1:49:33					
13.6	64	7:59	49	1:06:32	10:44			3:45:43											
61	I	381	Davis Montalvan			37	M	49	36:00	2:15	55	5:05	61	1:44:42					
14.2	56	3:35	61	1:23:03	13:24			3:52:23											
62	I	442	Eric Sunda			39	M	63	44:59	2:49	59	6:04	60	1:43:51					
14.3	48	2:26	56	1:16:11	12:18			3:53:29											
63	I	437	Matthew Brand			39	M	59	42:09	2:39	66	12:15	59	1:41:09					
14.7	63	5:50	53	1:12:10	11:39			3:53:32											
64	I	355	Matthew Staudt			36	M	64	46:54	2:56	63	8:12	62	1:47:10					
13.9	47	2:16	62	1:23:20	13:27			4:07:49											
65	I	388	Raymond Valero			37	M	61	43:00	2:42	56	5:08	63	1:48:03					
13.8	61	4:54	63	1:29:10	14:23			4:10:12											
66	I	384	Steven Enger			37	M	66	1:05:07	4:05	58	5:26	65	2:09:52					
11.5	49	2:27	64	1:41:34	16:23			5:04:25											
67	I	399	Kyle Garlett			38	M	62	44:46	2:48	62	7:31	66	2:14:52					
11.0	60	4:46	65	1:54:09	18:25			5:06:03											

=====  
female AGE GROUP 40 - 44 (100)  
=====

1	I	451	Sandra Ferreira			40	F	9	29:16	1:50	2	1:32	1	1:08:26					
21.7	2	0:54	1	44:32	7:11			2:24:39											
2	I	564	Lyndsey Clapperton			44	F	4	26:23	1:39	6	1:50	2	1:11:54					
20.7	7	1:02	3	47:42	7:42			2:28:49											
3	I	476	Karen Brisson			41	F	1	23:44	1:29	5	1:47	9	1:19:00					
18.8	13	1:19	2	45:08	7:17			2:30:55											
4	I	504	Catrena Sullivan			42	F	7	28:22	1:47	10	2:13	5	1:13:59					
20.1	11	1:14	18	58:05	9:23			2:43:51											
5	I	522	Alesia Thon			43	F	12	31:40	1:59	4	1:45	6	1:17:11					
19.3	1	0:51	7	54:44	8:50			2:46:10											
6	I	482	Leann Crosby			41	F	22	34:20	2:09	11	2:15	4	1:13:07					
20.4	24	1:48	8	54:51	8:51			2:46:18											
7	I	534	Joan Campbell			43	F	8	28:53	1:49	20	3:04	12	1:21:30					
18.3	6	1:00	5	52:59	8:33			2:47:25											
8	I	562	Patty Swedberg			44	F	3	25:09	1:35	3	1:39	11	1:20:13					
18.5	45	3:50	16	57:47	9:20			2:48:36											
9	I	511	Suzanna Smith-Horn			42	F	31	38:05	2:23	9	2:08	13	1:22:11					
18.1	15	1:20	4	48:51	7:53			2:52:33											
10	I	549	Wendy Deweese			44	F	14	31:52	2:00	14	2:45	8	1:18:49					
18.9	40	2:36	15	57:27	9:16			2:53:28											
11	I	506	Ricci Racela			42	F	11	29:54	1:53	8	2:06	16	1:24:13					
17.7	3	0:57	12	56:35	9:08			2:53:43											
12	I	497	Susan Nixon			41	F	23	34:21	2:09	12	2:31	14	1:23:07					
17.9	17	1:23	6	53:53	8:42			2:55:12											
13	I	543	Janus Reyes			44	F	5	27:41	1:44	7	1:54	10	1:19:34					
18.7	28	1:54	25	1:04:16	10:22			2:55:17											
14	I	551	Sandra Kimball			44	F	6	27:52	1:45	19	3:03	18	1:25:09					
17.5	25	1:48	20	1:01:11	9:53			2:59:02											
15	I	544	Tammy Kelly			44	F	38	39:44	2:29	15	2:50	7	1:18:18					
19.0	8	1:04	13	57:25	9:16			2:59:19											
16	I	521	Jill McLeod			43	F	19	32:58	2:04	26	3:15	15	1:23:53					
17.7	18	1:23	17	57:59	9:22			2:59:27											
17	I	498	Lisa Hopkins			41	F	21	34:19	2:09	17	2:52	21	1:26:46					
17.1	20	1:36	9	55:07	8:54			3:00:37											
18	I	560	Kelly Skarakis			44	F	15	32:14	2:01	38	4:04	24	1:30:07					
16.5	36	2:24	11	55:34	8:58			3:04:22											
19	I	457	Elena Alcala			40	F	20	33:06	2:05	34	3:46	17	1:24:48					



60	I	466	Jerilee	Thurston	40	F	58	55:13	3:28	52	5:48	60	2:41:21
9.2	54		4:33	58 1:50:33				5:37:25					
61	I	514	Tracie	Juricka	42	F	61	1:04:42	4:03	58	7:37		
6:08:00													
62	I	500	Karen	Smith	41	F	2	24:51	1:34	1	1:19	3	1:12:49
20.4	10		1:14										

=====

MALE AGE GROUP 40 - 44 (100)

=====

1	I	501	Luis	De La Torre	41	M	1	21:39	1:22	4	1:26	1	58:05
25.6	15		1:06	1 35:19				1:57:33					
2	I	499	Greg	Price	41	M	2	23:35	1:29	8	1:37	2	1:02:12
23.9	2		0:41	4 40:01				2:08:03					
3	I	547	Andrew	Duenow	44	M	3	23:42	1:29	7	1:35	6	1:05:31
22.7	7		0:55	2 39:00				2:10:41					
4	I	531	Eric	Foster	43	M	12	28:20	1:47	1	1:14	3	1:03:38
23.4	1		0:40	3 39:16				2:13:05					
5	I	561	Derek	Hopkins	44	M	5	24:42	1:33	2	1:24	4	1:05:02
22.9	4		0:49	6 41:32				2:13:27					
6	I	473	Akira	Tanaka	41	M	9	27:06	1:42	10	1:42	8	1:06:21
22.4	9		0:55	5 40:16				2:16:18					
7	I	822	Glenn	Stephens	43	M	10	27:16	1:43	14	2:01	12	1:09:24
21.4	8		0:55	7 41:42				2:21:16					
8	I	552	Colin	Kuster	44	M	20	30:18	1:54	3	1:25	7	1:05:38
22.7	10		0:58	11 43:17				2:21:34					
9	I	450	Todd	Borke	40	M	6	26:07	1:38	11	1:51	11	1:09:24
21.4	20		1:20	9 43:09				2:21:48					
10	I	529	Bill	Darraah	43	M	7	26:18	1:39	5	1:28	5	1:05:16
22.8	3		0:43	15 48:23				2:22:06					
11	I	468	Jason	Nadeau	40	M	25	31:07	1:57	6	1:30	10	1:06:53
22.2	18		1:11	8 42:14				2:22:53					
12	I	818	Jim	Anderson	42	M	14	28:35	1:48	9	1:41	13	1:09:46
21.3	5		0:50	12 43:50				2:24:39					
13	I	528	Kris	Kiser	43	M	28	33:52	2:07	20	2:26	9	1:06:27
22.4	17		1:08	10 43:10				2:27:01					
14	I	532	Tim	Robinson	43	M	17	29:18	1:50	13	1:54	14	1:11:12
20.9	11		0:59	13 46:27				2:29:47					
15	I	469	Jim	Ragual	40	M	8	26:57	1:42	15	2:01	19	1:15:24
19.7	19		1:19	14 48:05				2:33:45					
16	I	530	Kevin	Rooney	43	M	18	29:21	1:51	16	2:03	15	1:11:50
20.7	25		1:34	20 51:13				2:35:59					
17	I	484	Paul	Noble	41	M	19	29:40	1:52	18	2:10	22	1:15:45
19.6	14		1:06	19 50:39				2:39:18					
18	I	478	Doug	Henbest	41	M	13	28:26	1:47	12	1:53	17	1:12:59
20.4	12		1:02	25 55:02				2:39:20					
19	I	548	John	Simmerman	44	M	36	36:48	2:18	23	2:35	18	1:13:28
20.3	26		1:38	16 48:29				2:42:55					
20	I	545	Michael	Pickett	44	M	4	23:49	1:30	34	3:46	27	1:20:50
18.4	41		2:35	22 52:54				2:43:51					
21	I	471	Anthony	Kotas	40	M	30	34:17	2:09	22	2:27	20	1:15:29
19.7	22		1:27	18 50:17				2:43:54					
22	I	507	Kenneth	Fish	42	M	11	27:31	1:44	29	3:23	24	1:17:12
19.3	35		2:03	29 57:37				2:47:45					
23	I	454	Laszlo	Vincze	40	M	22	30:42	1:56	26	2:50	23	1:16:35
19.4	39		2:30	27 56:35				2:49:10					
24	I	526	Robert	Heuchert	43	M	21	30:19	1:54	25	2:46	21	1:15:34
19.7	38		2:17	30 58:27				2:49:22					
25	I	453	Todd	Meadows	40	M	41	38:43	2:26	32	3:33	16	1:12:09
20.6	24		1:33	23 53:40				2:49:36					
26	I	542	Christopher	Wilno	43	M	38	36:57	2:19	36	3:50	25	1:18:35
18.9	29		1:43	17 49:07				2:50:10					
27	I	533	Paul	Streiter	43	M	15	29:06	1:50	19	2:15	31	1:23:31
17.8	16		1:07	26 55:06				2:51:03					
28	I	815	Lawrence	Miller	41	M	26	32:15	2:01	17	2:04	33	1:25:21
17.4	13		1:04	21 52:19				2:53:00					
29	I	481	Jeff	Callahan	41	M	33	35:26	2:13	21	2:27	26	1:20:01
18.6	33		1:54	28 57:00				2:56:46					
30	I	461	Doug	Osborn	40	M	16	29:08	1:50	28	3:16	28	1:21:38
18.2	21		1:25	34 1:05:16				3:00:40					
31	I	492	Andrew	Hancock	41	M	31	34:35	2:10	27	3:12	29	1:22:01
18.1	37		2:09	32 1:01:24				3:03:18					
32	I	553	Wesley	Hall	44	M	37	36:51	2:19	33	3:44	35	1:28:15
16.9	6		0:52	24 54:05				3:03:45					
33	I	509	Michael	Hughes	42	M	29	34:10	2:09	35	3:49	32	1:24:15
17.7	32		1:51	35 1:05:59				3:10:02					
34	I	555	Darin	Andersen	44	M	43	38:54	2:26	24	2:39	30	1:22:41
18.0	34		1:59	36 1:06:03				3:12:14					
35	I	523	Roger	Bohnhoff	43	M	39	37:25	2:21	48	6:38	34	1:25:48
17.3	43		3:20	33 1:01:34				3:14:43					

36	I	455	Scott Wine	40	M	23	30:51	1:56	39	4:10	41	1:35:14
15.6		23	1:29 38 1:07:16 10:51				3:18:58					
37	I	474	Shawn Church	41	M	27	33:32	2:06	38	3:54	38	1:30:10
16.5		31	1:50 41 1:14:37 12:03				3:24:01					
38	I	538	Jim Stafford	43	M	35	36:14	2:16	46	6:02	44	1:39:15
15.0		42	3:05 37 1:06:11 10:41				3:30:44					
39	I	516	Edward Chu	42	M	46	43:32	2:44	37	3:52	36	1:29:24
16.6		40	2:30 40 1:12:03 11:38				3:31:18					
40	I	557	Michael Bishopp	44	M	32	34:55	2:11	45	5:15	37	1:29:33
16.6		44	3:24 43 1:21:07 13:05				3:34:11					
41	I	899	Jeffrey Magson	41	M	24	30:58	1:57	43	5:00	42	1:35:56
15.5		45	3:25 45 1:23:25 13:28				3:38:42					
42	I	517	Sam Cross Jr.	42	M	44	39:41	2:29	44	5:14	40	1:35:02
15.7		46	3:53 42 1:16:28 12:20				3:40:16					
43	I	470	Chris Kutsch	40	M	42	38:49	2:26	42	4:36	45	1:42:51
14.5		27	1:40 44 1:21:42 13:11				3:49:37					
44	I	463	Richard Guzman	40	M	47	44:02	2:46	47	6:19	46	1:43:05
14.4		49	4:55 39 1:11:41 11:34				3:50:00					
45	I	452	Paiwei Wei	40	M	45	42:35	2:40	31	3:30	39	1:34:09
15.8		36	2:09 48 1:35:52 15:28				3:58:13					
46	I	556	Raul Ramirez	44	M	34	36:02	2:16	40	4:11	49	2:24:13
10.3		30	1:44 31 59:42 9:38				4:05:51					
47	I	540	Douglas Flinn	43	M	48	50:51	3:11	30	3:23	43	1:39:05
15.0		28	1:41 46 1:33:44 15:08				4:08:43					
48	I	515	Quiney Newell	42	M	40	38:14	2:24	41	4:36	47	1:52:06
13.3		48	4:11 47 1:35:05 15:21				4:14:09					
49	I	459	John Holscher	40	M	49	1:04:18	4:02	49	7:40	48	1:55:20
12.9		47	4:02 49 1:39:59 16:08				4:51:17					

female AGE GROUP 45 - 49 (100)

1	I	598	Shannon Cutting	45	F	1	22:53	1:26	1	1:26	1	1:08:29
21.7		2	0:56 2 45:49 7:24				2:19:31					
2	I	597	Amy Regan	46	F	5	28:59	1:49	4	2:11	4	1:13:56
20.1		5	1:15 1 43:56 7:06				2:30:14					
3	I	569	Lisa Keller	45	F	10	30:53	1:56	2	1:46	3	1:12:06
20.6		1	0:55 3 47:00 7:35				2:32:37					
4	I	596	Deenie Robertson	46	F	11	32:21	2:02	7	2:31	2	1:10:56
21.0		3	1:01 5 50:25 8:08				2:37:12					
5	I	629	Janet Mamikunian	48	F	4	28:36	1:48	3	2:07	7	1:18:59
18.8		8	1:25 4 49:38 8:01				2:40:42					
6	I	581	Angela Rey	45	F	8	30:26	1:55	5	2:12	6	1:18:57
18.8		6	1:16 10 54:22 8:47				2:47:11					
7	I	619	Melinda Hayman	47	F	21	35:52	2:15	6	2:14	5	1:18:04
19.1		4	1:06 6 52:02 8:24				2:49:15					
8	I	632	Belinda Herd	48	F	15	34:10	2:09	8	2:50	8	1:20:21
18.5		9	1:26 9 54:10 8:45				2:52:55					
9	I	630	Lori Christensen	48	F	9	30:49	1:56	9	2:51	11	1:23:31
17.8		15	1:54 11 55:05 8:54				2:54:08					
10	I	565	Ruth Sandstrom	45	F	13	32:53	2:04	11	2:57	9	1:21:40
18.2		14	1:43 13 55:46 9:00				2:54:57					
11	I	639	Denise Rhodes	48	F	2	28:12	1:46	29	4:36	12	1:25:30
17.4		11	1:34 14 56:26 9:07				2:56:15					
12	I	601	Jen Simpson	46	F	19	35:23	2:13	12	2:58	10	1:23:17
17.9		12	1:37 15 58:54 9:30				3:02:06					
13	I	662	Eileen Rowe	49	F	6	29:27	1:51	18	3:42	22	1:38:05
15.2		18	1:57 16 1:00:07 9:42				3:13:16					
14	I	645	Laura Arnold	48	F	42	48:22	3:02	17	3:37	16	1:32:05
16.2		10	1:33 8 53:07 8:35				3:18:43					
15	I	578	Dianne Prince	45	F	20	35:50	2:15	22	3:51	15	1:30:25
16.5		22	2:36 21 1:06:23 10:43				3:19:02					
16	I	606	Jenny Bradanini	46	F	3	28:34	1:48	14	3:29	14	1:29:10
16.7		31	3:06 28 1:14:48 12:04				3:19:06					
17	I	572	Una Burns	45	F	27	39:21	2:28	33	4:43	20	1:37:01
15.3		40	3:47 12 55:34 8:58				3:20:24					
18	I	810	Michelle Regn	47	F	25	38:30	2:25	10	2:57	13	1:29:09
16.7		13	1:43 25 1:11:34 11:33				3:23:50					
19	I	603	Marla Biagi	46	F	33	41:42	2:37	16	3:37	17	1:34:51
15.7		27	2:54 17 1:01:14 9:53				3:24:15					
20	I	628	Antoinette Reynolds	47	F	17	34:59	2:12	34	4:44	18	1:35:07
15.6		20	2:25 23 1:08:55 11:07				3:26:09					
21	I	651	Janette Du Monceaux	49	F	24	38:29	2:25	30	4:37	24	1:39:22
15.0		34	3:10 19 1:03:26 10:14				3:29:02					
22	I	566	Dene' Sturm	45	F	12	32:42	2:03	31	4:38	19	1:36:01
15.5		29	3:02 29 1:15:28 12:11				3:31:48					
23	I	661	Nancy Katayama	49	F	29	39:27	2:28	47	7:12	21	1:37:05
15.3		23	2:41 26 1:11:49 11:35				3:38:13					
24	I	604	Annette Mason	46	F	39	47:57	3:00	21	3:49	23	1:39:15
15.0		33	3:10 20 1:04:34 10:25				3:38:42					

25	I	577	Iris Koss	45	F	34	41:54	2:38	20	3:44	36	1:50:04
13.5	38		3:26 18 1:03:15 10:13				3:42:20					
26	I	591	Margaret Keenan	45	F	7	29:34	1:51	41	5:55	29	1:43:45
14.3	25		2:48 36 1:22:13 13:16				3:44:13					
27	I	616	Margaret Pometta	47	F	26	38:55	2:26	36	5:08	26	1:39:56
14.9	42		3:48 30 1:17:02 12:26				3:44:47					
28	I	627	Karen Wriighthouse	47	F	30	39:30	2:29	35	4:49	27	1:39:57
14.9	36		3:21 32 1:19:20 12:48				3:46:55					
29	I	643	Carol Johns	48	F	23	38:17	2:24	43	6:01	35	1:49:49
13.5	24		2:42 27 1:14:29 12:01				3:51:17					
30	I	659	Carol Dubin	49	F	18	35:03	2:12	37	5:08	37	1:50:18
13.5	48		6:56 31 1:18:27 12:40				3:55:51					
31	I	594	Lori Pawinski	46	F	22	36:41	2:18	15	3:32	25	1:39:44
14.9	35		3:18 46 1:34:07 15:11				3:57:19					
32	I	631	Ana Simerlein	48	F	37	47:34	2:59	32	4:40	28	1:41:01
14.7	39		3:46 37 1:22:37 13:20				3:59:36					
33	I	570	Denise Hazlick	45	F	35	42:50	2:41	23	3:59	30	1:45:36
14.1	41		3:48 42 1:26:24 13:56				4:02:34					
34	I	646	Ginny Ramsey	48	F	14	33:11	2:05	38	5:09	39	1:56:31
12.8	21		2:33 41 1:25:31 13:48				4:02:53					
35	I	584	Allison Sutter	45	F	38	47:37	2:59	46	7:09	47	2:16:10
10.9	44		4:11 7 52:25 8:28				4:07:30					
36	I	663	Patricia Desch	49	F	32	41:41	2:37	49	8:06	33	1:48:53
13.7	49		8:00 38 1:22:39 13:20				4:09:18					
37	I	582	Veva Arroyo	45	F	49	1:08:01	4:16	13	3:11	34	1:49:49
13.5	7		1:24 24 1:10:20 11:21				4:12:43					
38	I	635	Liz Kelly	48	F	16	34:49	2:11	25	4:05	38	1:50:38
13.4	46		5:07 47 1:38:54 15:57				4:13:31					
39	I	665	Ingrid Wilson	49	F	36	45:59	2:53	39	5:39	31	1:47:45
13.8	47		5:07 43 1:29:23 14:25				4:13:51					
40	I	568	Sandy Tanaka	45	F	41	48:19	3:02	27	4:24	32	1:48:52
13.7	32		3:07 44 1:29:40 14:28				4:14:21					
41	I	623	McKena Liddicoat	47	F	31	41:37	2:36	26	4:07	42	2:02:25
12.2	28		2:58 40 1:25:20 13:46				4:16:25					
42	I	586	Michelle Madick	45	F	46	53:10	3:20	19	3:43	40	1:58:17
12.6	16		1:55 33 1:20:48 13:02				4:17:51					
43	I	587	Lisa Perry	45	F	45	52:54	3:19	24	4:01	41	1:58:45
12.5	19		2:04 39 1:24:44 13:40				4:22:26					
44	I	642	Maggie Gama	48	F	28	39:22	2:28	40	5:40	43	2:02:35
12.1	26		2:51 45 1:33:09 15:02				4:23:34					
45	I	625	Sheryl McDonald	47	F	40	48:02	3:01	28	4:27	45	2:10:52
11.4	43		4:04 34 1:21:21 13:08				4:28:44					
46	I	641	Kimberly St. Jean	48	F	44	52:50	3:19	45	6:13	44	2:08:46
11.6	17		1:56 35 1:21:44 13:11				4:31:27					
47	I	610	Maricela Salcido	46	F	48	1:02:06	3:53	48	7:27	46	2:12:07
11.3	45		4:56 22 1:07:05 10:50				4:33:40					
48	I	607	Charmaine Cortez	46	F	43	49:10	3:05	44	6:06	48	2:18:36
10.7	30		3:03 48 1:51:35 18:00				5:08:28					
49	I	638	Laurie Corbin	48	F	47	58:15	3:39	42	6:00	49	2:30:26
9.9	37		3:22 49 1:52:34 18:10				5:30:35					

MALE AGE GROUP 45 - 49 (100)

1	I	573	Mike Ferreira	45	M	5	24:34	1:33	1	1:15	1	1:01:31
24.2	1		0:43 1 37:40 6:05				2:05:41					
2	I	621	Bryan Gonzalez	47	M	7	25:59	1:38	6	1:42	2	1:02:45
23.7	10		1:04 3 41:25 6:41				2:12:53					
3	I	613	C. Sean Cunningham	46	M	2	23:02	1:27	2	1:33	5	1:06:39
22.3	2		0:43 7 43:23 7:00				2:15:18					
4	I	633	Eddie Herd	48	M	11	27:06	1:42	7	1:46	3	1:05:18
22.8	6		0:59 5 43:12 6:58				2:18:19					
5	I	590	Sergio Borges	45	M	4	23:51	1:30	3	1:35	4	1:05:37
22.7	3		0:49 12 46:34 7:31				2:18:25					
6	I	648	Michael Walker	48	M	13	27:42	1:44	5	1:41	8	1:09:52
21.3	9		1:03 2 40:38 6:34				2:20:53					
7	I	614	Bill Whitman	46	M	16	28:10	1:46	4	1:40	7	1:08:01
21.9	4		0:52 6 43:22 7:00				2:22:03					
8	I	612	Jason Nixon	46	M	3	23:18	1:28	8	1:56	10	1:11:26
20.8	8		1:03 8 44:55 7:15				2:22:36					
9	I	571	Warren Hollinger	45	M	6	25:13	1:35	10	2:01	14	1:14:31
20.0	12		1:07 11 46:18 7:28				2:29:08					
10	I	580	Ray Makela	45	M	10	26:22	1:39	13	2:16	11	1:11:40
20.8	17		1:24 16 49:14 7:57				2:30:55					
11	I	599	Dave Old	46	M	12	27:40	1:44	11	2:02	6	1:06:47
22.3	14		1:17 23 53:51 8:42				2:31:35					
12	I	574	Danny Guerpo	45	M	17	28:44	1:48	18	2:37	21	1:19:55
18.6	13		1:12 4 43:03 6:57				2:35:29					
13	I	595	Phil McGain	46	M	30	34:25	2:10	12	2:14	9	1:11:21
20.9	15		1:18 13 48:21 7:48				2:37:37					



14	I	656	Jeffrey Iverslie	49	M	33	34:50	2:11	34	3:47	12	1:12:14
20.6	29	2:05	9 45:06	7:17			2:38:00					
15	I	592	Robb Johnstone	46	M	18	29:24	1:51	21	2:45	17	1:17:54
19.1	28	2:01	14 48:22	7:49			2:40:24					
16	I	615	Rick Gammie	47	M	31	34:32	2:10	20	2:40	18	1:18:50
18.9	7	1:01	10 46:17	7:28			2:43:16					
17	I	647	Derek Monell	48	M	1	22:40	1:25	17	2:35	33	1:25:00
17.5	18	1:25	21 52:31	8:29			2:44:09					
18	I	658	Tim Von Herrmann	49	M	23	31:07	1:57	26	3:04	20	1:19:14
18.8	25	1:55	22 52:42	8:30			2:48:00					
19	I	636	Kevin McCabe	48	M	24	31:07	1:57	9	1:56	31	1:22:52
18.0	5	0:57	19 51:27	8:18			2:48:18					
20	I	583	Martin Ryan	45	M	9	26:17	1:39	19	2:38	36	1:26:29
17.2	20	1:31	20 51:33	8:19			2:48:26					
21	I	600	Douglas J. Leopold	46	M	41	38:23	2:24	23	2:53	15	1:14:40
19.9	24	1:54	18 50:54	8:13			2:48:42					
22	I	657	Mark Hogan	49	M	19	30:29	1:55	35	3:47	26	1:21:47
18.2	36	2:20	17 50:53	8:13			2:49:14					
23	I	634	Rob Van Geen	48	M	21	30:50	1:56	39	4:35	13	1:14:05
20.1	45	5:33	24 54:38	8:49			2:49:38					
24	I	602	Jeffrey Lex	46	M	15	28:09	1:46	32	3:42	25	1:21:47
18.2	42	3:39	26 55:11	8:54			2:52:26					
25	I	620	James Beach	47	M	14	27:54	1:45	24	2:55	35	1:25:14
17.5	22	1:46	31 57:00	9:12			2:54:48					
26	I	652	Christopher Bellah	49	M	34	35:29	2:14	31	3:21	24	1:21:36
18.2	33	2:13	25 54:46	8:50			2:57:23					
27	I	622	Colin Tessier	47	M	42	39:13	2:27	28	3:06	16	1:17:27
19.2	27	2:00	27 55:57	9:02			2:57:41					
28	I	605	Brian Wong	46	M	26	32:21	2:02	16	2:33	27	1:22:00
18.1	26	1:59	33 58:52	9:30			2:57:43					
29	I	644	Gregory Weyl	48	M	29	33:48	2:07	25	3:01	40	1:32:06
16.2	11	1:04	15 48:30	7:50			2:58:27					
30	I	897	Christopher Babiarz	46	M	20	30:36	1:55	43	5:55	23	1:21:12
18.3	44	4:42	32 57:48	9:20			3:00:11					
31	I	585	Robbie Klinefelter	45	M	8	26:12	1:39	30	3:20	38	1:26:42
17.2	21	1:43	35 1:03:34	10:16			3:01:29					
32	I	640	Clay Rumbaoa	48	M	37	36:24	2:17	14	2:26	34	1:25:10
17.5	23	1:49	29 56:13	9:04			3:02:01					
33	I	660	Jay Poe	49	M	43	39:22	2:28	15	2:29	32	1:23:43
17.8	19	1:26	30 56:17	9:05			3:03:15					
34	I	609	Martin Lawyer	46	M	22	30:58	1:57	33	3:45	29	1:22:46
18.0	40	2:51	36 1:03:47	10:18			3:04:05					
35	I	653	Robert Patterson	49	M	38	36:51	2:19	45	6:13	30	1:22:51
18.0	41	3:21	28 56:09	9:04			3:05:24					
36	I	650	Dan Rogers	49	M	36	36:06	2:16	22	2:49	28	1:22:19
18.1	32	2:12	38 1:08:14	11:01			3:11:39					
37	I	579	Kenneth McInally	45	M	44	41:11	2:35	38	4:12	19	1:18:55
18.9	31	2:09	37 1:08:04	10:59			3:14:29					
38	I	576	G. Kapoula Thompson	45	M	27	33:01	2:04	37	3:59	37	1:26:31
17.2	16	1:24	41 1:11:16	11:30			3:16:08					
39	I	624	Spencer Jackson	47	M	40	38:09	2:24	46	6:16	39	1:28:52
16.7	39	2:47	34 1:01:52	9:59			3:17:54					
40	I	588	Casimir Rice	45	M	28	33:47	2:07	41	4:58	42	1:34:48
15.7	38	2:44	39 1:09:57	11:17			3:26:12					
41	I	654	Tim Wiley	49	M	39	37:50	2:22	29	3:18	41	1:32:46
16.0	35	2:19	43 1:16:12	12:18			3:32:23					
42	I	664	Bruce Ramsey	49	M	35	35:37	2:14	44	5:58	44	1:42:31
14.5	34	2:16	44 1:18:57	12:44			3:45:18					
43	I	593	Brad Burnham	46	M	45	41:15	2:35	36	3:55	47	1:48:44
13.7	30	2:08	40 1:11:15	11:30			3:47:15					
44	I	649	Lloyd Leong	48	M	25	32:14	2:01	48	7:49	46	1:43:46
14.3	43	3:49	46 1:25:31	13:48			3:53:06					
45	I	655	Jessie Taylor	49	M	47	1:12:50	4:34	42	5:13	45	1:42:40
14.5	46	5:34	45 1:20:56	13:04			4:27:12					
46	I	626	Michael McDonald	47	M	46	1:07:48	4:15	47	6:51	43	1:42:26
14.5	47	6:00	47 1:29:50	14:30			4:32:53					
47	I	611	Kenneth Baker	46	M	48	1:30:22	5:39	40	4:35	48	1:57:39
12.6	37	2:24	42 1:11:19	11:31			4:46:17					
48	I	608	Ron Gentile	46	M	32	34:34	2:10	27	3:05	22	1:21:01
18.4	48	20:34										

=====

female AGE GROUP 50 - 54 (100)

=====

1	I	726	Laura Sophia	54	F	1	23:48	1:30	2	1:45	1	1:04:51
22.9	1	0:46	2 44:48	7:14			2:15:56					
2	I	709	Yarden Dankner	52	F	3	25:45	1:37	1	1:44	2	1:11:24
20.8	2	0:56	1 43:49	7:04			2:23:37					
3	I	688	Bobbi Reif-Acheson	51	F	2	24:35	1:33	6	2:45	4	1:23:45
17.8	3	0:59	5 58:38	9:28			2:50:39					

4	I	725	Anne Perry	54	F	4	28:13	1:46	8	3:04	6	1:25:49
17.3	6	1:31	9 1:01:03	9:51			2:59:39					
5	I	686	Lillian Kanai	51	F	8	33:25	2:06	5	2:37	5	1:24:54
17.5	9	1:58	6 59:10	9:33			3:02:03					
6	I	690	Eiko Moriya	51	F	9	33:56	2:08	23	5:16	9	1:30:25
16.5	8	1:51	3 51:09	8:15			3:02:36					
7	I	676	Tina Catlin	50	F	15	36:29	2:17	7	2:46	8	1:29:40
16.6	5	1:25	4 56:16	9:05			3:06:33					
8	I	666	D'Lynda Fischer	50	F	19	39:43	2:29	9	3:06	3	1:20:42
18.4	12	2:06	11 1:03:27	10:14			3:09:03					
9	I	715	Krystyn Warkus	53	F	6	31:55	2:00	14	4:00	7	1:28:49
16.8	19	3:02	12 1:03:36	10:16			3:11:21					
10	I	707	Millie Cooke	52	F	5	30:55	1:56	4	2:36	11	1:34:49
15.7	15	2:36	13 1:05:07	10:31			3:16:01					
11	I	674	Susan Von Herrmann	50	F	14	36:11	2:16	12	3:53	12	1:34:53
15.7	22	3:50	7 59:28	9:36			3:18:13					
12	I	718	Patricia Keaten	53	F	13	35:49	2:15	22	5:11	14	1:36:53
15.4	20	3:06	10 1:02:22	10:04			3:23:20					
13	I	685	Lynn Ramirez	51	F	12	35:12	2:12	13	3:56	16	1:37:10
15.3	17	2:54	14 1:06:12	10:41			3:25:22					
14	I	687	Vicki Pendergrass	51	F	16	37:16	2:20	19	4:33	10	1:31:35
16.2	24	4:02	16 1:09:13	11:10			3:26:38					
15	I	705	Jeani Becker	52	F	17	37:22	2:21	3	2:28	13	1:36:40
15.4	4	1:15	15 1:09:07	11:09			3:26:49					
16	I	667	Deborah Coy-Cirillo	50	F	11	34:53	2:11	11	3:36	17	1:38:08
15.2	21	3:17	18 1:13:05	11:48			3:32:57					
17	I	689	Laura Burn	51	F	25	43:28	2:43	25	5:18	19	1:42:53
14.5	14	2:32	8 59:39	9:38			3:33:48					
18	I	719	April Boyd	53	F	22	42:37	2:40	15	4:15	15	1:36:57
15.3	10	2:00	20 1:18:23	12:39			3:44:10					
19	I	722	Trish Morris-Plise	54	F	10	34:04	2:08	16	4:22	18	1:42:40
14.5	16	2:41	26 1:23:57	13:33			3:47:43					
20	I	678	Patricia Harrington	50	F	21	41:37	2:37	17	4:26	22	1:49:04
13.6	18	2:54	22 1:20:35	13:00			3:58:33					
21	I	692	Susan Demorris	51	F	20	39:44	2:29	26	6:26	21	1:46:21
14.0	28	5:37	24 1:21:40	13:11			3:59:46					
22	I	679	Elaine Thayer	50	F	27	49:38	3:07	27	6:29	20	1:45:10
14.1	25	4:26	19 1:15:13	12:08			4:00:53					
23	I	668	Beth Lanning	50	F	7	33:24	2:06	30	7:25	24	1:56:36
12.8	27	4:39	21 1:19:29	12:50			4:01:31					
24	I	693	Janet Rappaport	51	F	26	47:52	3:00	10	3:36	25	1:57:14
12.7	13	2:18	17 1:13:05	11:48			4:04:03					
25	I	720	Renee Mohrmann	53	F	24	42:52	2:41	18	4:26	23	1:54:03
13.0	26	4:32	23 1:20:45	13:02			4:06:36					
26	I	700	Cynthia Modeen	52	F	18	38:56	2:26	31	7:54	26	2:05:22
11.9	30	10:10	27 1:25:31	13:48			4:27:51					
27	I	695	Casey O'Neill	51	F	23	42:42	2:41	24	5:17	27	2:05:31
11.9	29	9:12	29 1:30:40	14:38			4:33:21					
28	I	681	Kimberly Wong	50	F	28	56:37	3:33	28	6:36	28	2:07:40
11.7	23	3:52	28 1:27:55	14:11			4:42:38					
29	I	728	Mary Carpenter	54	F	31	1:09:06	4:20	21	4:48	30	2:13:08
11.2	7	1:46	25 1:22:58	13:23			4:51:44					
30	I	675	Janice Hugener	50	F	29	59:17	3:43	20	4:47	29	2:08:17
11.6	11	2:00	30 1:38:45	15:56			4:53:03					
31	I	680	Katie Diemer	50	F	30	1:01:25	3:51	29	7:08		
5:48:57												

=====

MALE AGE GROUP 50 - 54 (100)

=====

1	I	704	Lee Piche	52	M	1	26:11	1:39	4	1:51	1	1:04:38
23.0	1	0:49	2 43:30	7:01			2:16:57					
2	I	712	Richard Pessah	53	M	10	30:30	1:55	1	1:35	5	1:10:11
21.2	2	0:59	3 44:50	7:14			2:28:03					
3	I	710	Douglas Gordon	52	M	9	29:24	1:51	10	2:24	3	1:08:39
21.7	3	1:00	5 46:44	7:33			2:28:09					
4	I	694	Joseph Tuman	51	M	8	29:12	1:50	7	2:07	7	1:10:37
21.1	5	1:09	6 46:48	7:33			2:29:51					
5	I	698	Steven Colon	51	M	7	28:37	1:48	5	2:03	9	1:13:57
20.1	13	1:39	4 46:22	7:29			2:32:36					
6	I	691	Michael Catlin	51	M	4	27:46	1:45	6	2:03	6	1:10:37
21.1	7	1:16	8 51:25	8:18			2:33:05					
7	I	672	Todd Marohnic	50	M	14	32:54	2:04	3	1:45	12	1:15:59
19.6	12	1:36	1 41:13	6:39			2:33:26					
8	I	703	Steve Torkildson	52	M	2	26:48	1:41	9	2:23	14	1:16:17
19.5	16	1:49	7 48:33	7:50			2:35:49					
9	I	682	Randy Wriighthouse	50	M	5	27:56	1:45	8	2:14	8	1:12:03
20.7	8	1:22	11 52:48	8:31			2:36:21					
10	I	684	Robin Smyth	51	M	6	28:30	1:47	12	2:43	4	1:09:46
21.3	9	1:24	17 56:39	9:09			2:39:00					

11	I	730	Dan Russell	54	M	13	32:13	2:01	17	3:34	13	1:16:09
19.5	4	1:03	12 54:04 8:44				2:47:01					
12	I	727	David Paczocha	54	M	15	33:42	2:07	2	1:41	10	1:15:28
19.7	6	1:15	16 55:17 8:55				2:47:21					
13	I	696	Scott Davison	51	M	23	36:15	2:16	16	3:30	11	1:15:36
19.7	11	1:36	10 52:37 8:30				2:49:33					
14	I	716	Jim Greenough	53	M	18	34:39	2:10	23	4:35	15	1:18:28
19.0	19	2:24	9 52:01 8:24				2:52:05					
15	I	717	Brian Laufer	53	M	11	30:37	1:55	15	3:04	18	1:22:24
18.1	10	1:35	15 55:13 8:55				2:52:51					
16	I	670	Layne Howard	50	M	19	34:41	2:10	14	3:02	2	1:08:31
21.7	17	1:49	20 1:08:42 11:05				2:56:43					
17	I	714	Hal Westbrook	53	M	24	36:28	2:17	19	3:37	17	1:21:23
18.3	24	3:28	13 54:57 8:52				2:59:52					
18	I	711	Eric Roseme	53	M	16	34:18	2:09	21	3:58	20	1:27:36
17.0	18	2:22	14 55:02 8:53				3:03:14					
19	I	673	Donald Woolley	50	M	21	35:44	2:14	20	3:48	21	1:28:20
16.8	14	1:42	18 58:01 9:22				3:07:34					
20	I	706	Javier Islas	52	M	27	39:22	2:28	28	6:25	16	1:20:24
18.5	28	5:12	19 1:00:45 9:48				3:12:06					
21	I	708	Bert Heeringa	52	M	25	37:05	2:20	18	3:34	19	1:25:23
17.4	15	1:44	21 1:09:08 11:09				3:16:51					
22	I	683	George Ullrich	50	M	12	30:45	1:56	22	4:34	22	1:30:52
16.4	21	2:54	23 1:10:16 11:20				3:19:19					
23	I	699	Darcy Walters	52	M	3	27:33	1:44	13	3:01	25	1:37:16
15.3	20	2:25	22 1:09:25 11:12				3:19:38					
24	I	701	Jay Reed	52	M	17	34:23	2:09	11	2:43	23	1:33:40
15.9	23	3:09	26 1:17:00 12:26				3:30:54					
25	I	677	Gary Fox	50	M	20	35:28	2:13	24	5:47	24	1:35:20
15.6	25	4:01	24 1:10:48 11:26				3:31:22					
26	I	820	Chris Cornelius	51	M	26	37:56	2:23	25	5:55	27	1:43:07
14.4	26	4:35	25 1:14:49 12:04				3:46:19					
27	I	702	Cliff Acheson	52	M	29	49:26	3:06	26	5:55	26	1:41:38
14.6	27	4:45	28 1:27:58 14:12				4:09:41					
28	I	729	Anthony Kriletich	54	M	22	36:05	2:16	27	6:22	29	2:15:24
11.0	29	6:27	27 1:26:51 14:01				4:31:07					
29	I	36	Christian Hugener	52	M	28	44:37	2:48	29	27:24	28	2:05:14
11.9	22	3:06	29 1:38:45 15:56				4:59:03					

=====

female AGE GROUP 55 - 59 (100)

=====

1	I	740	Roberta Hickman	55	F	2	27:57	1:45	1	1:44	1	1:10:56
21.0	1	1:08	2 58:13 9:24				2:39:57					
2	I	739	Laurie Beers	55	F	4	29:38	1:52	2	2:20	2	1:18:01
19.1	2	1:23	1 50:11 8:06				2:41:32					
3	I	737	Jarmila Vazac	55	F	8	34:55	2:11	10	3:27	3	1:25:15
17.5	7	2:09	6 1:05:20 10:33				3:11:04					
4	I	733	Lee Collins	55	F	3	28:16	1:46	3	2:35	6	1:33:31
15.9	4	1:42	8 1:07:53 10:57				3:13:55					
5	I	763	Ellen Jackson	58	F	10	38:20	2:24	9	3:20	5	1:26:42
17.2	9	2:18	4 1:03:23 10:14				3:14:02					
6	I	744	Candace Strong	55	F	6	32:26	2:02	4	2:38	4	1:26:00
17.3	6	1:59	11 1:11:57 11:37				3:14:58					
7	I	732	Mary O'Brien	55	F	7	33:20	2:05	12	4:03	8	1:38:37
15.1	10	2:22	9 1:08:15 11:01				3:26:35					
8	I	773	Linda Kaiser	59	F	1	27:54	1:45	5	3:07	14	1:47:06
13.9	14	2:52	7 1:06:36 10:45				3:27:32					
9	I	731	Jan Cogbill	55	F	5	31:47	2:00	6	3:14	9	1:38:48
15.1	12	2:38	13 1:15:22 12:10				3:31:47					
10	I	756	Ellyn Brown	57	F	12	42:00	2:38	7	3:14	12	1:41:31
14.7	5	1:49	5 1:04:34 10:25				3:33:07					
11	I	753	Stephanie Marshall	56	F	13	42:11	2:39	8	3:19	7	1:37:22
15.3	8	2:16	10 1:08:45 11:06				3:33:52					
12	I	754	Carol Elwyn-Weaver	56	F	15	44:03	2:46	17	7:13	10	1:39:28
15.0	17	3:47	3 1:02:53 10:09				3:37:22					
13	I	24	Patty Ferrington	56	F	14	43:33	2:44	16	4:55	13	1:43:10
14.4	3	1:36	12 1:13:21 11:50				3:46:33					
14	I	751	Kathy Hall	56	F	9	35:58	2:15	11	3:46	11	1:40:04
14.9	15	3:05	15 1:28:15 14:15				3:51:07					
15	I	758	Karen Lampe	57	F	18	52:46	3:18	14	4:38	15	2:00:58
12.3	18	5:15	14 1:20:41 13:01				4:24:16					
16	I	774	Mary Pigott	59	F	11	40:02	2:31	18	7:28	16	2:03:51
12.0	16	3:35	17 1:35:13 15:22				4:30:06					
17	I	771	Scottie Kuper	58	F	16	45:45	2:52	13	4:30	17	2:13:46
11.1	11	2:31	16 1:34:57 15:19				4:41:27					
18	I	772	Arlene Vaskevitch	58	F	17	51:37	3:14	15	4:50	18	2:17:36
10.8	13	2:45	18 1:39:29 16:03				4:56:15					

MALE AGE GROUP 55 - 59 (100)

1	I	738	Kevin Moats	55	M	1	24:38	1:33	1	1:39	1	1:05:54
22.6	1	0:59	1 41:25 6:41				2:14:32					
2	I	745	Nicholas Kaiser	55	M	4	28:54	1:49	10	3:03	2	1:10:39
21.1	10	1:50	2 45:17 7:19				2:29:42					
3	I	736	Tom Guerin	55	M	2	26:21	1:39	12	3:14	3	1:12:38
20.5	18	2:22	6 50:52 8:13				2:35:25					
4	I	769	David Henry	58	M	3	26:46	1:41	2	2:15	6	1:15:02
19.8	4	1:19	7 51:23 8:18				2:36:43					
5	I	757	Thomas Cogbill	57	M	11	32:48	2:03	9	3:00	11	1:20:03
18.6	13	1:57	3 45:52 7:24				2:43:39					
6	I	755	Hans Petermann	56	M	10	32:46	2:03	3	2:15	8	1:17:20
19.2	2	1:13	8 51:25 8:18				2:44:57					
7	I	749	John Mayers	56	M	13	33:00	2:04	4	2:27	13	1:21:34
18.2	5	1:20	4 47:29 7:40				2:45:49					
8	I	748	Bill Greineisen	56	M	5	29:41	1:52	6	2:56	4	1:13:42
20.2	3	1:15	13 58:39 9:28				2:46:11					
9	I	746	Thomas Cummings	55	M	7	32:18	2:02	13	3:19	9	1:17:25
19.2	9	1:49	9 53:25 8:37				2:48:14					
10	I	761	Lynn Martin	58	M	21	38:18	2:24	20	5:12	7	1:16:05
19.6	12	1:54	5 48:16 7:48				2:49:43					
11	I	764	Mike Hamilton	58	M	15	33:50	2:07	14	3:36	5	1:13:56
20.1	16	2:06	12 57:29 9:17				2:50:56					
12	I	750	Douglas Lee	55	M	12	32:56	2:04	7	2:58	10	1:19:14
18.8	11	1:54	10 55:40 8:59				2:52:40					
13	I	752	Rick Rubio	56	M	8	32:21	2:02	8	3:00	12	1:20:20
18.5	8	1:35	15 1:01:59 10:00				2:59:13					
14	I	760	Michael Kelly	58	M	19	37:28	2:21	15	3:37	14	1:22:46
18.0	19	2:41	11 56:50 9:10				3:03:20					
15	I	768	R. Scott Boughton	58	M	9	32:37	2:03	24	7:27	15	1:24:27
17.6	7	1:28	16 1:05:02 10:30				3:10:59					
16	I	759	Lyle Ryan	57	M	20	37:32	2:21	5	2:48	19	1:33:21
15.9	6	1:24	14 1:01:58 10:00				3:17:01					
17	I	741	Will Lohneiss	55	M	6	29:56	1:53	11	3:06	17	1:31:36
16.2	14	1:58	21 1:17:21 12:29				3:23:55					
18	I	770	Steven Schulz	58	M	17	36:40	2:18	19	4:36	16	1:30:28
16.4	20	3:08	18 1:10:43 11:25				3:25:31					
19	I	697	Michael O'Toole	56	M	14	33:15	2:05	16	3:59	18	1:32:43
16.0	15	2:03	20 1:15:57 12:15				3:27:55					
20	I	734	Matthew Giacalone	55	M	16	36:37	2:18	22	5:43	20	1:36:27
15.4	21	3:22	19 1:10:44 11:25				3:32:51					
21	I	742	Kevin Owens	55	M	18	37:17	2:20	23	7:00	25	1:48:56
13.7	24	5:15	17 1:09:01 11:08				3:47:27					
22	I	747	Patrick Du Monceaux	56	M	22	38:20	2:24	17	4:33	21	1:38:11
15.2	23	4:09	22 1:22:46 13:21				3:47:57					
23	I	743	Paul Zarka	55	M	23	42:45	2:41	21	5:39	22	1:42:09
14.6	22	3:45	25 1:35:11 15:21				4:09:27					
24	I	765	Charles Babiarz	58	M	24	45:14	2:50	25	9:34	23	1:42:17
14.5	25	5:37	24 1:27:25 14:06				4:10:06					
25	I	767	Robert Stuit	55	M	25	54:34	3:25	18	4:34	24	1:48:18
13.7	17	2:18	23 1:24:36 13:39				4:14:17					

female AGE GROUP 60 - 64 (100)

1	I	786	Kaeti Ecker	62	F	1	26:41	1:41	4	2:46	2	1:18:49
18.9	2	1:37	1 52:47 8:31				2:42:38					
2	I	794	Lesley Cens-Mcdowell	63	F	2	29:20	1:50	2	2:32	1	1:18:14
19.0	5	2:29	2 54:37 8:49				2:47:10					
3	I	798	Wendy Minor	64	F	3	30:54	1:56	1	2:29	3	1:24:45
17.6	4	1:50	3 1:04:02 10:20				3:03:58					
4	I	793	Ruth Lockett	63	F	6	35:10	2:12	3	2:39	4	1:28:16
16.9	3	1:39	4 1:07:36 10:55				3:15:17					
5	I	782	Jill MacMillan	61	F	4	33:27	2:06	6	3:59	5	1:32:49
16.0	7	3:07	5 1:17:51 12:34				3:31:11					
6	I	778	Dianne Donohue	60	F	5	33:59	2:08	5	2:50	6	1:38:41
15.1	1	1:35	6 1:23:32 13:29				3:40:35					
7	I	777	Joyce Duker	60	F	7	42:39	2:40	7	5:12	7	1:46:45
13.9	6	3:05	7 1:24:15 13:36				4:01:55					

MALE AGE GROUP 60 - 64 (100)

1	I	780	Harry Yoshida	61	M	1	28:59	1:49	1	2:03	1	1:10:01
21.3	2	1:23	4 50:40 8:11				2:33:04					
2	I	787	Jerry Ewing	62	M	2	30:08	1:53	12	4:16	4	1:20:11
18.6	1	1:11	3 49:36 8:00				2:45:19					

3	I	795	Dane Decker	63	M	6	31:48	2:00	7	3:23	6	1:21:44
18.2	10	2:27	2	49:14	7:57		2:48:34					
4	I	791	Terence O'Toole	63	M	5	31:13	1:57	2	2:39	5	1:21:43
18.2	5	1:57	5	53:13	8:35		2:50:43					
5	I	790	Kazutoshi Moriya	62	M	4	31:03	1:57	3	2:43	10	1:27:59
16.9	3	1:27	1	48:07	7:46		2:51:18					
6	I	797	Fred Hemphill	63	M	3	30:16	1:54	4	2:50	3	1:20:09
18.6	4	1:32	11	1:02:00	10:00		2:56:44					
7	I	800	Chuck Miller	64	M	14	39:47	2:30	6	3:12	2	1:19:04
18.8	7	2:17	6	53:44	8:40		2:58:03					
8	I	788	Mark Johnson	62	M	7	33:50	2:07	8	3:28	11	1:28:13
16.9	9	2:22	7	54:52	8:51		3:02:43					
9	I	799	Don Wilson	64	M	8	34:48	2:11	15	7:23	8	1:25:09
17.5	11	3:26	9	55:19	8:56		3:06:03					
10	I	776	Richard McDowell	60	M	10	35:16	2:13	9	3:48	12	1:29:25
16.6	8	2:21	8	55:17	8:55		3:06:06					
11	I	781	G. A. Rock	61	M	11	35:26	2:13	11	4:06	9	1:25:51
17.3	6	2:01	12	1:04:47	10:27		3:12:10					
12	I	789	Ted Spitaleri	62	M	13	37:26	2:21	10	4:05	7	1:22:20
18.1	13	4:00	13	1:09:19	11:11		3:17:09					
13	I	779	Peter Bresciani	61	M	9	35:04	2:12	13	6:48	16	1:44:26
14.2	16	5:30	10	59:18	9:34		3:31:03					
14	I	784	Brian Samuels	61	M	15	40:16	2:31	14	7:18	13	1:35:04
15.7	12	3:40	15	1:13:16	11:49		3:39:32					
15	I	775	James Davey	60	M	16	41:58	2:38	16	9:11	15	1:44:18
14.3	14	4:02	14	1:09:42	11:15		3:49:09					
16	I	792	Ronald Bates	63	M	12	37:23	2:21	5	3:10	14	1:36:57
15.3	15	4:34										

female AGE GROUP 65 - 69 (100)

1	I	801	Mary Cantini-Norkin	65	F	1	46:21	2:54	1	7:34	1	2:15:00
11.0	1	6:05	1	1:40:25	16:12		4:55:23					

male AGE GROUP 65 - 69 (100)

1	I	805	Mac Amos	66	M	4	37:48	2:22	2	3:58	2	1:17:49
19.1	3	2:15	1	53:56	8:42		2:55:44					
2	I	806	Bruce Regensburg	66	M	1	30:59	1:57	1	3:06	3	1:22:29
18.0	1	1:19	2	59:09	9:33		2:57:00					
3	I	802	William Moon	65	M	2	34:06	2:08	6	5:06	1	1:17:35
19.2	6	2:44	3	1:02:52	10:09		3:02:22					
4	I	804	Dennis Burns	65	M	5	38:16	2:24	5	4:57	6	1:34:33
15.7	4	2:32	4	1:04:21	10:23		3:24:37					
5	I	808	Ed Hall	69	M	7	41:01	2:34	4	4:57	4	1:24:47
17.6	7	3:35	5	1:12:24	11:41		3:26:41					
6	I	803	Thomas Callinan	65	M	3	34:44	2:11	3	4:57	5	1:31:57
16.2	5	2:40	6	1:12:25	11:41		3:26:41					
7	I	809	Mike Kasser	69	M	6	38:58	2:27	7	5:56	7	1:40:06
14.9	2	1:20	7	1:13:53	11:55		3:40:11					

male AGE GROUP 70 - 74 (100)

1	I	811	William Haines Jr.	72	M	1	32:54	2:04	1	5:49	1	2:09:17
11.5	1	2:47	1	1:38:18	15:52		4:29:03					

female AGE GROUP 70 - 74 (100)

2009 LAVAMAN TRIATHLON  
03/29/2009  
WAIKALOA, HI

Physically Challenged-- 2009

TRAN	RUN			CITY		TOTAL	ST	AGE	S	plc	SWIM	100	TRAN	BIKE	
mph	time	plc	time	pace	penalty	TIME	TIME				time	yds	time	plc	time
=====	=====	=====	=====	=====	=====	=====	=====	=====	=====	=====	=====	=====	=====	=====	=====

1 PC Keiron McCammon Danville CA 38 M 1 45:37 2:52 4:32 1  
 1:24:50 17.5 3:40 1 1:02:54 10:09 3:21:31

TF TEAM OVERALL - TOP s

1 BIKE WORKS Karlyn Pipes-Neilsen Nicole Rach KERSTIN  
 BUSSE 1 19:03 1:12 1 1:21 3 1:20:24 18.5 2 0:31 2 46:12 7:27  
 2:27:28  
 2 2 HENS & A CHICK Kristen Abegg Jolie McGauley NICHOLE  
 REHM 7 32:44 2:03 9 2:01 2 1:18:48 18.9 3 0:35 1 46:09 7:27  
 2:40:16  
 3 TEAM SMILEY Linda Greentree Linda Greentree MINDY  
 STUBENRAUCH 8 34:23 2:09 10 2:30 1 1:17:45 19.1 1 0:26 4 55:30 8:58  
 2:50:33  
 4 ANCHORAGE ARCTIC FOXES Jodi McLaughlin Donna Van Flein JODI  
 MCLAUGHLIN 2 27:00 1:42 2 1:28 8 1:36:38 15.4 5 0:39 3 54:28 8:47  
 3:00:10  
 5 LAVAMANORBUST Kenlyn Crosby Becky Watts SHARON  
 CISLO 6 31:11 1:57 3 1:40 4 1:25:17 17.4 9 1:01 6 1:07:58 10:58  
 3:07:06  
 6 SPLASH, FLASH AND DASH Jane Dierenfield Maggie Murphy WENDY  
 CLARK 4 28:29 1:47 7 1:59 5 1:29:30 16.6 4 0:37 8 1:10:11 11:20  
 3:10:44  
 7 LAVAMAN LEI-DZ Teresa Butt Karen Alsip TRACY  
 TEDESCO 5 30:25 1:55 6 1:58 7 1:34:06 15.8 7 0:49 7 1:08:53 11:07  
 3:16:08  
 8 HAWAII/SAMOA Tia Ulufaleilupe Mel Kelekolio TIA  
 ULUFALEILUPE 9 35:03 2:12 4 1:44 10 1:42:51 14.5 6 0:39 5 57:13 9:14  
 3:17:29  
 9 TEAM INTRIGUE Kimberly Gipson Panambi Elliott NOELLE  
 SOO 10 40:28 2:32 8 2:01 6 1:31:58 16.2 8 0:56 9 1:12:13 11:39  
 3:27:34  
 10 THE DIVAS Lisa Week Sharon Martin SHARON  
 MARTIN 3 28:21 1:47 5 1:46 9 1:37:59 15.2 11 2:38 11 1:17:54 12:34  
 3:28:37  
 11 TEAM HARDCORE Stacy Lamirand Janet Boyle JANET  
 BOYLE 11 56:39 3:33 11 3:47 11 2:05:39 11.8 10 2:11 10 1:13:06 11:48  
 4:21:20

TM TEAM OVERALL - TOP s

1 LIFESPORT Nick Garrett Dan Smith PAUL  
 REGENSBURG 1 18:48 1:11 1 1:07 1 1:01:06 24.4 2 0:31 1 40:38 6:34  
 2:02:07  
 2 HYBRID kris formica mike luzzo CRAIG  
 HAWKINS 2 25:02 1:34 3 1:26 4 1:13:30 20.2 4 0:34 2 44:51 7:14  
 2:25:21  
 3 TWO OLD GUYS Fred Cowell Greg Landers GREG  
 LANDERS 3 25:09 1:35 2 1:20 3 1:10:49 21.0 8 1:21 6 1:01:17 9:53  
 2:39:54  
 4 SCHNITZEL Justin Kerr John Dougery JONATHAN  
 BURTH 9 38:59 2:27 4 1:39 2 1:09:27 21.4 3 0:31 5 54:07 8:44  
 2:44:41  
 5 TEAM RED RIVER Jeff Dietrichson Jeff Dietrichson JIM  
 GRANT 4 31:22 1:58 7 2:56 6 1:27:44 17.0 5 0:38 4 51:59 8:24  
 2:54:38  
 6 OLD Tom Dembski Tom Dembski ROBERTO  
 VILLAMIL 8 38:33 2:25 8 4:43 8 1:38:56 15.0 6 0:47 3 50:52 8:13  
 3:13:50  
 7 KONA GOLD paul cashman mike dixon KEVIN  
 CAVANAGH 6 36:28 2:17 5 2:00 7 1:29:11 16.7 1 0:29 7 1:07:57 10:58  
 3:16:03  
 8 NUT'N NOZZLE Jason Heady Rick Merschorf JASON  
 HEADY 7 38:21 2:24 6 2:03 5 1:26:50 17.1 7 1:10 9 1:24:05 13:34  
 3:32:27  
 9 TEAM JAMES Jeff Neubauer James Neubauer JEFF  
 NEUBAUER 5 35:49 2:15 9 6:29 9 2:47:21 8.9 9 3:55 8 1:14:28 12:01  
 4:48:00

TC TEAM OVERALL - TOP s

1 WINDERMERE	Antonita Sena	Jimmy Day	BRAD
KNOWLES 6 26:33 1:40 3 1:21 1 59:23 25.1 1 0:29 2 44:45 7:13			
2:12:28			
2 KOHALA	Emilie Mesman	Matt Piercy	JENNIFER
LYON 1 21:34 1:21 1 1:14 3 1:09:34 21.4 2 0:33 7 51:09 8:15			
2:24:03			
3 HULA HOTTIES	Noel Black Ackerman	David Lanning	MARY
EDMONDS 8 27:20 1:43 4 1:34 2 1:05:50 22.6 3 0:34 8 51:43 8:21			
2:26:59			
4 MWM	Jim McCleery	Dolly Woolley	MAGGIE
MCCLEERY 2 21:42 1:22 5 1:37 12 1:23:35 17.8 11 0:44 3 45:22 7:19			
2:32:58			
5 SNOWCONES	Wendy daniel	Ron lake	MARK
DANIEL 3 24:45 1:33 13 1:53 13 1:25:05 17.5 7 0:38 4 45:27 7:20			
2:37:45			
6 TEAM BRADDAH DELTA	Loke McMichael	Dard Aller	REBBECA
WOODBURN 5 26:22 1:39 8 1:42 9 1:21:24 18.3 9 0:39 5 49:19 7:58			
2:39:24			
7 JUST ANOTHER TEAM	Philip Smyth	Kristen Bartenstein	DEVERY
PRINCE 4 26:17 1:39 2 1:19 10 1:21:55 18.2 5 0:37 6 50:41 8:11			
2:40:47			
8 PURA VIDA	Patrick Mitchell	Patrick Mitchell	SOMER
MITCHELL 9 28:04 1:46 18 3:28 5 1:14:36 19.9 13 0:45 11 55:52 9:01			
2:42:43			
9 PLUNK-COAST-PLOD	Doug Wilkerson	Doug Wilkerson	PATTI
BRUSH 11 30:56 1:56 16 2:48 4 1:12:24 20.6 16 1:01 12 56:11 9:04			
2:43:17			
10 WINOS	Stephanie Holthaus	Mike Balaban	KEVIN
LYNCH 12 33:23 2:06 12 1:52 14 1:25:18 17.4 10 0:40 1 44:24 7:10			
2:45:35			
11 KNEE SURGERY	Amanda Birkentstamm	Mike Roze	AMANDA
BIRKENSTAMM 17 36:26 2:17 10 1:47 7 1:19:56 18.6 6 0:37 10 53:13 8:35			
2:51:56			
12 TRIFECTA	Leslie Dean	Pete Yakubek	DARIUS
FORGHANI 7 27:09 1:42 7 1:41 16 1:27:20 17.0 4 0:35 13 56:33 9:08			
2:53:16			
13 HILTON WAIKOLOA #2	Leanne Pletcher	Maurice Test	LOPAKA
VENTURA 13 33:32 2:06 11 1:49 15 1:26:52 17.1 14 0:45 9 52:10 8:25			
2:55:06			
14 THE MISSING LINK	Crystal Rogers	Crystal Rogers	CREED
MAMIKUNIAN 15 34:56 2:11 17 3:01 8 1:20:52 18.4 12 0:44 14 58:51 9:30			
2:58:22			
15 TEAM BIANELLI	Christine O'Gorman-E	George Goldstine	DIANE
QUITIQUIT 10 30:19 1:54 14 2:03 6 1:16:23 19.5 15 0:53 18 1:10:32 11:23			
3:00:08			
16 OKO'LE PEKU	Brian Cain	Katrina Cain	BRIAN
CAIN 18 37:17 2:20 15 2:08 11 1:22:12 18.1 8 0:38 17 1:10:20 11:21			
3:12:34			
17 TEAM MOTHRA	Grant Schenk	Dan Scott	DOREEN
VIRTUE 14 33:34 2:06 9 1:44 17 1:30:38 16.4 17 1:36 16 1:07:20 10:52			
3:14:49			
18 YES WE CAN	Michael Traub	Alison Jones Leong	MICHAEL
TRAUB 16 35:39 2:14 6 1:39 18 1:44:00 14.3 18 1:43 15 1:02:42 10:07			
3:25:41			

=====  
tk TEAM OVERALL - TOP s  
=====

1 C&D UNLIMITED	Dana Seagars	Frank Snow	CLAUDETTE
YESMANT 1 32:59 2:04 1 1:25 1 1:30:53 16.4 1 0:43 2 1:09:50 11:16			
3:15:50			
2 KUNITAKE FARMS	Virginia Isbell	Cowman	JOHN
KUNITAKE 2 1:03:56 4:00 2 3:06 2 1:38:09 15.2 2 0:46 1 49:42 8:01			
3:35:37			

2009 LAVAMAN TRIATHLON  
03/29/2009  
WAIKALOA,HI

HAWAIIAN RESIDENCE RESULTS -- 2009

1	1/16	501	I	41	M Luis De La Torre	1:57:33
2	1/13	195	I	30	M Tai Blechta	2:02:16
3	1/22	573	I	45	M Mike Ferreira	2:05:41
4	2/13	232	I	31	M Eric Kollai	2:07:10
5	1/24	373	I	37	M Spence Cocanour	2:07:59
6	2/16	499	I	41	M Greg Price	2:08:03
7	2/24	365	I	37	M Penn Henderson	2:08:46

8	2/22	621	I	47	M Bryan Gonzalez	2:12:53
9	3/16	473	I	41	M Akira Tanaka	2:16:18
10	3/24	340	I	36	M Matthew Rauls	2:16:33
11	1/14	364	I	37	F Maggs Morris	2:17:14
12	3/22	633	I	48	M Eddie Herd	2:18:19
13	4/24	396	I	37	M Kevin Murar	2:19:01
14	1/16	239	I	32	F Jessica Tranchina	2:19:09
15	1/12	598	I	45	F Shannon Cutting	2:19:31
16	5/24	429	I	39	M Gary Keith	2:19:48
17	3/13	294	I	34	M Chris Bird	2:20:31
18	1/10	147	I	28	F Bre Millard	2:20:48
19	4/22	648	I	48	M Michael Walker	2:20:53
20	1/2	821	I	16	M Geoff Whitener	2:21:26
21	2/10	78	I	26	F Patricia Havey	2:21:31
22	4/16	552	I	44	M Colin Kuster	2:21:34
23	5/16	529	I	43	M Bill Darrah	2:22:06
24	5/22	612	I	46	M Jason Nixon	2:22:36
25	1/11	709	I	52	F Yarden Dankner	2:23:37
26	4/13	217	I	31	M Dale Fediuk	2:24:33
27	1/14	451	I	40	F Sandra Ferreira	2:24:39
28	2/16	218	I	31	F Amy Bennett	2:25:10
29	6/24	394	I	37	M Russell Dawson	2:26:41
30	6/16	528	I	43	M Kris Kiser	2:27:01
31	5/13	256	I	33	M Scott Beck	2:27:57
32	1/9	710	I	52	M Douglas Gordon	2:28:09
33	3/16	296	I	34	F Rani Tanimoto	2:28:27
34	6/22	571	I	45	M Warren Hollinger	2:29:08
35	1/10	100	I	27	M Sam Corace	2:29:30
36	1/12	745	I	55	M Nicholas Kaiser	2:29:42
37	7/16	532	I	43	M Tim Robinson	2:29:47
38	2/14	430	I	39	F Amy Cocanour	2:29:51
39	2/10	60	I	25	M Cory McCord	2:30:09
40	2/14	476	I	41	F Karen Brisson	2:30:55
41	3/10	80	I	26	M Aaron Mitchell	2:31:06
42	7/22	599	I	46	M Dave Old	2:31:35
43	2/9	698	I	51	M Steven Colon	2:32:36
44	1/12	780	I	61	M Harry Yoshida	2:33:04
45	6/13	315	I	34	M Will Scruggs	2:33:14
46	7/24	371	I	37	M Sam Brown	2:33:15
47	3/9	672	I	50	M Todd Marohnic	2:33:26
48	8/22	574	I	45	M Danny Guerpo	2:35:29
49	4/9	703	I	52	M Steve Torkildson	2:35:49
50	4/10	180	I	29	M Joshua Horan	2:35:57
51	8/16	530	I	43	M Kevin Rooney	2:35:59
52	5/10	125	I	27	M Jason Gabriel	2:36:14
53	5/9	682	I	50	M Randy Wriighthouse	2:36:21
54	6/10	74	I	25	M Darrin Halliday	2:36:25
55	7/13	316	I	34	M David Fediuk	2:36:44
56	9/22	595	I	46	M Phil McGain	2:37:37
57	10/22	656	I	49	M Jeffrey Iverslie	2:38:00
58	3/14	405	I	38	F Kristin Goodwin	2:38:38
59	1/4	56	I	24	F Ashley Yeager	2:39:16
60	9/16	484	I	41	M Paul Noble	2:39:18
61	10/16	478	I	41	M Doug Henbest	2:39:20
62	1/8	740	I	55	F Roberta Hickman	2:39:57
63	3/10	148	I	29	F Kimberly Pierce	2:40:22
64	2/8	739	I	55	F Laurie Beers	2:41:32
65	8/24	395	I	37	M Wilfredo Duran	2:42:35
66	1/6	786	I	62	F Kaeti Ecker	2:42:38
67	11/16	548	I	44	M John Simmerman	2:42:55
68	8/13	288	I	33	M Matt Loper	2:43:17
69	7/10	58	I	25	M Ryan Nuckols	2:43:39
70	11/22	647	I	48	M Derek Monell	2:44:09
71	4/16	287	I	33	F Anita Leao	2:44:10
72	2/12	787	I	62	M Jerry Ewing	2:45:19
73	2/4	32	I	20	F Ali Herd	2:45:23
74	9/13	260	I	33	M Sky Sager	2:45:33
75	2/12	749	I	56	M John Mayers	2:45:49
76	4/10	124	I	27	F Nichole Meier	2:46:01
77	3/12	748	I	56	M Bill Greineisen	2:46:11
78	4/14	345	I	36	F Kymberly Kiser	2:46:29
79	9/24	341	I	36	M Chad Craig	2:47:06
80	5/16	237	I	32	F Rachel Gillis	2:47:09
81	2/6	794	I	63	F Lesley Cens-Mcdowell	2:47:10
82	2/12	581	I	45	F Angela Rey	2:47:11
83	3/14	534	I	43	F Joan Campbell	2:47:25
84	12/16	507	I	42	M Kenneth Fish	2:47:45
85	8/10	179	I	29	M Henrique-Kik Nasciment	2:48:04
86	4/12	746	I	55	M Thomas Cummings	2:48:14
87	3/12	795	I	63	M Dane Decker	2:48:34
88	10/24	343	I	36	M Ryan Lopossa	2:48:37



89	12/22	600	I	46	M Douglas J. Leopold	2:48:42
90	6/16	211	I	30	F Terrish Billbrey	2:48:53
91	3/12	619	I	47	F Melinda Hayman	2:49:15
92	13/16	453	I	40	M Todd Meadows	2:49:36
93	13/22	634	I	48	M Rob Van Geen	2:49:38
94	5/14	358	I	36	F Jamisen Hirota	2:49:41
95	5/10	77	I	26	F Jessica Robinson	2:49:49
96	7/16	236	I	32	F Andrea Bess	2:50:38
97	2/11	688	I	51	F Bobbi Reif-Acheson	2:50:39
98	4/12	791	I	63	M Terence O'Toole	2:50:43
99	5/12	764	I	58	M Mike Hamilton	2:50:56
100	14/16	533	I	43	M Paul Streiter	2:51:03
101	9/10	99	I	26	M Sjaak De Vlaming	2:51:10
102	11/24	816	I	36	M Svar Hartman	2:51:14
103	2/2	27	I	16	M Ryan Ross	2:51:45
104	4/12	632	I	48	F Belinda Herd	2:52:55
105	4/14	549	I	44	F Wendy Deweese	2:53:28
106	5/14	506	I	42	F Ricci Racela	2:53:43
107	14/22	620	I	47	M James Beach	2:54:48
108	6/14	406	I	38	F Leah Launderback	2:55:10
109	6/14	497	I	41	F Susan Nixon	2:55:12
110	12/24	350	I	36	M Mark McFarland	2:55:18
111	13/24	435	I	39	M Jeffrey Strang	2:55:23
112	1/2	33	I	21	M Brian Yannutz	2:55:32
113	1/2	805	I	66	M Mac Amos	2:55:44
114	8/16	233	I	31	F Michael Montoya	2:55:49
115	6/10	57	I	25	F Erin Jones	2:56:14
116	6/9	670	I	50	M Layne Howard	2:56:43
117	9/16	243	I	32	F Sylvia Ravaglia	2:56:45
118	7/10	59	I	25	F Kelsie Graboyes	2:57:10
119	14/24	407	I	38	M Mark Ravaglia	2:57:17
120	15/22	652	I	49	M Christopher Bellah	2:57:23
121	5/12	800	I	64	M Chuck Miller	2:58:03
122	7/14	551	I	44	F Sandra Kimball	2:59:02
123	15/24	392	I	37	M Michael Majewski	2:59:12
124	6/12	752	I	56	M Rick Rubio	2:59:13
125	8/14	544	I	44	F Tammy Kelly	2:59:19
126	10/16	261	I	33	F Alicia Aragon	2:59:27
127	3/11	725	I	54	F Anne Perry	2:59:39
128	16/24	812	I	39	M David Casas	3:00:26
129	10/10	150	I	29	M Edward Stephenson	3:00:45
130	7/14	338	I	35	F Mieko Iwamoto	3:01:13
131	3/4	45	I	24	F Pamela Chia	3:01:26
132	17/24	445	I	39	M Cameron Pickar	3:01:43
133	16/22	640	I	48	M Clay Rumbaoa	3:02:01
134	4/11	686	I	51	F Lilian Kanai	3:02:03
135	5/12	601	I	46	F Jen Simpson	3:02:06
136	6/12	788	I	62	M Mark Johnson	3:02:43
137	18/24	393	I	37	M Jaime Ubongen	3:03:10
138	7/12	760	I	58	M Michael Kelly	3:03:20
139	11/16	290	I	33	F Kimberly Hata	3:03:51
140	3/6	798	I	64	F Wendy Minor	3:03:58
141	8/14	425	I	39	F Laura Anderson	3:04:05
142	9/14	332	I	35	F Charity Vezie	3:04:51
143	17/22	653	I	49	M Robert Patterson	3:05:24
144	19/24	325	I	35	M Bradley Parker	3:05:30
145	7/12	799	I	64	M Don Wilson	3:06:03
146	8/12	776	I	60	M Richard McDowell	3:06:06
147	9/14	550	I	44	F Cheryl Iseberg	3:07:26
148	12/16	264	I	33	F Laurel Neff	3:09:15
149	3/8	737	I	55	F Jarmila Vazac	3:11:04
150	5/11	715	I	53	F Krystyn Warkus	3:11:21
151	2/2	43	I	23	M Ben Campbell	3:11:33
152	9/12	781	I	61	M G. A. Rock	3:12:10
153	13/16	235	I	32	F Kristin Mayne	3:12:21
154	10/14	431	I	39	F Carrie Nicholson	3:12:38
155	14/16	212	I	30	F Kendra Tippet	3:13:38
156	10/14	505	I	42	F Monica Scheel	3:13:41
157	11/14	479	I	41	F Rene Ross	3:13:48
158	4/8	733	I	55	F Lee Collins	3:13:55
159	15/16	299	I	34	F Dainora Puida	3:14:07
160	5/8	744	I	55	F Candace Strong	3:14:58
161	4/6	793	I	63	F Ruth Lockett	3:15:17
162	8/10	129	I	28	F Laura Palijanskaite	3:15:27
163	20/24	423	I	38	M Colin Wain	3:15:28
164	11/14	448	I	39	F Francesca Bistarelli-G	3:15:55
165	6/11	707	I	52	F Millie Cooke	3:16:01
166	18/22	576	I	45	M G. Kapoula Thompson	3:16:08
167	12/14	527	I	43	F Annette Leopold	3:16:56
168	10/12	789	I	62	M Ted Spitaleri	3:17:09
169	9/10	149	I	29	F Jihane Rossy	3:17:28

170	21/24	368	I	37	M	Christopher Martin	3:19:14
171	6/12	572	I	45	F	Una Burns	3:20:24
172	10/13	182	I	30	M	Andrew Lyngar	3:22:15
173	7/11	718	I	53	F	Patricia Keaten	3:23:20
174	7/12	810	I	47	F	Michelle Regn	3:23:50
175	2/2	804	I	65	M	Dennis Burns	3:24:37
176	12/14	336	I	35	F	Jill Radke	3:25:06
177	13/14	456	I	40	F	Ana Bustos	3:25:14
178	8/12	770	I	58	M	Steven Schulz	3:25:31
179	8/12	628	I	47	F	Antoinette Reynolds	3:26:09
180	8/11	687	I	51	F	Vicki Pendergrass	3:26:38
181	16/16	262	I	33	F	Natsuko Hightower	3:27:16
182	6/8	773	I	59	F	Linda Kaiser	3:27:32
183	9/12	697	I	56	M	Michael O'Toole	3:27:55
184	22/24	361	I	37	M	Gaylord Gorgonio	3:28:09
185	23/24	422	I	38	M	David Horsman	3:28:38
186	9/12	651	I	49	F	Janette Du Monceaux	3:29:02
187	7/9	701	I	52	M	Jay Reed	3:30:54
188	11/12	779	I	61	M	Peter Bresciani	3:31:03
189	5/6	782	I	61	F	Jill MacMillan	3:31:11
190	10/12	566	I	45	F	Dene' Sturm	3:31:48
191	19/22	654	I	49	M	Tim Wiley	3:32:23
192	10/12	734	I	55	M	Matthew Giacalone	3:32:51
193	7/8	753	I	56	F	Stephanie Marshall	3:33:52
194	24/24	374	I	37	M	Brian Hightower	3:34:11
195	8/8	754	I	56	F	Carol Elwyn-Weaver	3:37:22
196	6/6	778	I	60	F	Dianne Donohue	3:40:35
197	10/10	146	I	28	F	Elizabeth Leinbach	3:44:31
198	11/13	205	I	30	M	Michael Brown	3:45:40
199	8/9	820	I	51	M	Chris Cornelius	3:46:19
200	11/12	627	I	47	F	Karen Wriighthouse	3:46:55
201	9/11	722	I	54	F	Trish Morris-Plise	3:47:43
202	11/12	747	I	56	M	Patrick Du Monceaux	3:47:57
203	12/12	775	I	60	M	James Davey	3:49:09
204	15/16	470	I	40	M	Chris Kutsch	3:49:37
205	20/22	649	I	48	M	Lloyd Leong	3:53:06
206	10/11	668	I	50	F	Beth Lanning	4:01:31
207	16/16	556	I	44	M	Raul Ramirez	4:05:51
208	12/13	286	I	33	M	Noah Salzman	4:07:54
209	4/4	42	I	23	F	Erin Johnson	4:07:59
210	9/9	702	I	52	M	Cliff Acheson	4:09:41
211	13/13	819	I	31	M	John Grandefeld	4:10:38
212	13/14	349	I	36	F	Lynnette Johnson	4:12:56
213	12/12	635	I	48	F	Liz Kelly	4:13:31
214	12/12	767	I	55	M	Robert Stuit	4:14:17
215	14/14	367	I	37	F	Tammy Wallace	4:14:51
216	21/22	655	I	49	M	Jessie Taylor	4:27:12
217	11/11	700	I	52	F	Cynthia Modeen	4:27:51
218	22/22	626	I	47	M	Michael McDonald	4:32:53
219	14/14	546	I	44	F	Karen Hollinger	4:55:00

2009 LAVAMAN TRIATHLON  
03/29/2009  
WAIKALOA, HI

COMPLETE OVERALL RESULTS -- 2009

TRAN	RUN				SWIM 100			TRAN		BIKE			
mph	NAME	plc	time	CITY	ST	AGE	S	plc	time	plc	time		
	time		pace	TIME									
1	6 Chris McCormack			Australia			34	M	2	18:53	1:11	0:57	7
55:41	26.7	0:28	1	33:49	5:28	1:49:45							
2	1 James Cotter			Kailua-Kona	HI		27	M	4	19:07	1:12	0:58	8
57:28	25.9	0:27	2	34:04	5:30	1:52:01							
3	5 Timothy Marr			Honolulu	HI		30	M	3	18:58	1:12	1:02	9
57:32	25.9	0:27	5	35:25	5:43	1:53:22							
4	3 John Flanagan			Honolulu	HI		34	M	1	17:51	1:07	1:25	11
58:36	25.4	0:32	8	36:50	5:57	1:55:12							
5	501 Luis De La Torre			Kailua Kona	HI		41	M	15	21:39	1:22	1:26	10
58:05	25.6	1:06	4	35:19	5:42	1:57:33							
6	10 Brent Poulsen			Orillia	ON		27	M	6	20:25	1:17	1:06	19
1:02:21	23.9	0:46	3	35:14	5:41	1:59:49							
7	428 Jens Beck			Anchorage	AK		39	M	9	21:25	1:21	1:13	16
1:01:54	24.0	0:38	6	36:28	5:53	2:01:37							
8	195 Tai Blechta			Honolulu	HI		30	M	25	23:19	1:28	1:09	13
59:53	24.8	0:34	9	37:23	6:02	2:02:16							
9	444 Michael Ingardia			San Jose	CA		39	M	7	20:36	1:18	1:09	18



50	822 Glenn Stephens	San Diego	CA	43	M	106	27:16	1:43	2:01	71
1:09:24	21.4 0:55 35	41:42 6:44 2:21:16								
51	821 Geoff Whitener	Kailua Kona	HI	16	M	19	22:49	1:26	2:34	113
1:13:05	20.4 1:20 34	41:41 6:44 2:21:26								
52	78 Patricia Havey	Honolulu	HI	26	F	31	23:40	1:29	1:37	108
1:12:34	20.5 1:05 42	42:37 6:53 2:21:31								
53	552 Colin Kuster	Honolulu	HI	44	M	201	30:18	1:54	1:25	39
1:05:38	22.7 0:58 51	43:17 6:59 2:21:34								
54	450 Todd Borke	Anchorage	AK	40	M	70	26:07	1:38	1:51	70
1:09:24	21.4 1:20 47	43:09 6:58 2:21:48								
55	614 Bill Whitman	Idyllwild	CA	46	M	133	28:10	1:46	1:40	59
1:08:01	21.9 0:52 52	43:22 7:00 2:22:03								
56	529 Bill Darrah	Kula	HI	43	M	75	26:18	1:39	1:28	34
1:05:16	22.8 0:43 118	48:23 7:49 2:22:06								
57	612 Jason Nixon	Kamuela	HI	46	M	24	23:18	1:28	1:56	95
1:11:26	20.8 1:03 72	44:55 7:15 2:22:36								
58	468 Jason Nadeau	Calgary	AB	40	M	245	31:07	1:57	1:30	51
1:06:53	22.2 1:11 40	42:14 6:49 2:22:53								
59	323 Luke Kiskaddon	Anchorage	AK	35	M	141	28:19	1:47	2:04	118
1:13:25	20.3 1:04 14	38:43 6:15 2:23:33								
60	709 Yarden Dankner	Keauhou	HI	52	F	64	25:45	1:37	1:44	94
1:11:24	20.8 0:56 58	43:49 7:04 2:23:37								
61	75 Jeffrey Manson	Richmond	BC	26	M	84	26:37	1:40	1:41	81
1:10:35	21.1 1:02 57	43:48 7:04 2:23:43								
62	434 Phil Burgess	Castle Rock	CO	39	M	162	28:52	1:49	2:01	84
1:10:38	21.1 0:51 37	41:56 6:46 2:24:16								
63	217 Dale Fediuk	Keauhou	HI	31	M	52	25:01	1:34	1:41	55
1:07:28	22.1 1:02 131	49:22 7:58 2:24:33								
64	451 Sandra Ferreira	Kaneohe	HI	40	F	174	29:16	1:50	1:32	63
1:08:26	21.7 0:54 67	44:32 7:11 2:24:39								
65	818 Jim Anderson	Anchorage	AK	42	M	151	28:35	1:48	1:41	74
1:09:46	21.3 0:50 59	43:50 7:05 2:24:39								
66	218 Amy Bennett	Kailua	HI	31	F	108	27:26	1:43	1:23	92
1:11:23	20.8 0:34 66	44:27 7:11 2:25:10								
67	88 Bryan Swanson	San Rafael	CA	26	M	112	27:38	1:44	1:37	44
1:06:07	22.5 0:31 148	50:16 8:07 2:26:07								
68	394 Russell Dawson	Honolulu	HI	37	M	157	28:41	1:48	1:26	80
1:10:14	21.2 0:59 79	45:23 7:20 2:26:41								
69	528 Kris Kiser	Kailua-Kona	HI	43	M	374	33:52	2:07	2:26	48
1:06:27	22.4 1:08 48	43:10 6:58 2:27:01								
70	447 David Burtzo	Huntington Beach	CA	39	M	129	28:00	1:45	1:59	72
1:09:37	21.4 1:15 92	46:33 7:31 2:27:22								
71	256 Scott Beck	Lahaina	HI	33	M	29	23:30	1:29	3:16	114
1:13:06	20.4 1:38 90	46:30 7:30 2:27:57								
72	712 Richard Pessah	Ottawa	ON	53	M	211	30:30	1:55	1:35	79
1:10:11	21.2 0:59 70	44:50 7:14 2:28:03								
73	710 Douglas Gordon	Kailua Kona	HI	52	M	178	29:24	1:51	2:24	67
1:08:39	21.7 1:00 95	46:44 7:33 2:28:09								
74	296 Rani Tanimoto	Kealakekua	HI	34	F	128	27:59	1:45	2:10	138
1:15:02	19.8 1:24 36	41:54 6:46 2:28:27								
75	564 Lyndsey Clapperton	Se Calgary	AB	44	F	80	26:23	1:39	1:50	101
1:11:54	20.7 1:02 108	47:42 7:42 2:28:49								
76	333 Chris Waugh	Half Moon Bay	CA	35	M	272	31:41	1:59	2:21	60
1:08:02	21.9 1:51 74	45:00 7:16 2:28:54								
77	571 Warren Hollinger	Kailua Kona	HI	45	M	57	25:13	1:35	2:01	133
1:14:31	20.0 1:07 86	46:18 7:28 2:29:08								
78	100 Sam Corace	Kailua Kona	HI	27	M	138	28:14	1:46	2:09	132
1:14:15	20.0 0:40 63	44:13 7:08 2:29:30								
79	745 Nicholas Kaiser	Honolulu	HI	55	M	164	28:54	1:49	3:03	85
1:10:39	21.1 1:50 77	45:17 7:19 2:29:42								
80	532 Tim Robinson	Kailua-Kona	HI	43	M	175	29:18	1:50	1:54	90
1:11:12	20.9 0:59 89	46:27 7:30 2:29:47								
81	694 Joseph Tuman	Oakland	CA	51	M	172	29:12	1:50	2:07	83
1:10:37	21.1 1:09 97	46:48 7:33 2:29:51								
82	430 Amy Cocanour	Aiea	HI	39	F	62	25:40	1:37	1:53	98
1:11:47	20.7 1:04 135	49:29 7:59 2:29:51								
83	60 Cory McCord	Kailua Kona	HI	25	M	259	31:27	1:58	1:59	69
1:09:01	21.6 0:38 102	47:06 7:36 2:30:09								
84	597 Amy Regan	Los Alamos	NM	46	F	165	28:59	1:49	2:11	125
1:13:56	20.1 1:15 60	43:56 7:06 2:30:14								
85	133 Scott Hanchar	Ventura	CA	28	M	22	23:06	1:27	2:35	116
1:13:16	20.3 1:01 152	50:23 8:08 2:30:20								
86	202 Dave Douglas	Huntington Beach	CA	30	M	54	25:04	1:34	2:05	111
1:12:57	20.4 1:10 128	49:12 7:57 2:30:26								
87	251 Mark Pfeiffer	Grayslake	IL	32	M	51	24:59	1:34	1:21	106
1:12:14	20.6 0:53 168	51:15 8:16 2:30:40								
88	476 Karen Brisson	Honokaa	HI	41	F	33	23:44	1:29	1:47	199
1:19:00	18.8 1:19 76	45:08 7:17 2:30:55								
89	580 Ray Makela	Redmond	WA	45	M	79	26:22	1:39	2:16	97
1:11:40	20.8 1:24 129	49:14 7:57 2:30:55								
90	80 Aaron Mitchell	Kailua Kona	HI	26	M	49	24:57	1:34	1:27	87



131	148	Kimberly Pierce	Hilo	HI	29	F	68	25:59	1:38	3:05	285
1:23:17	17.9	1:18 96	46:46	7:33	2:40:22						
132	592	Robb Johnstone	Calgary	AB	46	M	179	29:24	1:51	2:45	177
1:17:54	19.1	2:01 117	48:22	7:49	2:40:24						
133	817	Carlo Pani	San Diego	CA	33	M	167	29:03	1:49	2:39	157
1:16:31	19.4	1:14 167	51:13	8:16	2:40:38						
134	629	Janet Mamikunian	Anchorage	AK	48	F	153	28:36	1:48	2:07	198
1:18:59	18.8	1:25 138	49:38	8:01	2:40:42						
135	215	David Summerville	Anchorage	AK	31	M	18	22:44	1:26	2:18	129
1:14:01	20.1	1:15 378	1:01:11	9:52	2:41:26						
136	403	Jonathan Bero	Portland	OR	38	M	142	28:20	1:47	2:16	86
1:10:43	21.0	1:03 343	59:08	9:33	2:41:28						
137	739	Laurie Beers	Kailua Kona	HI	55	F	186	29:38	1:52	2:20	178
1:18:01	19.1	1:23 145	50:11	8:06	2:41:32						
138	48	Jonathan Guinee	Emeryville	CA	24	M	218	30:44	1:56	2:02	134
1:14:40	19.9	1:06 225	53:46	8:41	2:42:16						
139	395	Wilfredo Duran	Kailua-Kona	HI	37	M	408	34:35	2:10	2:21	251
1:21:46	18.2	1:37 41	42:18	6:50	2:42:35						
140	786	Kaeti Ecker	Keauhou, Hawaii	HI	62	F	85	26:41	1:41	2:46	192
1:18:49	18.9	1:37 202	52:47	8:31	2:42:38						
141	548	John Simmerman	Kamuela	HI	44	M	493	36:48	2:18	2:35	120
1:13:28	20.3	1:38 119	48:29	7:50	2:42:55						
142	185	Nicolas Hernandez	Aliso Viejo	CA	30	M	276	31:46	2:00	2:16	117
1:13:25	20.3	1:54 220	53:39	8:40	2:42:58						
143	289	Liam Cooney	San Francisco	CA	33	M	116	27:41	1:44	2:24	196
1:18:55	18.9	1:28 193	52:32	8:29	2:42:59						
144	615	Rick Gammie	Campbell River	BC	47	M	405	34:32	2:10	2:40	194
1:18:50	18.9	1:01 85	46:17	7:28	2:43:16						
145	288	Matt Loper	Kailua Kona	HI	33	M	131	28:08	1:46	2:55	153
1:16:04	19.6	1:04 261	55:08	8:54	2:43:17						
146	402	Mathew Chaney	Culver City	CA	38	M	161	28:51	1:49	2:45	93
1:11:24	20.8	2:30 327	58:08	9:23	2:43:36						
147	757	Thomas Cogbill	Cable	WI	57	M	324	32:48	2:03	3:00	213
1:20:03	18.6	1:57 84	45:52	7:24	2:43:39						
148	58	Ryan Nuckols	Holualoa	HI	25	M	223	30:47	1:56	2:04	161
1:16:47	19.4	1:23 197	52:39	8:30	2:43:39						
149	504	Catrena Sullivan	Kirkland	WA	42	F	144	28:22	1:47	2:13	128
1:13:59	20.1	1:14 326	58:05	9:23	2:43:51						
150	545	Michael Pickett	Redwood City	CA	44	M	35	23:49	1:30	3:46	233
1:20:50	18.4	2:35 205	52:54	8:32	2:43:51						
151	471	Anthony Kotas	Columbus	GA	40	M	392	34:17	2:09	2:27	145
1:15:29	19.7	1:27 149	50:17	8:07	2:43:54						
152	647	Derek Monell	Cpt Cook	HI	48	M	17	22:40	1:25	2:35	323
1:25:00	17.5	1:25 191	52:31	8:29	2:44:09						
153	418	Steve Shulman	San Diego	CA	38	M	192	30:03	1:53	2:35	201
1:19:04	18.8	1:20 165	51:09	8:15	2:44:09						
154	287	Anita Leao	Kailua-Kona	HI	33	F	78	26:22	1:39	2:47	347
1:26:26	17.2	0:49 109	47:48	7:43	2:44:10						
155	755	Hans Petermann	Encinitas	CA	56	M	322	32:46	2:03	2:15	167
1:17:20	19.2	1:13 173	51:25	8:18	2:44:57						
156	265	James Hallick	Verona	WI	33	M	89	26:46	1:41	2:24	149
1:15:43	19.7	1:54 331	58:17	9:24	2:45:02						
157	787	Jerry Ewing	Captain Cook	HI	62	M	193	30:08	1:53	4:16	217
1:20:11	18.6	1:11 137	49:36	8:00	2:45:19						
158	274	Michael Kelley, Jr.	Chula Vista	CA	33	M	58	25:13	1:35	2:01	173
1:17:37	19.2	1:22 346	59:11	9:33	2:45:22						
159	32	Ali Herd	Kailua-Kona	HI	20	F	46	24:46	1:33	1:59	368
1:27:49	16.9	0:52 142	49:59	8:04	2:45:23						
160	113	Brian Friske	Kirkland	WA	27	M	297	32:09	2:01	2:26	166
1:17:13	19.3	1:05 196	52:38	8:30	2:45:29						
161	260	Sky Sager	Keaau	HI	33	M	351	33:20	2:05	4:36	238
1:21:18	18.3	2:00 64	44:21	7:10	2:45:33						
162	153	Evann Strathern	Seattle	WA	29	M	292	31:56	2:00	3:39	237
1:21:14	18.3	1:05 110	47:52	7:44	2:45:44						
163	749	John Mayers	Waimanalo	HI	56	M	338	33:00	2:04	2:27	243
1:21:34	18.2	1:20 106	47:29	7:40	2:45:49						
164	327	M. Gavin McMillan	El Segundo	CA	35	M					
2:45:51											
165	124	Nichole Meier	Waikoloa	HI	27	F	255	31:16	1:58	2:38	232
1:20:47	18.4	1:16 144	50:06	8:05	2:46:01						
166	522	Alesia Thon	Anchorage	AK	43	F	271	31:40	1:59	1:45	163
1:17:11	19.3	0:51 246	54:44	8:50	2:46:10						
167	748	Bill Greineisen	Volcano	HI	56	M	188	29:41	1:52	2:56	124
1:13:42	20.2	1:15 336	58:39	9:28	2:46:11						
168	482	Leann Crosby	Clyde Hill	WA	41	F	397	34:20	2:09	2:15	115
1:13:07	20.4	1:48 248	54:51	8:51	2:46:18						
169	345	Kymberly Kiser	Kailua Kona	HI	36	F	134	28:11	1:46	3:38	159
1:16:37	19.4	1:54 285	56:12	9:04	2:46:29						
170	229	Chris Bauman	Sunnyvale	CA	31	M	217	30:42	1:56	2:01	226
1:20:27	18.5	0:50 194	52:34	8:29	2:46:33						
171	277	Jennifer Reinhard	Del Mar	CA	33	F	94	26:55	1:41	2:25	295



212	761	Lynn Martin		Lacrosse	WI	58	M	544	38:18	2:24	5:12	154
1:16:05	19.6	1:54	115	48:16	7:48	2:49:43						
213	77	Jessica Robinson		Waikoloa	HI	26	F	279	31:48	2:00	2:12	165
1:17:13	19.3	1:22	309	57:18	9:15	2:49:49						
214	267	Tamy Erle		San Diego	CA	33	F	244	31:07	1:57	2:18	248
1:21:42	18.2	1:08	229	53:55	8:42	2:50:07						
215	275	Anna Michel		San Francisco	CA	33	F	67	25:53	1:38	3:09	407
1:30:06	16.5	1:36	132	49:26	7:59	2:50:08						
216	542	Christopher Wilno		Marina Del Rey	CA	43	M	497	36:57	2:19	3:50	187
1:18:35	18.9	1:43	127	49:07	7:56	2:50:10						
217	898	Henry Westbrook		Roseburg	OR	23	M	253	31:14	1:58	5:09	227
1:20:28	18.5	1:14	184	52:10	8:25	2:50:12						
218	164	Darren Brownell		Seattle	WA	29	M	98	27:03	1:42	3:09	242
1:21:32	18.3	1:20	316	57:35	9:18	2:50:37						
219	236	Andrea Bess		Kamuela	HI	32	F	173	29:13	1:50	2:03	302
1:24:12	17.7	1:06	237	54:07	8:44	2:50:38						
220	688	Bobbi Reif-Acheson		Kailua Kona	HI	51	F	42	24:35	1:33	2:45	297
1:23:45	17.8	0:59	335	58:38	9:28	2:50:39						
221	400	Tim Larocca		Redondo Beach	CA	38	M	399	34:23	2:09	2:59	205
1:19:17	18.8	1:31	192	52:32	8:29	2:50:40						
222	791	Terence O'Toole		Honolulu	HI	63	M	251	31:13	1:57	2:39	249
1:21:43	18.2	1:57	214	53:13	8:35	2:50:43						
223	34	Teal Westbrook		Roseburg	OR	22	F	155	28:38	1:48	4:01	256
1:21:55	18.2	0:31	277	55:48	9:00	2:50:50						
224	764	Mike Hamilton		Kailua-Kona	HI	58	M	372	33:50	2:07	3:36	126
1:13:56	20.1	2:06	315	57:29	9:17	2:50:56						
225	533	Paul Streiter		Kailua Kona	HI	43	M	169	29:06	1:50	2:15	289
1:23:31	17.8	1:07	259	55:06	8:54	2:51:03						
226	99	Sjaak De Vlaming		Honolulu	HI	26	M	257	31:19	1:58	3:07	391
1:29:07	16.7	1:02	94	46:37	7:32	2:51:10						
227	816	Svar Hartman		Lahaina	HI	36	M	281	31:48	2:00	3:59	286
1:23:26	17.8	1:52	147	50:11	8:06	2:51:14						
228	790	Kazutoshi Moriya		Hachioji,tokyo		62	M	239	31:03	1:57	2:43	372
1:27:59	16.9	1:27	113	48:07	7:46	2:51:18						
229	29	Myles Walters		Courtenay	BC	18	M	258	31:23	1:58	2:03	179
1:18:02	19.1	1:13	337	58:41	9:28	2:51:20						
230	155	Sandra Cunha		La Jolla	CA	29	F	262	31:29	1:58	1:51	262
1:22:18	18.1	0:50	254	55:01	8:53	2:51:26						
231	380	Jonathan Birnie		San Francisco	CA	37	M	111	27:34	1:44	4:44	267
1:22:25	18.1	2:45	239	54:12	8:45	2:51:39						
232	31	Taylor Seavey		Seward	AK	18	M	27	23:23	1:28	1:02	68
1:08:54	21.6	0:34	604	1:17:50	12:34	2:51:41						
233	242	Nicole Gordillo		Venice	CA	32	F	242	31:06	1:57	2:50	312
1:24:37	17.6	1:14	180	52:01	8:24	2:51:45						
234	27	Ryan Ross		Waikoloa	HI	16	M	8	21:11	1:20	2:03	417
1:30:41	16.4	0:46	306	57:06	9:13	2:51:45						
235	268	Gabriel Erle		San Diego	CA	33	M	522	37:43	2:22	2:04	207
1:19:25	18.7	1:21	170	51:21	8:17	2:51:52						
236	716	Jim Greenough		Edmonton	AB	53	M	410	34:39	2:10	4:35	185
1:18:28	19.0	2:24	181	52:01	8:24	2:52:05						
237	176	Amanda Whitworth		Seattle	WA	29	F	302	32:15	2:01	2:57	333
1:25:36	17.4	1:18	143	50:04	8:05	2:52:07						
238	175	Mark Warble		San Diego	CA	29	M	312	32:26	2:02	3:20	322
1:24:57	17.5	1:45	140	49:45	8:02	2:52:11						
239	602	Jeffrey Lex		Miami	FL	46	M	132	28:09	1:46	3:42	252
1:21:47	18.2	3:39	262	55:11	8:54	2:52:26						
240	511	Suzanna Smith-Horn		Strafford	VT	42	F	535	38:05	2:23	2:08	260
1:22:11	18.1	1:20	125	48:51	7:53	2:52:33						
241	750	Douglas Lee		Eugene	OR	55	M	333	32:56	2:04	2:58	204
1:19:14	18.8	1:54	274	55:40	8:59	2:52:40						
242	717	Brian Laufer		Anchorage	AK	53	M	214	30:37	1:55	3:04	265
1:22:24	18.1	1:35	263	55:13	8:55	2:52:51						
243	632	Belinda Herd		Kailua-Kona	HI	48	F	386	34:10	2:09	2:50	221
1:20:21	18.5	1:26	238	54:10	8:45	2:52:55						
244	815	Lawrence Miller		Venice	CA	41	M	303	32:15	2:01	2:04	329
1:25:21	17.4	1:04	187	52:19	8:27	2:53:00						
245	152	Michael Crook		Los Angeles	CA	29	F	350	33:20	2:05	2:13	266
1:22:24	18.1	1:37	221	53:39	8:40	2:53:11						
246	549	Wendy Deweese		Kailua-Kona	HI	44	F	289	31:52	2:00	2:45	193
1:18:49	18.9	2:36	313	57:27	9:16	2:53:28						
247	249	Antonio Dimaano Jr.		Sunnyvale	CA	32	M	256	31:18	1:58	3:21	281
1:22:59	17.9	1:32	240	54:21	8:46	2:53:29						
248	506	Ricci Racela		Kamuela	HI	42	F	190	29:54	1:53	2:06	303
1:24:13	17.7	0:57	297	56:35	9:08	2:53:43						
249	630	Lori Christensen		Venice	CA	48	F	224	30:49	1:56	2:51	288
1:23:31	17.8	1:54	258	55:05	8:54	2:54:08						
250	322	J. Scott Reaves		Conroe	TX	35	M	203	30:24	1:54	2:26	208
1:19:26	18.7	1:24	375	1:01:01	9:51	2:54:39						
251	620	James Beach		Kailua-Kona	HI	47	M	124	27:54	1:45	2:55	327
1:25:14	17.5	1:46	303	57:00	9:12	2:54:48						
252	565	Ruth Sandstrom		Anchorage	AK	45	F	328	32:53	2:04	2:57	247





293	544	Tammy Kelly			Waikoloa	HI	44	F	590	39:44	2:29	2:50	183
1:18:18	19.0	1:04	311	57:25	9:16 2:59:19								
294	521	Jill McLeod			Anchorage	AK	43	F	335	32:58	2:04	3:15	299
1:23:53	17.7	1:23	324	57:59	9:22 2:59:27								
295	261	Alicia Aragon			Kailua	HI	33	F	309	32:25	2:02	2:27	343
1:26:19	17.2	1:09	308	57:09	9:13 2:59:27								
296	213	Chad Russell			Tulsa	OK	31	M	342	33:06	2:05	2:13	293
1:23:39	17.8	2:20	330	58:15	9:24 2:59:31								
297	278	Dylan Rivas			San Francisco	CA	33	M	454	35:40	2:14	4:30	371
1:27:59	16.9	1:12	150	50:17	8:07 2:59:36								
298	725	Anne Perry			Honolulu	HI	54	F	137	28:13	1:46	3:04	336
1:25:49	17.3	1:31	376	1:01:03	9:51 2:59:39								
299	714	Hal Westbrook			Roseburg	OR	53	M	484	36:28	2:17	3:37	239
1:21:23	18.3	3:28	253	54:57	8:52 2:59:52								
300	295	Eric Perkins			Mountain View	CA	34	M	194	30:08	1:53	2:48	222
1:20:24	18.5	1:14	449	1:05:31	10:35 3:00:04								
301	324	Ashley Mozart			Menlo Park	CA	35	F	336	33:00	2:04	3:43	388
1:28:52	16.7	1:38	207	52:58	8:33 3:00:08								
302	897	Christopher Babiarz			Madison	WI	46	M	213	30:36	1:55	5:55	236
1:21:12	18.3	4:42	320	57:48	9:20 3:00:11								
303	812	David Casas			Kailua-Kona	HI	39	M	243	31:06	1:57	2:22	131
1:14:06	20.1	2:39	511	1:10:14	11:20 3:00:26								
304	166	Barney Hartman-Glaser			Berkeley	CA	29	M	274	31:45	2:00	3:21	362
1:27:35	17.0	1:48	280	56:04	9:03 3:00:30								
305	498	Lisa Hopkins			Victoria	BC	41	F	396	34:19	2:09	2:52	354
1:26:46	17.1	1:36	260	55:07	8:54 3:00:37								
306	461	Doug Osborn			Oceanside	CA	40	M	170	29:08	1:50	3:16	245
1:21:38	18.2	1:25	443	1:05:16	10:32 3:00:40								
307	150	Edward Stephenson			Kailua-Kona	HI	29	M	270	31:39	1:59	4:24	214
1:20:05	18.6	1:12	412	1:03:27	10:14 3:00:45								
308	338	Mieko Iwamoto			Aiea	HI	35	F	370	33:48	2:07	2:45	305
1:24:22	17.6	1:22	341	58:57	9:31 3:01:13								
309	45	Pamela Chia			Kailua-Kona	HI	24	F	197	30:13	1:54	2:24	369
1:27:55	16.9	1:03	358	59:53	9:40 3:01:26								
310	585	Robbie Klinefelter			San Diego	CA	45	M	72	26:12	1:39	3:20	353
1:26:42	17.2	1:43	414	1:03:34	10:16 3:01:29								
311	293	Kate Morey			San Francisco	CA	34	F	499	37:00	2:19	3:22	254
1:21:47	18.2	1:37	321	57:48	9:20 3:01:34								
312	427	Joel Berman			Seattle	WA	39	M	487	36:32	2:17	3:49	246
1:21:38	18.2		756	2:22:13	22:57 3:01:40								
313	814	Adam Montano			Santa Ana	CA	34	M	104	27:13	1:43	2:24	308
1:24:30	17.6	1:35	455	1:06:02	10:39 3:01:41								
314	445	Cameron Pickar			Lahaina	HI	39	M	501	37:01	2:19	4:05	384
1:28:48	16.8	2:07	139	49:44	8:02 3:01:43								
315	116	Jonathan Shottan			San Francisco	CA	27	M	352	33:22	2:06	2:52	416
1:30:41	16.4	1:18	226	53:46	8:41 3:01:56								
316	640	Clay Rumbaoa			Honolulu	HI	48	M	480	36:24	2:17	2:26	326
1:25:10	17.5	1:49	287	56:13	9:04 3:02:01								
317	686	Lilian Kanai			Honolulu	HI	51	F	355	33:25	2:06	2:37	320
1:24:54	17.5	1:58	345	59:10	9:33 3:02:03								
318	601	Jen Simpson			Keauhou	HI	46	F	441	35:23	2:13	2:58	284
1:23:17	17.9	1:37	340	58:54	9:30 3:02:06								
319	802	William Moon			Chico	CA	65	M	383	34:06	2:08	5:06	172
1:17:35	19.2	2:44	398	1:02:52	10:09 3:02:22								
320	690	Eiko Moriya			Hachioji-Shi, to		51	F	375	33:56	2:08	5:16	411
1:30:25	16.5	1:51	164	51:09	8:15 3:02:36								
321	70	Ryan Thorne			San Diego	CA	25	M	296	32:09	2:01	3:41	340
1:26:04	17.3	1:36	348	59:14	9:34 3:02:42								
322	788	Mark Johnson			Kailua Kona	HI	62	M	373	33:50	2:07	3:28	376
1:28:13	16.9	2:22	250	54:52	8:51 3:02:43								
323	393	Jaime Ubongen			Honolulu	HI	37	M	286	31:50	2:00	2:46	240
1:21:28	18.3	1:45	445	1:05:22	10:33 3:03:10								
324	711	Eric Roseme			Loomis	CA	53	M	393	34:18	2:09	3:58	364
1:27:36	17.0	2:22	255	55:02	8:53 3:03:14								
325	660	Jay Poe			Coronado	CA	49	M	576	39:22	2:28	2:29	296
1:23:43	17.8	1:26	290	56:17	9:05 3:03:15								
326	492	Andrew Hancock			Seattle	WA	41	M	409	34:35	2:10	3:12	259
1:22:01	18.1	2:09	383	1:01:24	9:55 3:03:18								
327	46	Sara Behmerwohld			Laguna Niguel	CA	24	F	507	37:08	2:20	2:13	341
1:26:06	17.3	1:19	296	56:35	9:08 3:03:19								
328	760	Michael Kelly			Waikoloa	HI	58	M	518	37:28	2:21	3:37	275
1:22:46	18.0	2:41	301	56:50	9:10 3:03:20								
329	106	Brian Sheskey			Columbus	OH	27	M	267	31:38	1:59	3:39	389
1:29:05	16.7	0:36	338	58:41	9:28 3:03:37								
330	412	Betina Schonberger			San Francisco	CA	38	F	326	32:49	2:04	4:05	452
1:33:57	15.8	2:39	146	50:11	8:06 3:03:38								
331	553	Wesley Hall			Reno	NV	44	M	496	36:51	2:19	3:44	377
1:28:15	16.9	0:52	236	54:05	8:44 3:03:45								
332	290	Kimberly Hata			Kailua Kona	HI	33	F	295	32:09	2:01	2:59	426
1:31:05	16.3	0:48	302	56:52	9:11 3:03:51								
333	798	Wendy Minor			Kamuela	HI	64	F	228	30:54	1:56	2:29	315



374	715	Krystyn Warkus	Waikoloa	HI	53	F	290	31:55	2:00	4:00	386
1:28:49	16.8	3:02 415	1:03:36	10:16	3:11:21						
375	43	Ben Campbell	Kailua-Kona	HI	23	M	250	31:12	1:57	3:46	438
1:32:30	16.1	0:27 417	1:03:40	10:17	3:11:33						
376	89	Cara Vonhofen	San Francisco	CA	26	F	248	31:10	1:57	4:33	440
1:32:45	16.0	5:11 323	57:59	9:22	3:11:36						
377	266	Jenny Baum	Santa Monica	CA	33	F	617	41:38	2:37	2:17	292
1:23:38	17.8	0:48 407	1:03:20	10:13	3:11:39						
378	650	Dan Rogers	Anchorage	AK	49	M	473	36:06	2:16	2:49	263
1:22:19	18.1	2:12 489	1:08:14	11:01	3:11:39						
379	95	Megan Myers	Seattle	WA	26	F	237	31:01	1:57	3:03	513
1:37:33	15.3	1:39 333	58:27	9:26	3:11:42						
380	190	Chris Gongaware	Columbus	OH	30	M	294	32:05	2:01	4:10	500
1:36:59	15.3	1:30 305	57:04	9:13	3:11:46						
381	184	Jeremiah Madden	Albany	NY	30	M	523	37:45	2:22	3:54	437
1:32:23	16.1	1:46 281	56:04	9:03	3:11:51						
382	465	Kathryn Montalvo	Sunnyvale	CA	40	F	464	35:51	2:15	3:11	338
1:25:51	17.3	1:00 456	1:06:02	10:40	3:11:53						
383	404	David Thorsrud	San Francisco	CA	38	M	623	41:44	2:37	4:44	357
1:27:02	17.1	3:13 268	55:20	8:56	3:12:01						
384	94	Alfonso Lopez	Seattle	WA	26	M	509	37:16	2:20	2:41	316
1:24:47	17.6	1:27 452	1:05:53	10:38	3:12:01						
385	706	Javier Islas	Chula Vista	CA	52	M	577	39:22	2:28	6:25	223
1:20:24	18.5	5:12 368	1:00:45	9:48	3:12:06						
386	143	Karen Poetzel	Mountain View	CA	28	F	458	35:45	2:15	3:14	435
1:32:19	16.1	1:50 342	59:01	9:31	3:12:06						
387	781	G. A. Rock	Hilo	HI	61	M	444	35:26	2:13	4:06	337
1:25:51	17.3	2:01 436	1:04:47	10:27	3:12:10						
388	555	Darin Andersen	Coronado	CA	44	M	560	38:54	2:26	2:39	271
1:22:41	18.0	1:59 457	1:06:03	10:40	3:12:14						
389	235	Kristin Mayne	Honolulu	HI	32	F	494	36:50	2:19	3:23	402
1:29:45	16.6	1:58 366	1:00:27	9:45	3:12:21						
390	301	Todd Wilkinson	Avon	IN	34	M	96	26:57	1:41	2:36	346
1:26:24	17.2	2:02 562	1:14:26	12:01	3:12:23						
391	431	Carrie Nicholson	Kailua-Kona	HI	39	F	205	30:26	1:55	2:39	509
1:37:18	15.3	1:47 367	1:00:30	9:46	3:12:38						
392	119	Lisa Hotran	San Jose	CA	27	F	240	31:04	1:57	3:10	482
1:35:57	15.5	1:09 384	1:01:24	9:55	3:12:42						
393	83	Megan O'Connor	Columbus	OH	26	F	364	33:44	2:07	3:18	459
1:34:44	15.7	1:26 357	59:53	9:40	3:13:04						
394	188	Dave Frame	Pasadena	CA	30	M	545	38:19	2:24	3:42	367
1:27:43	17.0	2:03 386	1:01:28	9:55	3:13:12						
395	250	Sarah Kim	Woodinville	WA	32	F	528	37:53	2:23	2:21	355
1:26:46	17.1	1:01 441	1:05:14	10:32	3:13:13						
396	662	Eileen Rowe	Fullerton	CA	49	F	181	29:27	1:51	3:42	521
1:38:05	15.2	1:57 361	1:00:07	9:42	3:13:16						
397	212	Kendra Tippet	Aiea	HI	30	F	579	39:27	2:28	3:12	424
1:31:02	16.3	2:40 310	57:19	9:15	3:13:38						
398	505	Monica Scheel	Kailua Kona	HI	42	F	430	35:01	2:12	3:03	420
1:30:56	16.4	1:45 401	1:02:58	10:10	3:13:41						
399	479	Rene Ross	Waikoloa	HI	41	F	180	29:26	1:51	3:39	519
1:37:59	15.2	1:06 389	1:01:40	9:57	3:13:48						
400	733	Lee Collins	Hilo	HI	55	F	140	28:16	1:46	2:35	446
1:33:31	15.9	1:42 482	1:07:53	10:57	3:13:55						
401	763	Ellen Jackson	Santa Cruz	CA	58	F	547	38:20	2:24	3:20	352
1:26:42	17.2	2:18 408	1:03:23	10:14	3:14:02						
402	299	Dainora Puida	Honolulu	HI	34	F	626	41:56	2:38	2:06	375
1:28:07	16.9	1:01 372	1:01:00	9:51	3:14:07						
403	126	Katie Hards	Santa Monica	CA	27	F	184	29:33	1:51	2:58	550
1:40:02	14.9	1:48 359	59:56	9:40	3:14:16						
404	579	Kenneth McNally	Anchorage	AK	45	M	608	41:11	2:35	4:12	195
1:18:55	18.9	2:09 485	1:08:04	10:59	3:14:29						
405	523	Roger Bohnhoff	Littleton	CO	43	M	516	37:25	2:21	6:38	334
1:25:48	17.3	3:20 388	1:01:34	9:56	3:14:43						
406	103	Brian Domingo	San Francisco	CA	27	M	438	35:18	2:13	3:22	436
1:32:21	16.1	2:37 380	1:01:13	9:53	3:14:49						
407	744	Candace Strong	Honolulu	HI	55	F	313	32:26	2:02	2:38	339
1:26:00	17.3	1:59 532	1:11:57	11:37	3:14:58						
408	554	Pamela Netuschil	Reno	NV	44	F	275	31:46	2:00	3:28	466
1:34:53	15.7	1:19 420	1:03:42	10:17	3:15:06						
409	142	Lisa Narkiewicz	Seattle	WA	28	F	348	33:20	2:05	2:55	403
1:29:51	16.6	1:28 480	1:07:37	10:55	3:15:10						
410	196	Susan Kaldis	Santa Monica	CA	30	F	429	35:01	2:12	3:12	511
1:37:25	15.3	1:26 328	58:11	9:23	3:15:13						
411	793	Ruth Lockett	Kaneohe	HI	63	F	434	35:10	2:12	2:39	378
1:28:16	16.9	1:39 479	1:07:36	10:55	3:15:17						
412	135	Cesar Mendoza	Inglewood	CA	28	M	482	36:25	2:17	3:16	381
1:28:29	16.8	2:20 438	1:04:51	10:28	3:15:19						
413	129	Laura Palijanskaite	Honolulu	HI	28	F	650	42:57	2:42	2:32	450
1:33:44	15.9	1:25 249	54:51	8:51	3:15:27						
414	423	Colin Wain	Lahaina	HI	38	M	498	36:58	2:19	8:19	382



455	390	John Hluboky		Pacifica	CA	37	M	503	37:04	2:19	4:29	345
1:26:24	17.2	2:39	546	1:12:52	11:45	3:23:25						
456	270	Kerry Stevenson		Santa Monica	CA	33	F	562	38:55	2:26	5:03	455
1:34:29	15.7	2:52	395	1:02:12	10:02	3:23:28						
457	71	Dan Ross		Hillsborough	CA	25	M	401	34:25	2:10	5:42	447
1:33:33	15.9	1:30	493	1:08:24	11:02	3:23:30						
458	810	Michelle Regn		Mililani	HI	47	F	553	38:30	2:25	2:57	393
1:29:09	16.7	1:43	529	1:11:34	11:33	3:23:50						
459	741	Will Lohneiss		Escondido	CA	55	M	191	29:56	1:53	3:06	430
1:31:36	16.2	1:58	601	1:17:21	12:29	3:23:55						
460	474	Shawn Church		San Marcos	CA	41	M	359	33:32	2:06	3:54	409
1:30:10	16.5	1:50	565	1:14:37	12:03	3:24:01						
461	603	Marla Biagi		Fullerton	CA	46	F	619	41:42	2:37	3:37	464
1:34:51	15.7	2:54	381	1:01:14	9:53	3:24:15						
462	804	Dennis Burns		Kailua	HI	65	M	541	38:16	2:24	4:57	456
1:34:33	15.7	2:32	428	1:04:21	10:23	3:24:37						
463	201	Nick Aragon		Dublin	CA	30	M	93	26:55	1:41	3:35	458
1:34:42	15.7	1:42	606	1:17:56	12:35	3:24:47						
464	348	Lauren Burgess		Castle Rock	CO	36	F	531	38:02	2:23	4:45	423
1:31:02	16.3	2:54	486	1:08:08	11:00	3:24:49						
465	41	Shannon Robinson		Sunnyvale	CA	23	F	539	38:13	2:24	2:22	517
1:37:52	15.2	1:36	437	1:04:49	10:28	3:24:51						
466	346	Eriko Sakata		Tokyo		36	F	331	32:55	2:04	4:57	558
1:40:37	14.8	2:50	418	1:03:41	10:17	3:24:58						
467	336	Jill Radke		Kaneohe	HI	35	F	532	38:03	2:23	3:38	428
1:31:30	16.3	2:27	507	1:09:30	11:13	3:25:06						
468	456	Ana Bustos		Kailua	HI	40	F	570	39:05	2:27	4:07	479
1:35:39	15.6	1:00	446	1:05:24	10:33	3:25:14						
469	109	Shawn Monaghan		Marina Del Rey	CA	27	M	625	41:56	2:38	4:23	565
1:41:26	14.7	2:15	264	55:16	8:55	3:25:14						
470	685	Lynn Ramirez		Aptos	CA	51	F	436	35:12	2:12	3:56	504
1:37:10	15.3	2:54	459	1:06:12	10:41	3:25:22						
471	770	Steven Schulz		Lahaina	HI	58	M	490	36:40	2:18	4:36	413
1:30:28	16.4	3:08	518	1:10:43	11:25	3:25:31						
472	62	Joseph Erie		San Diego	CA	25	M	513	37:21	2:21	4:25	525
1:38:19	15.1	1:42	424	1:04:07	10:21	3:25:51						
473	154	Sean Cerelli		Del Mar	CA	29	M	332	32:56	2:04	2:51	496
1:36:49	15.4	2:19	522	1:11:06	11:29	3:25:59						
474	628	Antoinette Reynolds		Kailua Kona	HI	47	F	427	34:59	2:12	4:44	472
1:35:07	15.6	2:25	498	1:08:55	11:07	3:26:09						
475	510	Joyce Igasaki		Santa Margarita	CA	42	F	318	32:37	2:03	5:02	505
1:37:11	15.3	3:50	478	1:07:31	10:54	3:26:10						
476	588	Casimir Rice		Bothell	WA	45	M	366	33:47	2:07	4:58	460
1:34:48	15.7	2:44	509	1:09:57	11:17	3:26:12						
477	732	Mary O'Brien		Sammamish	WA	55	F	349	33:20	2:05	4:03	530
1:38:37	15.1	2:22	490	1:08:15	11:01	3:26:35						
478	559	Kristina Liggett		San Jose	CA	44	F	451	35:34	2:14	2:42	414
1:30:31	16.4	1:55	584	1:15:57	12:15	3:26:37						
479	687	Vicki Pendergrass		Kailua Kona	HI	51	F	510	37:16	2:20	4:33	429
1:31:35	16.2	4:02	504	1:09:13	11:10	3:26:38						
480	808	Ed Hall		San Marcos	CA	69	M	603	41:01	2:34	4:57	317
1:24:47	17.6	3:35	540	1:12:24	11:41	3:26:41						
481	803	Thomas Callinan		San Francisco	CA	65	M	414	34:44	2:11	4:57	431
1:31:57	16.2	2:40	541	1:12:25	11:41	3:26:41						
482	705	Jeani Becker		Vista	CA	52	F	514	37:22	2:21	2:28	492
1:36:40	15.4	1:15	502	1:09:07	11:09	3:26:49						
483	245	Meghan Harrigan		Marina Del Rey	CA	32	F	87	26:46	1:41	3:48	454
1:34:18	15.8	2:11	628	1:19:52	12:53	3:26:54						
484	262	Natsuko Hightower		Kailua Kona	HI	33	F	533	38:04	2:23	5:56	587
1:43:00	14.4	1:08	347	59:11	9:33	3:27:16						
485	773	Linda Kaiser		Honolulu	HI	59	F	123	27:54	1:45	3:07	617
1:47:06	13.9	2:52	469	1:06:36	10:45	3:27:32						
486	303	Daniel Gottlieb		Los Angeles	CA	34	M	412	34:42	2:11	6:05	488
1:36:30	15.4	4:15	460	1:06:12	10:41	3:27:42						
487	697	Michael O'Toole		Kailua-Kona	HI	56	M	345	33:15	2:05	3:59	439
1:32:43	16.0	2:03	583	1:15:57	12:15	3:27:55						
488	443	Nicole Eden		San Jose	CA	39	F	189	29:43	1:52	5:00	611
1:46:20	14.0	3:57	403	1:03:04	10:11	3:28:02						
489	361	Gaylord Gorgonio		Honolulu	HI	37	M	632	42:09	2:39	4:21	360
1:27:21	17.0	3:44	516	1:10:35	11:24	3:28:09						
490	248	Emily Dexter		Santa Clara	CA	32	F	554	38:30	2:25	4:54	559
1:40:49	14.8	4:17	362	1:00:09	9:42	3:28:37						
491	422	David Horsman		Lahaina	HI	38	M	90	26:47	1:41	3:29	491
1:36:37	15.4	2:00	627	1:19:46	12:52	3:28:38						
492	165	Breanne Dreisbach		San Francisco	CA	29	F	585	39:39	2:29	3:38	547
1:39:56	14.9	2:42	400	1:02:57	10:10	3:28:49						
493	85	Nikki Makar		Playa Del Rey	CA	26	F	219	30:45	1:56	3:45	457
1:34:39	15.7	1:07	613	1:18:39	12:42	3:28:53						
494	203	Alysa Jones		Campo	CA	30	F	448	35:29	2:14	3:43	516
1:37:51	15.2	1:19	517	1:10:40	11:24	3:28:59						
495	651	Janette Du Monceaux		Kailua-Kona	HI	49	F	552	38:29	2:25	4:37	541



536	329	Charles Wachter	Santa Monica	CA	35	M	315	32:34	2:03	3:40	526
1:38:19	15.1	2:11 629 1:19:56	12:54 3:36:38								
537	132	Jason Sharp	Hilliard	OH	28	M	388	34:13	2:09	4:43	589
1:43:05	14.4	0:43 560 1:14:01	11:57 3:36:43								
538	352	Paula Hamann	Mill Valley	CA	36	F	238	31:03	1:57	3:05	572
1:41:56	14.6	2:11 615 1:18:40	12:42 3:36:53								
539	35	Stacie Morris	Marble Falls	TX	22	F	367	33:47	2:07	3:46	571
1:41:49	14.6	3:46 559 1:13:58	11:56 3:37:04								
540	38	Megan Jensen	Oak Park	CA	23	F	534	38:04	2:23	3:57	610
1:46:10	14.0	1:46 477 1:07:26	10:53 3:37:22								
541	754	Carol Elwyn-Weaver	Kailua Kona	HI	56	F	664	44:03	2:46	7:13	543
1:39:28	15.0	3:47 399 1:02:53	10:09 3:37:22								
542	513	Carolyn Muellner	Port Townsend	WA	42	F	526	37:51	2:22	4:52	518
1:37:55	15.2	1:20 579 1:15:33	12:11 3:37:30								
543	661	Nancy Katayama	San Marino	CA	49	F	580	39:27	2:28	7:12	502
1:37:05	15.3	2:41 531 1:11:49	11:35 3:38:13								
544	226	Akash Garg	San Francisco	CA	31	M	682	45:49	2:52	5:38	556
1:40:36	14.8	3:03 410 1:03:26	10:14 3:38:28								
545	494	Tina Schied	Olympia	WA	41	F	319	32:38	2:03	3:19	594
1:43:21	14.4	1:41 603 1:17:33	12:31 3:38:30								
546	604	Annette Mason	Solana Beach	CA	46	F	702	47:57	3:00	3:49	539
1:39:15	15.0	3:10 432 1:04:34	10:25 3:38:42								
547	899	Jeffrey Magson	Snoqualmie	WA	41	M	232	30:58	1:57	5:00	481
1:35:56	15.5	3:25 659 1:23:25	13:28 3:38:42								
548	784	Brian Samuels	Mountain View	CA	61	M	597	40:16	2:31	7:18	471
1:35:04	15.7	3:40 551 1:13:16	11:49 3:39:32								
549	558	Stephanie Cristalli	Seattle	WA	44	F	675	45:14	2:50	3:07	590
1:43:07	14.4	1:46 466 1:06:26	10:43 3:39:38								
550	209	Kristine Alimbo	Milpitas	CA	30	F	666	44:37	2:48	3:08	609
1:46:07	14.0	2:05 426 1:04:16	10:22 3:40:11								
551	809	Mike Kasser	Tucson	AZ	69	M	566	38:58	2:27	5:56	552
1:40:06	14.9	1:20 558 1:13:53	11:55 3:40:11								
552	517	Sam Cross Jr.	Santa Ana	CA	42	M	587	39:41	2:29	5:14	469
1:35:02	15.7	3:53 590 1:16:28	12:20 3:40:16								
553	157	Maya Ellman	San Diego	CA	29	F	563	38:55	2:26	4:11	623
1:47:46	13.8	1:24 491 1:08:20	11:02 3:40:34								
554	778	Dianne Donohue	Waikoloa	HI	60	F	378	33:59	2:08	2:50	531
1:38:41	15.1	1:35 660 1:23:32	13:29 3:40:35								
555	279	Elisabeth Erickson	Half Moon Bay	CA	33	F	551	38:27	2:25	2:32	528
1:38:31	15.1	1:36 626 1:19:44	12:52 3:40:48								
556	284	Marieke Trevor	Santa Clara	CA	33	F	283	31:49	2:00	3:16	566
1:41:26	14.7	2:38 648 1:21:57	13:13 3:41:05								
557	413	Jennifer Seibly	San Francisco	CA	38	F	209	30:29	1:55	3:24	666
1:54:48	13.0	2:35 510 1:10:02	11:18 3:41:15								
558	577	Iris Koss	Calgary	AB	45	F	624	41:54	2:38	3:44	643
1:50:04	13.5	3:26 405 1:03:15	10:13 3:42:20								
559	139	Megan McReynolds	Oceanside	CA	28	F	710	48:36	3:03	4:05	524
1:38:13	15.2	1:39 515 1:10:31	11:23 3:43:02								
560	49	Amanda Keating	San Diego	CA	24	F	443	35:25	2:13	3:51	581
1:42:38	14.5	2:05 625 1:19:44	12:52 3:43:42								
561	719	April Boyd	Seattle	WA	53	F	642	42:37	2:40	4:15	499
1:36:57	15.3	2:00 610 1:18:23	12:39 3:44:10								
562	591	Margaret Keenan	San Francisco	CA	45	F	185	29:34	1:51	5:55	597
1:43:45	14.3	2:48 649 1:22:13	13:16 3:44:13								
563	426	Cori Church	San Marcos	CA	39	F	694	46:54	2:56	2:22	620
1:47:31	13.8	2:04 450 1:05:37	10:35 3:44:26								
564	146	Elizabeth Leinbach	Kailua Kona	HI	28	F	578	39:23	2:28	8:29	470
1:35:03	15.7	4:08 602 1:17:30	12:30 3:44:31								
565	446	Simone Sarracino	San Jose	CA	39	F	506	37:08	2:20	3:57	625
1:48:12	13.8	2:53 543 1:12:34	11:43 3:44:41								
566	503	Nanette Nanjo-Jones	Pacifica	CA	42	F	601	40:53	2:34	3:57	579
1:42:36	14.5	1:52 577 1:15:31	12:11 3:44:46								
567	616	Margaret Pometta	San Mateo	CA	47	F	561	38:55	2:26	5:08	546
1:39:56	14.9	3:48 596 1:17:02	12:26 3:44:47								
568	664	Bruce Ramsey	Pacifica	CA	49	M	453	35:37	2:14	5:58	578
1:42:31	14.5	2:16 617 1:18:57	12:44 3:45:18								
569	67	Lindsay Underhill	San Francisco	CA	27	F	695	47:00	2:57	6:08	603
1:44:27	14.2	3:20 435 1:04:45	10:27 3:45:39								
570	205	Michael Brown	Keaau	HI	30	M	299	32:13	2:01	2:24	230
1:20:34	18.5	2:07 746 1:48:23	17:29 3:45:40								
571	411	Kevin Rigney	Encinitas	CA	38	M	413	34:43	2:11	6:58	635
1:49:33	13.6	7:59 467 1:06:32	10:44 3:45:43								
572	172	Cynthia Cano	Walnut Creek	CA	29	F	598	40:16	2:31	3:53	616
1:46:49	13.9	2:46 544 1:12:36	11:43 3:46:17								
573	820	Chris Cornelius	Kailua Kona	HI	51	M	529	37:56	2:23	5:55	591
1:43:07	14.4	4:35 568 1:14:49	12:04 3:46:19								
574	291	Declan Durcan	Santa Monica	CA	33	M	649	42:53	2:41	3:58	485
1:36:04	15.5	2:07 642 1:21:32	13:09 3:46:33								
575	24	Patty Ferrington	Whitefish	MT	56	F	657	43:33	2:44	4:55	592
1:43:10	14.4	1:36 554 1:13:21	11:50 3:46:33								
576	627	Karen Wright	Kailua Kona	HI	47	F	581	39:30	2:29	4:49	548





617	120	Emilka Kielanska-Furma	Seattle	WA	27	F	668	44:40	2:48	3:28	644
1:50:10	13.5	1:39 589	1:16:27 12:20 3:56:22								
618	594	Lori Pawinski	Venice	CA	46	F	492	36:41	2:18	3:32	544
1:39:44	14.9	3:18 711	1:34:07 15:11 3:57:19								
619	452	Paiwei Wei	Manhattan Beach	CA	40	M	640	42:35	2:40	3:30	453
1:34:09	15.8	2:09 717	1:35:52 15:28 3:58:13								
620	678	Patricia Harrington	Solana Beach	CA	50	F	616	41:37	2:37	4:26	633
1:49:04	13.6	2:54 633	1:20:35 13:00 3:58:33								
621	488	Lisa Welch	Los Angeles	CA	41	F	696	47:20	2:58	5:09	670
1:55:36	12.9	4:19 464	1:06:22 10:43 3:58:43								
622	519	Megan Jasper	Seattle	WA	42	F	678	45:32	2:51	3:45	613
1:46:35	14.0	3:20 624	1:19:39 12:51 3:58:48								
623	495	Cynthia Walsh	San Diego	CA	41	F	717	49:58	3:08	3:57	640
1:49:53	13.5	2:31 545	1:12:48 11:45 3:59:05								
624	285	Beatrice Ricart	Pacifica	CA	33	F	613	41:22	2:36	8:00	580
1:42:37	14.5	7:58 620	1:19:15 12:47 3:59:11								
625	73	Maria Murcia	San Pablo	CA	25	F	671	44:59	2:49	4:01	655
1:52:35	13.2	3:18 563	1:14:27 12:01 3:59:17								
626	487	Traci Ruelas	Pasadena	CA	41	F	631	42:04	2:38	5:51	646
1:50:18	13.5	4:39 592	1:16:34 12:21 3:59:24								
627	631	Ana Simerlein	San Diego	CA	48	F	698	47:34	2:59	4:40	561
1:41:01	14.7	3:46 651	1:22:37 13:20 3:59:36								
628	692	Susan Demorris	Dublin	CA	51	F	589	39:44	2:29	6:26	612
1:46:21	14.0	5:37 644	1:21:40 13:11 3:59:46								
629	194	Lacie Marshall	Los Angeles	CA	30	F	628	41:58	2:38	5:06	653
1:51:44	13.3	4:44 597	1:17:14 12:28 4:00:45								
630	679	Elaine Thayer	Irvine	CA	50	F	716	49:38	3:07	6:29	605
1:45:10	14.1	4:26 571	1:15:13 12:08 4:00:53								
631	668	Beth Lanning	Kailua Kona	HI	50	F	354	33:24	2:06	7:25	677
1:56:36	12.8	4:39 623	1:19:29 12:50 4:01:31								
632	161	Erin Ramos	Los Angeles	CA	29	F	644	42:41	2:41	5:36	656
1:52:50	13.2	2:33 607	1:17:58 12:35 4:01:35								
633	490	Gretchen Schultz	Carlsbad	CA	41	F	568	39:02	2:27	3:39	634
1:49:08	13.6	2:31 683	1:27:24 14:06 4:01:43								
634	777	Joyce Duker	Seattle	WA	60	F	643	42:39	2:40	5:12	614
1:46:45	13.9	3:05 666	1:24:15 13:36 4:01:55								
635	416	Rain Pace	Olympia	WA	38	F	460	35:47	2:15	3:34	665
1:54:46	13.0	3:09 670	1:25:09 13:44 4:02:23								
636	570	Denise Hazlick	Seattle	WA	45	F	647	42:50	2:41	3:59	607
1:45:36	14.1	3:48 680	1:26:24 13:56 4:02:34								
637	378	Kimberly O'Barr	Burbank	CA	37	F	371	33:49	2:07	4:14	673
1:55:51	12.8	3:34 671	1:25:14 13:45 4:02:40								
638	646	Ginny Ramsey	Pacifica	CA	48	F	344	33:11	2:05	5:09	675
1:56:31	12.8	2:33 677	1:25:31 13:48 4:02:53								
639	306	Heather Everett	Livermore	CA	34	F	500	37:00	2:19	4:28	680
1:56:53	12.7	3:34 643	1:21:39 13:11 4:03:32								
640	354	Anna Morgan	Berkeley	CA	36	F	719	50:12	3:09	4:13	678
1:56:45	12.7	4:12 492	1:08:23 11:02 4:03:43								
641	246	Gerrard Southam	Santa Monica	CA	32	M	600	40:33	2:33	3:07	3
0:38	2349.5	1:55:22 665	1:24:10 13:35 4:03:49								
642	693	Janet Rappaport	Corona Del Mar	CA	51	F	701	47:52	3:00	3:36	681
1:57:14	12.7	2:18 548	1:13:05 11:48 4:04:03								
643	160	Nicole Pollard	Santa Monica	CA	29	F	426	34:56	2:11	5:26	660
1:53:28	13.1	3:32 688	1:28:02 14:12 4:05:21								
644	137	Teresa Batten	Seattle	WA	28	F	605	41:05	2:35	4:31	672
1:55:43	12.9	4:11 631	1:20:01 12:55 4:05:29								
645	556	Raul Ramirez	Kailua-Kona	HI	44	M	471	36:02	2:16	4:11	760
2:24:13	10.3	1:44 356	59:42 9:38 4:05:51								
646	39	Alyson Jensen	Oak Park	CA	23	F	606	41:05	2:35	4:29	709
2:05:29	11.9	1:53 552	1:13:18 11:50 4:06:12								
647	720	Renee Mohrmann	San Diego	CA	53	F	648	42:52	2:41	4:26	664
1:54:03	13.0	4:32 635	1:20:45 13:02 4:06:36								
648	193	Martine Hughes	Los Angeles	CA	30	F	406	34:33	2:10	2:40	674
1:56:16	12.8	1:57 705	1:31:14 14:43 4:06:37								
649	419	Kristin Watkins	San Diego	CA	38	F	740	58:29	3:40	5:28	732
2:12:49	11.2	3:33 99	46:56 7:35 4:07:13								
650	584	Allison Sutter	Pacific Palisad	CA	45	F	699	47:37	2:59	7:09	743
2:16:10	10.9	4:11 189	52:25 8:28 4:07:30								
651	355	Matthew Staudt	Oakland	CA	36	M	693	46:54	2:56	8:12	618
1:47:10	13.9	2:16 658	1:23:20 13:27 4:07:49								
652	162	Talia Roth	South Pasadena	CA	29	F	692	46:47	2:56	5:11	696
2:01:11	12.3	1:49 547	1:12:55 11:46 4:07:52								
653	286	Noah Salzman	Holualoa	HI	33	M	635	42:17	2:39	9:16	615
1:46:46	13.9	4:11 673	1:25:25 13:47 4:07:54								
654	42	Erin Johnson	Kaneohe	HI	23	F	288	31:51	2:00	20:42	637
1:49:45	13.6	757	3:33:03 34:22 4:07:59								
655	540	Douglas Flinn	Alamo	CA	43	M	720	50:51	3:11	3:23	536
1:39:05	15.0	1:41 709	1:33:44 15:08 4:08:43								
656	663	Patricia Desch	Alameda	CA	49	F	618	41:41	2:37	8:06	630
1:48:53	13.7	8:00 652	1:22:39 13:20 4:09:18								
657	743	Paul Zarka	Gilroy	CA	55	M	646	42:45	2:41	5:39	573



698	625	Sheryl McDonald		Gig Harbor	WA	47	F	704	48:02	3:01	4:27	723
2:10:52	11.4	4:04	639	1:21:21	13:08	4:28:44						
699	178	Stefany Wilson		La Crescenta	CA	29	F	660	43:52	2:45	5:02	749
2:18:30	10.7	1:15	632	1:20:17	12:57	4:28:54						
700	811	William Haines Jr.		San Diego	CA	72	M	329	32:54	2:04	5:49	720
2:09:17	11.5	2:47	727	1:38:18	15:52	4:29:03						
701	774	Mary Pigott		Sammamish	WA	59	F	593	40:02	2:31	7:28	704
2:03:51	12.0	3:35	716	1:35:13	15:22	4:30:06						
702	536	Audrey Duffy		Pacoima	CA	43	F	689	46:29	2:55	5:47	686
1:57:43	12.6	4:09	719	1:36:24	15:33	4:30:31						
703	415	Stephanie Kruse		Los Altos	CA	38	F	690	46:30	2:55	9:48	729
2:12:42	11.2	5:20	593	1:16:48	12:24	4:31:06						
704	729	Anthony Kriletich		Novato	CA	54	M	472	36:05	2:16	6:22	742
2:15:24	11.0	6:27	682	1:26:51	14:01	4:31:07						
705	641	Kimberly St. Jean		Simi Valley	CA	48	F	726	52:50	3:19	6:13	719
2:08:46	11.6	1:56	646	1:21:44	13:11	4:31:27						
706	626	Michael McDonald		Lahaina	HI	47	M	754	1:07:48	4:15	6:51	575
1:42:26	14.5	6:00	698	1:29:50	14:30	4:32:53						
707	695	Casey O'Neill		Santa Clara	CA	51	F	645	42:42	2:41	5:17	710
2:05:31	11.9	9:12	702	1:30:40	14:38	4:33:21						
708	537	Karen Baldeschwieler		San Francisco	CA	43	F	718	50:08	3:08	5:56	701
2:02:10	12.2	6:27	690	1:28:54	14:21	4:33:33						
709	610	Maricela Salcido		San Jose	CA	46	F	747	1:02:06	3:53	7:27	728
2:12:07	11.3	4:56	474	1:07:05	10:50	4:33:40						
710	283	Ramah Ryan		Seattle	WA	33	F	711	49:08	3:05	4:41	698
2:01:37	12.2	3:05	725	1:37:48	15:47	4:36:17						
711	163	Dana Sledge		Glendale	CA	29	F	558	38:51	2:26	5:03	733
2:12:50	11.2	1:52	723	1:37:44	15:46	4:36:18						
712	192	Jennifer Howatd		Valley Village	CA	30	F	714	49:29	3:06	6:13	731
2:12:45	11.2	3:41	674	1:25:27	13:47	4:37:32						
713	464	Marci Hanisch		San Jose	CA	40	F	676	45:16	2:50	4:43	714
2:06:57	11.7	3:11	731	1:39:12	16:00	4:39:18						
714	771	Scottie Kuper		Issaquah	WA	58	F	680	45:45	2:52	4:30	736
2:13:46	11.1	2:31	713	1:34:57	15:19	4:41:27						
715	681	Kimberly Wong		San Jose	CA	50	F	737	56:37	3:33	6:36	717
2:07:40	11.7	3:52	685	1:27:55	14:11	4:42:38						
716	282	Cara Pugh		San Jose	CA	33	F	284	31:50	2:00	8:26	757
2:21:01	10.6	4:50	733	1:39:49	16:06	4:45:54						
717	458	Hilary Gaughen		Lakeside	CA	40	F	708	48:21	3:02	4:50	737
2:14:11	11.1	1:23	722	1:37:20	15:42	4:46:04						
718	611	Kenneth Baker		Menlo Parl	CA	46	M	763	1:30:22	5:39	4:35	685
1:57:39	12.6	2:24	526	1:11:19	11:31	4:46:17						
719	189	Sarvin Ghaemian		Los Angeles	CA	30	F	758	1:10:05	4:23	4:37	722
2:10:04	11.4	2:43	647	1:21:50	13:12	4:49:17						
720	459	John Holscher		Chula Vista	CA	40	M	749	1:04:18	4:02	7:40	668
1:55:20	12.9	4:02	734	1:39:59	16:08	4:51:17						
721	728	Mary Carpenter		Huntington Beac	CA	54	F	757	1:09:06	4:20	4:48	734
2:13:08	11.2	1:46	654	1:22:58	13:23	4:51:44						
722	128	Mollye Knox		Los Angeles	CA	28	F	681	45:47	2:52	6:15	726
2:11:27	11.3	2:08	744	1:46:22	17:10	4:51:58						
723	675	Janice Hugener		Manhattan Beach	CA	50	F	741	59:17	3:43	4:47	718
2:08:17	11.6	2:00	728	1:38:45	15:56	4:53:03						
724	108	Kristin Lowry		Los Angeles	CA	27	F	736	56:01	3:31		
4:53:38												
725	224	Sanjit Patel		Los Angeles	CA	31	M	700	47:42	2:59	5:58	748
2:18:29	10.7	3:51	724	1:37:47	15:47	4:53:44						
726	272	Sarah Coburn		Seattle	WA	33	F					744
2:16:27	10.9	1:46	703	1:30:48	14:39	4:53:47						
727	304	Tanita Harris-Ligons		Glendale	CA	34	F	752	1:06:03	4:08	6:58	759
2:22:29	10.4	1:54	600	1:17:21	12:29	4:54:43						
728	546	Karen Hollinger		Kailua Kona	HI	44	F	728	53:08	3:20	11:03	738
2:14:28	11.1	4:33	706	1:31:52	14:49	4:55:00						
729	801	Mary Cantini-Norkin		San Francisco	CA	65	F	687	46:21	2:54	7:34	741
2:15:00	11.0	6:05	735	1:40:25	16:12	4:55:23						
730	105	Lacey Sharp		Hilliard	OH	27	F	732	54:15	3:24	4:28	758
2:21:52	10.5	0:52	712	1:34:08	15:11	4:55:32						
731	772	Arlene Vaskevitch		Bellevue	WA	58	F	723	51:37	3:14	4:50	746
2:17:36	10.8	2:45	732	1:39:29	16:03	4:56:15						
732	281	Jenny McNeill		Fremont	CA	33	F	742	59:20	3:43	6:47	730
2:12:43	11.2	6:42	704	1:30:59	14:41	4:56:29						
733	81	Kristi Arnold		Carlsbad	CA	26	F	744	1:00:25	3:47	4:20	739
2:14:51	11.0	1:52	718	1:36:18	15:32	4:57:45						
734	36	Christian Hugener		Manhattan Beach	CA	52	M	667	44:37	2:48	27:24	707
2:05:14	11.9	3:06	729	1:38:45	15:56	4:59:03						
735	460	Shawn Mueller-Boddy		Mountain House	CA	40	F	582	39:32	2:29	10:46	724
2:10:55	11.4	11:37	745	1:46:23	17:10	4:59:11						
736	328	Phuong-Ha Ngo		Los Angeles	CA	35	F	756	1:08:10	4:16	5:43	683
1:57:15	12.7	5:59	739	1:42:18	16:30	4:59:23						
737	273	Debra Gruen		Walnut Creek	CA	33	F	703	48:01	3:01	6:04	735
2:13:16	11.2	3:49	747	1:48:48	17:33	4:59:56						
738	207	Sandee Leong		Daly City	CA	30	F	761	1:22:16	5:09	6:42	715

2:06:59	11.7	3:27	641	1:21:28	13:09	5:00:51													
739	92	Franny Guillen			San Juan Bautis	CA	26	F	609	41:11	2:35	4:53	754						
2:19:48	10.6	2:39	753	1:53:30	18:19	5:02:00													
740	384	Steven Enger			Everett	WA	37	M	751	1:05:07	4:05	5:26	721						
2:09:52	11.5	2:27	738	1:41:34	16:23	5:04:25													
741	399	Kyle Garlett			Marina Del Rey	CA	38	M	669	44:46	2:48	7:31	740						
2:14:52	11.0	4:46	754	1:54:09	18:25	5:06:03													
742	607	Charmaine Cortez			San Bruno	CA	46	F	712	49:10	3:05	6:06	751						
2:18:36	10.7	3:03	751	1:51:35	18:00	5:08:28													
743	63	Hannah Lees			Los Angeles	CA	25	F	745	1:00:28	3:47	12:32	756						
2:20:45	10.6	5:08	699	1:30:08	14:33	5:09:00													
744	121	Mandi Matsumoto			San Jose	CA	27	F	583	39:34	2:29	8:22	767						
2:54:35	8.5	4:05	679	1:26:16	13:55	5:12:50													
745	334	Amy Renaud			Hayward	CA	35	F	735	55:14	3:28	7:14	761						
2:27:25	10.1	5:10	737	1:41:25	16:22	5:16:25													
746	314	Jade Pham			San Jose	CA	34	F	53	25:04	1:34	4:59	768						
3:12:12	7.7	1:31	707	1:32:50	14:59	5:16:32													
747	539	Lalaine Dowdell			Soquel	CA	43	F	731	54:04	3:23	6:00	766						
2:44:05	9.1	5:43	695	1:29:32	14:27	5:19:23													
748	496	Alicia Beach			El Segundo	CA	41	F	738	58:04	3:38	5:49	762						
2:27:45	10.1	5:25	741	1:43:49	16:45	5:20:50													
749	467	Leilani Toledo			Puyallup	WA	40	F	753	1:06:36	4:10	4:48	752						
2:18:54	10.7	4:03	749	1:51:07	17:56	5:25:26													
750	141	Perry Hung			San Jose	CA	28	M	428	35:00	2:12	13:21	5						
3:12	465.0	2:53:06	740	1:43:46	16:45	5:28:23													
751	638	Laurie Corbin			Chula Vista	CA	48	F	739	58:15	3:39	6:00	763						
2:30:26	9.9	3:22	752	1:52:34	18:10	5:30:35													
752	486	Elizabeth Rial			Sherman Oaks	CA	41	F	748	1:03:36	3:59	8:20	747						
2:18:02	10.8	7:17	755	1:54:18	18:27	5:31:31													
753	269	Orlie Menese			Lawndale	CA	33	F	760	1:21:49	5:07	4:41	755						
2:19:54	10.6	2:58	743	1:46:07	17:07	5:35:27													
754	466	Jerilee Thurston			Seattle	WA	40	F	734	55:13	3:28	5:48	765						
2:41:21	9.2	4:33	748	1:50:33	17:50	5:37:25													
755	280	Marisa Espinosa			Redwood City	CA	33	F	715	49:32	3:06	9:16	764						
2:39:53	9.3	7:41	750	1:51:07	17:56	5:37:27													
756	86	Rebecca Bradley			Seattle	WA	26	F	724	51:45	3:15	9:36							
5:43:45																			
757	680	Katie Diemer			San Jose	CA	50	F	746	1:01:25	3:51	7:08							
5:48:57																			
758	432	Bernadette Marti			Los Angeles	CA	39	F	762	1:29:05	5:35	5:59	750						
2:18:31	10.7				5:51:18														
759	514	Tracie Juricka			Santa Monica	CA	42	F	750	1:04:42	4:03	7:37							
6:08:00																			
760	943	Unknown Runner										1:26	65						
1:08:29	21.7	0:56	83	45:49	7:24	15:01:41													
761	942	Unknown Runner										5:09	228						
1:20:28	18.5	1:14	185	52:10	8:25	15:23:22													
762	873	Unknown Runner										6:24	711						
2:06:17	11.8	4:39	710	1:33:55	15:09	17:15:05													
763	947	Unknown Runner																	
17:15:05																			
764	483	Unknown Runner										5:46	692						
1:59:11	12.5	2:02	697	1:29:41	14:28	17:31:20													
765	948	Unknown Runner																	
17:31:20																			
766	11	Magali Tisseyre			St. Sauveur	QC	28	F	14	21:36	1:21	1:28	22						
1:02:51	23.7	0:38																	
767	347	Krissandra Berens			Kula	HI	36	F	293	31:56	2:00	2:12	57						
1:07:56	21.9	0:48																	
768	500	Karen Smith			Hamilton		41	F	47	24:51	1:34	1:19	110						
1:12:49	20.4	1:14																	
769	945	Unknown Runner										5:46	693						
1:59:11	12.5	2:02																	
770	84	Amanda Johnstone			Marina Del Rey	CA	26	F	721	51:12	3:12	6:12	6						
20:34	72.4	2:47																	
771	792	Ronald Bates			Los Alamitos	CA	63	M	515	37:23	2:21	3:10	498						
1:36:57	15.3	4:34																	
772	944	Unknown Runner										6:24	712						
2:06:17	11.8	4:39																	
773	608	Ron Gentile			Palo Alto	CA	46	M	407	34:34	2:10	3:05	235						
1:21:01	18.4	20:34																	
774	946	Unknown Runner																	1
0:17	5251.8																		
775	949																		2
0:17	5251.8																		
776	379	Michelle Arnau			San Francisco	CA	37	F	697	47:25	2:58								

