



-  MILE MARKERS
-  KM MARKERS
-  POLICE-CONTROLLED INTERSECTION



# LAWAIIAN TRIATHLON

WAIKOLOA · HAWAII

## BIKE COURSE

40KM / 24.85 MI



**Starting Elevation: 23 ft / 7 m • Finishing Elevation: 23 ft / 7 m • Total Elevation Gain: 597 ft / 182 m**

